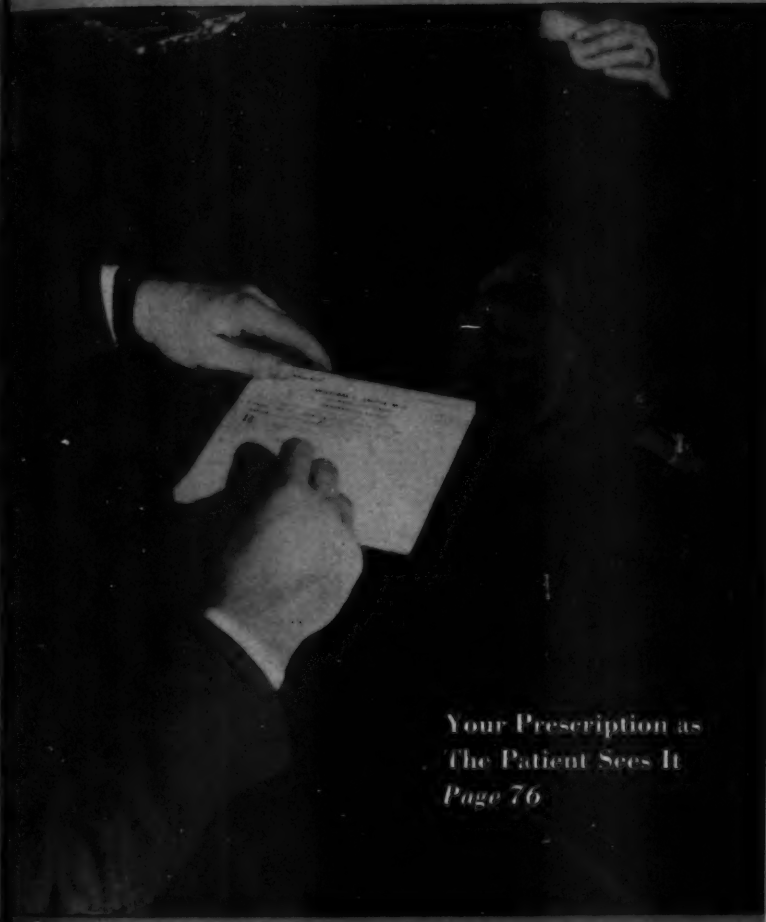


June **Medical Economics**



**Your Prescription as
The Patient Sees It
Page 76**

In treating peptic ulcer it is important

1

To Neutralize Hyperacidity. And KOLANTYL includes a superior antacid combination (magnesium oxide and aluminum hydroxide, also a specific antipeptic) for two-way, balanced antacid activity.

2

To Protect The Gaster. And KOLANTYL includes a superior demulcent (methylcellulose, a synthetic mucin) which forms a protective coating over ulcerated mucosa.

3

To Block Spasms. And KOLANTYL includes a superior antispasmodic (Bentyl) which provides direct smooth muscle and parasympathetic depressant qualities . . . without "balledown backfire."

but only

KOLANTYL includes
the important **4**th factor

4

Inactivation of Lysozyme with a proven antilysozyme, sodium lauryl sulfate. Laboratory research^{1,2,3} and clinical studies⁴ indicate that lysozyme is one of the etiologic agents of peptic ulcer. By inhibiting or inactivating lysozyme, KOLANTYL—and ONLY KOLANTYL—includes the important 4th factor toward more complete control of peptic ulcer.

Merrell

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New York • CINCINNATI • Toronto

1. Meyer, K. *Am.J.Med.* 5:482, 1948.
2. Wang, K.J. and Croosman, M.I. *Am.J.Phys.* 155:476, 1948.
3. Grace, W.J. *Am.J.Med.Sc.* 217:241, 1949.
4. Hafford, A.R. *Rev. of Gastroenterology*. Aug. 1951.

Trade-marks "Kolantyl," "Bentyl" Hydrochloride

DOSAGE: Two tablets every three hours as needed for relief. Mildly minted Kolantyl tablets may be chewed, or swallowed with ease.

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when nausea and vomiting
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a safe, pleasant-tasting, oral antiemetic . . .

effective in 6 out of 7 cases of functional vomiting¹ . . . reduces gastrointestinal smooth muscle contractions physiologically . . . contains no antihistaminics, barbiturates, or other drugs . . . also useful in nausea of pregnancy, and for drug- or anesthetic-induced vomiting

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1. Bradley, J. E., et al.
J. Pediatr. 36:41, 1951;
idem: Amer. Acad.
Pediatr., meeting Oct.
16, 1951.

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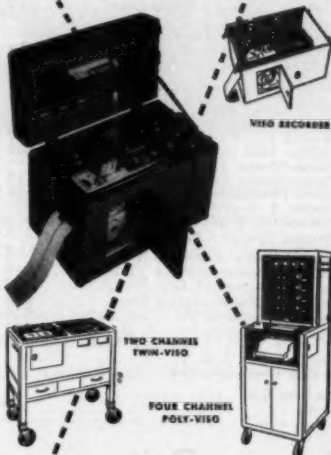
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The Viso-Cardiette started something



Shortly after the Viso-Cardiette was introduced and accepted as a clinical *'cardiograph'*, many were asking also for an instrument that would record *more than one* phenomena simultaneously, and do so via the *same basic design advantages* of the Viso. In answer Sanborn multiplied the Viso by *four*, so to speak, and came up with the four-channel *Poly-Viso* Cardiette—soon to follow it, in the same manner, with the *two-channel Twin-Viso* Cardiette.

Some wanted a *less elaborate Viso*, and the Viso Recorder was designed. And, the field of *Industry* also found good uses for all this recording equipment.

Taken as a common denominator of *all* the various Viso models in use today, one-channel Sanborn systems now total *nearly 20,000!*

Yes, the Viso-Cardiette started something!

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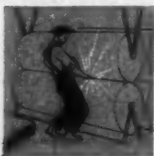
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Ointment
and
Solution (Plain)

"Without reservation it may be stated that CHLORESIUM . . . was soothing, non-toxic, and an active agent in restoring affected tissues to a state conducive to normal repair. . . ."

A growing volume of published reports confirms the efficacy of CHLORESIUM OINTMENT and SOLUTION (Plain) in the topical therapy of resistant lesions. Here are a few comments from recent investigations:



an extensive crush injury of the hand, provides "... an instance of effective healing under CHLORESIUM therapy, following an apparent failure to respond to skin grafting."

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1. Lowry, K. F.: The Management of Resistant, Non-Healing Skin Lesions: A Report of Three Cases, Postgrad. Med., to be published.
2. Niemiro, B. J.: Delayed Healing in Pilonidal Cyst Wounds, Journal Lancet, 71:364, 1951.
3. Combes, F. C.; Zuckerman, R., and Kern, A. B.: Chlorophyll—Its Use in Topical Therapy, New York State J. Med., to be published.

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**RED CROSS
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New convenience for
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- ★ The cover does the cutting.
- ★ End of tape is always free of roll, easy to grasp.
- ★ Ideal for office use—and for doctor's bag.
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MEDICAL DEPARTMENT
Wyeth Incorporated

"therapeutic bile" overcomes stasis

what is "therapeutic bile"?

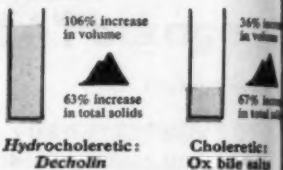
Thin, free-flowing bile in copious amounts as produced by *hydrocholeresis* with *Decholin*.

what does "therapeutic bile" do?

Overcomes stasis in chronic cholecystitis and noncalculous cholangitis by flushing thickened bile, mucus plugs and debris from the biliary tract.

how does "therapeutic bile" differ from other bile?

"THERAPEUTIC BILE" is higher in fluid content and lower in solid content than bile produced by choleretics, except ox bile salts.



DECHOLIN®

(brand of dehydrocholic acid)

how is "therapeutic bile" obtained?

"THERAPEUTIC BILE" is obtained by adequate dosage of *Decholin* and *Decholin Sodium*. Most patients require one or two tablets t.i.d. for four to six

weeks. Prescription of 100 tablets is recommended for maximum efficacy and economy. More prompt and intensive *hydrocholeresis* may be achieved by initiating therapy with *Decholin Sodium* 5 cc. to 10 cc. intravenously, once daily

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bottles of 100, 500, 1000 and 5000.

Decholin Sodium (brand of sodium dehydrocholate)
20% aqueous solution, ampuls of 3 cc., 5 cc. and 10 cc.



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INDIANA
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Toronto

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Panorama

Everybody's doing it: Private duty nurses in California have upped their 8-hour fee to \$13 for regular care, \$15 for special cases . . . The G.P. must avoid overconfidence as well as overwork; or he may, "like the lord of a small domain . . . come to harbor the idea that he can do no wrong," cautions The New England Journal of Medicine . . . After pumping the stomachs of 319 children in a year, Dr. Paul H. Osiek, chief surgeon of the Pasadena, Calif. emergency hospital, reports that the small fry find ant paste more tempting than any other poison. Other favorites: assorted pills, toadstools, paint thinner, moth balls, lighter fluid.

What price euthanasia? Since Dr. Arnold J. Berman confessed the mercy-killing of his brother two years ago, his practice in Eindhoven, Holland, has increased by 30 per cent. His legal punishment: a one-year suspended sentence . . . Around Inverness, Miss., both mansion-dwellers and sharecroppers have chipped in to pay the medical expenses of cancer-ridden, 75-year-old Dr. W. C. Ervin, who rarely sent bills . . . A recent medical program featuring a psychiatrist and a proctologist was billed as "Odds and Ends" . . . About 80 per cent of the drugs used by physicians today were unknown ten years ago, says John C. Krantz Jr., pharmacology professor at the University of Maryland.

Collection note: After Silas Winston of Rocky Mount, N.C., heard Evangelist Billy Graham say "You can't get to heaven owing money," he promptly paid an eighteen-year-old hospital bill for \$200 . . . Every physician should be a geriatrician, according to Dr. W. B. Cooksey of Detroit. "The care of the aged," he says, "positively must not be confined to any

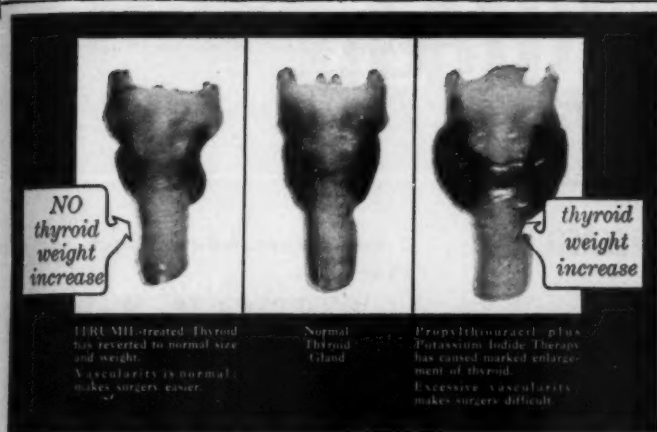
narrow group who have set themselves up as specialists" . . . County P.R. chairmen might take a look at "How to Write and Place a News Release." Published by the New York State medical society, it gives what amounts to a thumbnail course in journalism for doctors.

When death claimed 90-year-old Dr. Samuel T. McKinney of Los Angeles, many school teachers lost a benefactor. Known only as the "Jolly Old Gentleman," he had for years sent them \$50 cash Christmas gifts . . . Is it ethical for a physician, as an "associate member" of a group or clinic in another town, to receive fees from it for referred cases? No, says the A.M.A. Judicial Council; "fee splitting under any guise is unethical" . . . French actor Pierre Fresnay will have to play a many-sided role as physician, missionary, philosopher, and Bach expert when he portrays Dr. Albert Schweitzer in a forthcoming film. Part of its proceeds will go to the world-famous doctor's hospital and leper colony in Africa . . . Complaining about high income taxes? So are 71 per cent of your fellow citizens, reports the Gallup poll, which says tax gripes are at an all-time peak.

Plunking down 9,070 pennies to pay for his wife's hospital confinement, Emory Rosburg of Deadwood, S.D., announced that their daughter's name would be Penny Lou . . . Doctors' cars on emergency calls rate a red light or similar warning device, says the Jefferson County (N.Y.) Medical Society, asking its state society to press for such legislation . . . 4-F draft exemptions were sold by an alien physician, Charles Herband, while he was an examining psychiatrist for a Chicago draft board, Federal authorities charge. They're not even sure he's a doctor, they say, since his only credentials are allegedly a 1937 diploma from the University of Louvain, Belgium.

Inflation note: A recent ruling of their ethics committee permits Detroit doctors to increase the lettering on their office signs from three to four inches in height . . . You can't always judge a book by its title: "Medical Ethics and Their Effect Upon the Public," by Louis Guenzel, a Chicago architect, turns out to be

Blocks thyroxin formation without goitrogenic action



A unique
antithyroid preparation
with a
unique mode of action

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3

OUTSTANDING

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THE
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RESION

- A palatable suspension of multiple adsorbents
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Available: Bottles of 4 and 12 fluidounces.

8 important advantages for the therapy—

RESINAT H-M-B

Resinat 0.5 Gm.
Homatropine methylbromide 1 mg.

- 1 Quick relief of ulcer pain
- 2 Speeds healing of peptic ulcer
- 3 Attracts and binds both pepsin and hydrochloric acid
- 4 Blocks spasm: relaxes the gastrointestinal tract
- 5 Coats the crater with a protective film
- 6 Does not cause acid rebound, alkalosis, constipation or diarrhea
- 7 Does not remove chlorides, phosphates, minerals or vitamins
- 8 Pharmacologically inert

Available: Bottles of 36, 100 and 1,000 tablets.

Removes sodium—controls edema

NATRINIL

- ▲ To reduce blood pressure in hypertension
- ▲ To relieve edema in hypertension, congestive heart failure and cirrhosis
- ▲ Controls sodium absorption with minimal dietary restrictions
- ▲ Invites patient cooperation by allowing a more palatable diet
- ▲ Lessens or eliminates the need for diuretics

Available: Powder, 10 ounce bottles and boxes of 24 individual 10 gram packets.

In G.I. infections—diarrhea—nausea of
pregnancy

RESION

In peptic ulcer

RESINAT H-M-B

In hypertension, congestive heart failure
and cirrhosis

NATRINIL

a narrative account of the writer's failure to promote a syphilis clinic, a low-cost medical care group, and an M.D. who helped his arthritis. Author Guenzel's conclusion: Socialized medicine can be averted only if doctors are permitted to (1) advertise; (2) reap monetary benefit from their medical discoveries . . . New members of the Indianapolis Medical Society get a free steak dinner and some advice from, respectively, a G.P. and a specialist on how to get along with, respectively, specialists and G.P.'s . . . Uncle Sam to the rescue: When their two local physicians became ill, citizens of Blackstone, Va., asked help from near-by Camp Pickett, and two Army medical officers were assigned to temporary duty as civilian M.D.'s.

Be more civic-minded, the Medical Society of New Jersey urges its members. Big question, it says, isn't "What kind of medicine shall we have to practice in the America of tomorrow?" but "What kind of America shall we have tomorrow to practice medicine in?" . . . Medical equipment, including expensive respirators, will be sent to hard-pressed doctors in non-Soviet Asia by "CARE," the nonprofit relief organization, if it can raise the money in its current drive for funds . . . "Doctors are like politicians—they view with alarm so they can point with pride," philosophizes a character in a new movie, "With a Song in My Heart" . . . More good news for education: Physician-inventors may now take out patents on their medical discoveries, then assign the patent rights to the A.M.A. The latter will distribute the royalties among medical schools.

New York City municipal hospitals recruited 1,026 R.N.'s last year—and lost 1,036 by resignations. In the past ten years there, the number of graduates has fallen from 75 per cent to 28 per cent of the total nursing staff, according to Dr. Marcus D. Kogel, municipal hospital commissioner . . . Since so many non-medical persons (from chiropractors to philosophers) confuse the public by calling themselves "doctor," physicians should abandon the title, says the Montana Medical Association. It suggests that physicians refer to colleagues as "physicians" or "surgeons," and that they use "M.D." on their stationery, prescription blanks, and such.

"IN CU
ing weight
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Because of
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sympathetic
addition, it
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low treatme

Each Bipheta
1/4 ratio as

Question:

WHAT MAKES

Biphetacel

SUPERIOR?

Answer:

THE EXCLUSIVE

1:3 L/D RATIO!

"**IN CURBING APPETITE** and causing weight loss, a combination of monobasic amphetamine phosphate containing a ratio of 1:3 of *levo* to dextro amphetamine (as found exclusively in Biphetacel) is more effective than the same amount of amphetamine contained in the racemic form where the ratio is 1:1 l/d..."*

Because of its exclusive 1:3 l/d ratio, Biphetacel curbs appetite more effectively, without nausea or nervousness, in both vagotonic or "sluggish" and sympathicotonic or "high strung" patients. In addition, it preserves an "enough-to-eat" feeling by decreasing gastric motility and prolonging emptying time of stomach, and assures normal elimination by supplying evenly distributed, non-nutritive, "no clump" bulk. Small dosage means low treatment cost.

Each Biphetacel tablet contains the preferred 1:3 l/d ratio as provided by Racemic Amphetamine

*Freed, S. C. and Milne, M.—in press

Phosphate Monobasic 5 mg. and Dextro Amphetamine Phosphate Monobasic 5 mg.; Metoprine® (methyl atropine nitrate, Strassenburgh) 1 mg., Sodium Carboxymethylcellulose 200 mg.

Dosage: 1 tablet ½ hour before meals, three times daily, for the vagotonic type. Increase this dose, if necessary, to achieve the desired clinical results. ½ tablet ½ hour before meals, three times daily, for one week for the sympathicotonic type. If no signs of intolerance develop, increase to 1 tablet. Supplied in bottles of 100 and 1000 scored tablets.

For literature and supply for initiating treatment, write Medical Service Department, R. J. Strassenburgh Co., Rochester 14, N. Y.

PATIENTS RETAIN THEIR

ZEST FOR FOOD . . . BUT THEY


"Eat Less and Like It!"

Strassenburgh ■
FOUNDED IN 1924



new convenience

in broad-spectrum therapy



Easily swallowed, sugar-coated Terramycin

Tablets introduce new flexibility in prolonged
courses of administration and are particularly
suited to effective, well tolerated therapy among
patients preferring tablets to other oral forms.

Supplied: 250 mg. tablets, bottles of 16 and 100;

100 mg. and 50 mg. tablets, bottles of 25 and 100.



ANTIBIOTIC DIVISION, CHAS. PFIZER & CO., INC.

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CRYSTALLINE
Terramycin
AMPHOTERIC

tablets

(SUGAR-COATED)

THE LARGEST PRODUCER OF ANTIBIOTICS

TERRAMYCIN
PENICILLIN
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COMBIOIC
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Finer Fruits And Vegetables Make Heinz Baby Foods First Choice For Flavor!

Only Fruits And Vegetables From America's Finest Farmlands Are Rich Enough In Flavor, Vitamins And Minerals For Heinz Baby Foods. That's Why—When You Recommend Heinz—You Can Be Sure Babies In Your Care Get The Maximum In Health Building Elements And Appetite-Tempting Flavor.



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Here's Why Doctors Everywhere Recommend Heinz Baby Foods:

1. Heinz kitchens are located in the heart of America's most fertile garden spots—so no time is lost between field and kettle.
2. Heinz Baby Foods are scientifically cooked for higher nutritive value—finer flavor, color and texture!
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4. Better-tasting Heinz Baby Foods are backed by the 83-year-old 57 symbol of quality.



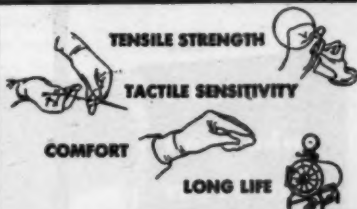
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OVER 50 VARIETIES: STRAINED FOODS . . . JUNIOR FOODS . . . PRE-COOKED CEREAL FOOD . . . PRE-COOKED OATMEAL CEREAL . . . PRE-COOKED BARLEY CEREAL

Can You Afford Not to Use **SEAMLESS** "Kolor-Sized" Latex Surgeons Gloves

Seamless "Kolor-Sized" Latex
Gloves Invite Inspection on Every
Measurement of Glove Quality



IN ADDITION - Seamless
"Kolor-Sized" Latex Gloves Offer
an Exclusive Combination
Feature AT NO EXTRA COST

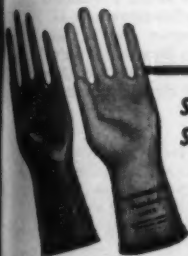
1. "Kolor-Sized" ° 2. Banded

Wrist Band Color Codes:
Blue — Size 6½ Black — Size 7½
Grey — Size 7 Green — Size 8
Yellow — Other Sizes

What this Means to You
in Longer Glove Life,
Saved "Nurse-Hours"

● Seamless banding gives these latex gloves *extra* strength. Beading serves to further reinforce glove at vital "pull on" point. That means fewer tears, longer life. That means dollar economy! Doctors like banding because it keeps gloves up, prevents "roll down."

And, listen to what hospitals say about "Kolor-sizing". . . "it requires just half the time it formerly took to test and put up surgeons gloves". . . "no size confusion". . . "we have put the 'found' hours to good use". . . That means nurse economy! "Simply sort by color and you sort by size."



**SPECIFY SEAMLESS "KOLOR-SIZED" BROWN OR WHITE LATEX
SURGEONS GLOVES FOR GUARANTEED SATISFACTION**

● Remember, there are no finer Latex gloves offered today than Seamless Brown and White Latex surgeons gloves, AND they are both banded and "Kolor-Sized" for economy and convenience. For early delivery, order your requirements in all sizes through your Surgical Supply Dealer. (Also Seamless "Kolor-Sized" Brown Milled Surgeons Gloves.)



**low-cost
sweetener**

**for
patients
who can't
use sugar**



When you must forbid, or restrict, the use of sugar, recommend saccharin, a low-cost non-nutritive sweetener with which your patients are familiar.

Saccharin sweetens without adding a single calorie. Under conditions of customary usage, it is absolutely harmless. It is economical because it is low in cost and high in sweetening power. (Monsanto Saccharin has up to 400 times the sweetening power of sugar.)

Monsanto, the first American company to manufacture saccharin, has been making the product for more than 50 years. Monsanto Saccharin, under various brand names, is available at most pharmacies. For further information on Monsanto Saccharin, write MONSANTO CHEMICAL COMPANY, Organic Chemicals Division, 1700 South Second Street, St. Louis 4, Missouri.

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The New Short-Term Therapy in Acute Allergies

The therapeutic results of short-term therapy with ACTHAR Gel in acute bronchial asthma and hypersensitivity states are vastly superior to conventional methods of treatment in the majority of cases.

ACTHAR Gel (in Gelatin)—the new repository ACTH preparation—brings about rapid and prolonged relief; marked subjective and objective improvement is noted within hours, and complete remissions have been observed within 2 days. Metabolic side-effects are virtually absent due to the short period of therapy required. Fewer injections are required with ACTHAR Gel, since an individual dose lasts for as long as 12 to 16 hours.

Office treatment for the ambulatory patient and home treatment for the bedridden are simple, convenient and economical.



ACTHAR Gel

The Armour Laboratories Brand of Adrenocorticotrophic Hormone ACTH (Corticotropin)

*rapid response
prolonged action*



ACTHAR Gel (in Gelatin) is available in 5 cc. multiple dose vials in 20 and 40 U.S.P. units (I.U.) per cc.

ACTHAR Gel (in Gelatin) is also available in sterile 1 cc. B-D† Disposable Cartridge Syringes in 20 and 40 U.S.P. units (I.U.) per cc. (T.M. Reg. Becton, Dickinson & Co.)



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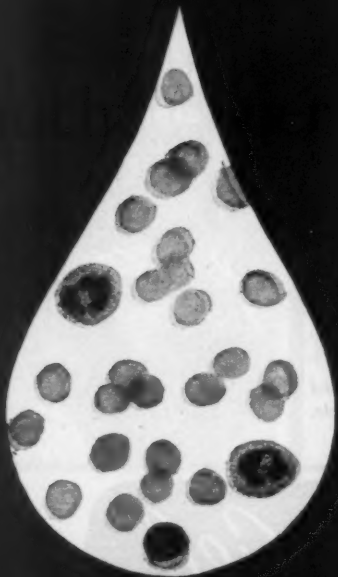
world-wide dependability

PHYSIOLOGIC THERAPEUTICS THROUGH BIORESEARCH

Announcing

HP* ACTHAR Gel—the first Highly Purified repository ACTH preparation—for practical subcutaneous injection. Low-protein, low-solid characteristics assure minimum discomfort on administration. Supplied in 20 and 40 Armour Units per cc. in 5 cc. vials and 1 cc. B-D† Disposable Cartridge Syringes.

*Highly Purified



Zymatinic Drops

Upjohn

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Speaking Frankly

Too Many Meetings!

Sirs: Your cartoon depicting the flood of medical meetings that inundate the profession produced considerable comment among my colleagues. Like all other communities, we face the same problem.

In our city of 12,000, we have two hospitals, both approved by the American College of Surgeons. The same group of M.D.'s comprises the staff of each; so the same faces turn up at two staff meetings each month.

It has occurred to us that it might be better to combine these. Wouldn't we get more out of one good meeting per month than out of two meetings that regularly feature the same old stuff? Study groups, clinic groups, county society meetings, and other gatherings take up so many of our evenings that it is difficult to find time for our families or for worthwhile non-medical community activities.

Does anyone know of instances in which staff meetings have been successfully combined? We would welcome any opinions or suggestions.

Clyde O. Merideth, M.D.
Emporia, Kan.

Many county medical societies—for example, those in Omaha and

Detroit—have already tackled the multiple-meeting problem. For news of recent developments, see page 225 of the May, 1952, MEDICAL ECONOMICS.

'Oh, To Be in England . . .'

SIRS: A recent news item in MEDICAL ECONOMICS reports that the earnings of the average British G.P. are about \$5,000 a year. [For a later report, see page 211, this issue.] I spent a month in England last summer, and this coincides with my information. But in headlining your item "British Doctors Barely Keeping Wolf at Bay," you have arrived at the wrong conclusion.

Although it's true that they can't get all the steak they want, British doctors are not starving under the National Health Service. The \$5,000 they get will buy almost 100 per cent more in England than would an equivalent sum in this country.

British medical men drive good cars, and they can get them. They live in nice homes; and if they go away for a P.G. course or a vacation, they are certain to find their practices intact when they return. To top it all, they are not cheated out of fees, since they don't have to send bills and employ collection agencies.

The British public at large is very

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- Effective lipotropic therapy
- Economical

CHOTHYN SYRUP and CHOTHYN CAPSULES are available at prescription pharmacies everywhere.

Write for your copy of "The Present Status of Choline Therapy in Liver Dysfunction."

FLINT, EATON & COMPANY
DECATUR, ILLINOIS

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Pioneers in Lipotropic Therapy

happy with the National Health Service, and nobody will dare touch it.

Eugene F. Kalman, M.D.
Bridgeport, Conn.

Wants Caduceus Back

Sins: Your Panorama item saying that Air Force medical officers have been "shorn" of their medical insignia when off duty is only too true. The reason given for the new regulation is, as you put it, that it spares doctors "from free-loading advice seekers."

If the men at this base are representative, I think you'll find that Air Force medical officers as a whole are much against this shearing. Doctors in other branches of the armed forces are properly identified, and we think we deserve the same right. As it stands, there is no recognition of the fact that we have had eight to twelve years of intensive medical education.

As for the advice seekers, the problem is the same with or without insignia. Even though we travel incognito, it doesn't take long for a doctor to get known. Besides, we find that most people are considerate; only a very few choose the wrong time to seek consultation.

M.D., Washington

Hasn't Spoken Up

Sirs: Your article on the President's Commission on the Health Needs of the Nation [March MEDICAL ECONOMICS] presents the matter, for the most part, with great fairness. On page 187, however, you identify me, along with three others, as a commission member who has "in the



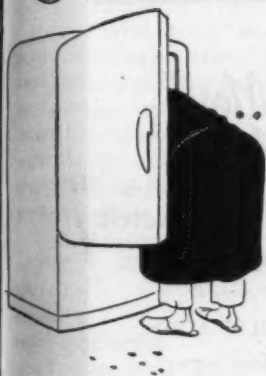
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....control **CHEATERS!**

"Patients who have been gaining excessively but are on reduced caloric intakes, will tell you that they are not eating excessively; that there is something wrong with them because they gain weight. Obviously they are cheating, consciously or unconsciously. One cannot gain weight on air and water."¹

AMPLUS helps control the obese patient's urge to cheat. The appetite-curbing effect of dextro-Amphetamine Sulfate, plus the nutritional supplementation of 8 Vitamins, 11 Minerals, and Trace Elements increases patient co-operation, and guards against nutritional deficiencies frequently encountered in obese patients.

¹ Dieckmann, W. J.; Turner, D. F.; Meiller, E. J.; Straube, M. T.; Grossmickle, K. B.; Pottinger, R. E.; Hill, A. J.; Savage, L. J.; Forman, J. B.; Fiddie, H. D.; Beckette, E. S.; Schumacher, E. M.: Diet Studies in Pregnant Patients. *Obst. & Gynec. Surv.* 3:731 (Oct.) 1948, p. 742.



To help cheaters
to self-control, prescribe...

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Each capsule contains:

DEXTRO-AMPHETAMINE SULFATE...	5 mg.
Calcium.....	242 mg.
Cobalt.....	0.1 mg.
Copper.....	1 mg.
Iodine.....	0.15 mg.
Iron.....	3.33 mg.
Manganese.....	0.33 mg.
Molybdenum.....	0.2 mg.
Magnesium.....	2 mg.
Phosphorus.....	187 mg.
Potassium.....	1.7 mg.
Zinc.....	0.4 mg.
Vitamin A.....	5,000 U.S.P. Units
Vitamin D.....	400 U.S.P. Units
Thiamine Hydrochloride.....	2 mg.
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Pyridoxine Hydrochloride.....	0.5 mg.
Niacinamide.....	20 mg.
Ascorbic Acid.....	37.5 mg.
Calcium Pantothenate.....	3 mg.

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Seven-Course "Meal" for Red Blood Cells

EXTRINSIC FACTOR INTRINSIC FACTOR

LIVER EXTRACT STOMACH TISSUE

IRON

VITAMIN B₁₂

FOLIC ACID

with ascorbic acid and B complex factors

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Contains the 7 Known Antianemia Principles

PULVULES

Reticulex

(LIVER, B₁₂, IRON, AND VITAMINS, LILLY)

not spoken up for the Ewing plan." On page 188 you indicate that I am also inclined toward Federal subsidies.

So far as I am aware, I have never personally "spoken up" for the Ewing plan nor for subsidies. I should not like to have any false impression given to your very large reading audience about my views, particularly since all members of the commission, including myself, are making a most sincere attempt to act in an impartial, unprejudiced fashion.

Dean A. Clark, M.D.
Boston, Mass.

Our Lay Public

Sirs: For the third time in recent years, you have advised doctors not to put MEDICAL ECONOMICS in the waiting room for patients to see. Why is it, then, that MEDICAL ECONOMICS is still available for lay people to read in hospitals and clinics?

M.D., Maine

With rare exceptions, MEDICAL ECONOMICS reaches physicians in private practice only. It's not generally available to lay readers except when physicians themselves make it so.

Old Doctors Never Die

Sirs: In a recent issue of MEDICAL ECONOMICS there appeared a reference to the overworked and understaffed medical department of the Armed Forces. This so-called shortage used to worry me, but as a re-

sult of my own experience with Army recruiting, I wonder whether I should worry.

Within the past three years, I have offered my services to the medical departments of the Army and the Air Force. Twice, I have had a complete medical and physical examination and both times have been certified as fit for active duty. In each case, after an interval of several weeks, I was thanked for my patriotism and commended therefor. But since I was past my fifty-fifth birthday, I could not be granted an initial commission.

My contention is that if a physician over 55 is able to pass the physical examination, he could be of greater service in base hospitals and induction centers than many younger men. Hundreds of medical men are being kept out of the armed services because of this outmoded regulation.

George E. Mueller, M.D.
Biloxi, Miss.

Better in Brooklyn?

Sirs: In a recent Newsweek item, you quote the Pittsburgh Post-Gazette as saying that increased competition in the larger cities would cause more doctors to settle in outlying areas. Most doctors will disagree with this opinion.

The average practitioner in, say, Brooklyn, N.Y., would prefer to make \$8,000 a year there than \$16,000 in West Bulrush. The reasons are mainly social and profes-

an antihistaminic

BODYGUARD

... **EFFECTIVE**

**ANTIHISTAMINIC
ACTION**

The antihistamine action afforded hay fever patients by Neohetramine is demonstrated by the clinical record of relief in nearly four out of five patients (77.7% of 282) with seasonal pollinosis.

Neohetramine hydrochloride—
of Thionylamine Hydrochloride—
N,N-dimethyl-N'-p-methoxybenzyl-
(2-pyrimidyl) ethylenediamine
hydrochloride.

Tablets—25, 50, and 100 mg.
in bottles of 100 and 1000.

Syrup—6.25 mg. per cc. in bottles of
Cream 2%—in water-miscible
base in collapsible tubes of 1 oz.

REFERENCES:

1. Crisp, L. H. & Aaron, T. H.: J. Allergy 20: 1, 1955.
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4. Schwarz, E.: Ann. Allergy 7: 770, 1960.

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with an **EXCEPTIONALLY**
HIGH DEGREE of
FREEDOM FROM SEDATION

The unusual degree of freedom from sedation maintained by patients under all therapeutic dosage of Neohetramine is shown by the clinical finding that only 2.2% of 500 such patients experienced any impairment of full "daytime alertness."^{1,2,3}

no hay fever and other allergic manifestations

Neohetramine



— "on-the-job" antihistamine

NEPERA CHEMICAL CO., INC.

Brooklyn 2, N. Y.

* In its "bodyguard" action, Neohetramine blocks the attack of histamine-like substance by "surrounding" cells of the shock tissue with its protective film.



Through the Menstrual Years of Life...

THE frequency with which the menstrual life of so many women is marred by functional aberrations that pass the borderline of physiologic limits, emphasizes the importance of an effective uterine tonic and regulator in the practicing physician's armamentarium.

In ERGOAPIOL (Smith) with SAVIN the action of all the alkaloids of ergot (prepared by hydro-alcoholic extraction) is synergistically enhanced by the presence of apiol

and oil of savin. Its sustained tonic action on the uterus provides welcome relief by helping to induce local hyperemia, stimulating smooth, rhythmic uterine contractions and serving as a potent hemostatic agent to control excessive bleeding.

May we send you a copy of the booklet "Menstrual Disorders", available with our compliments to physicians on request.

MARTIN H. SMITH COMPANY
150 LAFAYETTE STREET, NEW YORK 13, N. Y.

ERGOAPIOL ^(SMITH) with SAVIN



The Preferred Uterine Tonic

INDICATIONS:
Dysmenorrhea, dys-
menstruation, men-
strual, postmen-
strual and leukorrhea.

Directions:
1 or 2 capsules 3 or 4 times daily
after meals.
Keep out of reach of children.

VILLAGE DRUGS.



Obozell[®] doubles the power to resist food in obesity

Both obstacles to reducing are overcome by OBOCELL:
(1) Obozell suppresses bulk hunger and creates a sense of fullness and satisfaction; (2) Obozell curbs the appetite and elevates the mood. Now available—Obozell Liquid for patients who prefer liquid medication.
IRWIN, NEISLER & CO., Decatur, Ill.

AROUND THE CLOCK PROTECTION

IN
BRONCHIAL ASTHMA....



DAY
AND NIGHT
DIFFERENCE
IN TREATMENT

Dainite Tablets provide day and night protection for the asthmatic patient, almost complete absence of side-effects.¹ The use of antinausea factors safely as a more effective, prolonged dosage of aminophylline. A subjective improvement of respiratory function with relief of wheezing, dyspnea and cough has been observed in extensive clinical trials.¹

Supplied as the DAINITE Unit containing 48 Day Tablets, 18 Nite Tablets in a unique dispensing unit... at pharmacies everywhere.

(1) J.A.M.A. 147: 730-737, 1951.

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Lyon Steine, M.D.
Valley Stream, N.Y.

Pre-Employment Exams

Sins: I read with interest the story of "Raymond Seth's Other Practice" [February, 1952]. Please, if such ventures are to be described, let us not besmirch the name of industrial medicine by noting them as an "accomplishment in the realm of industrial medicine."

Such pre-employment examinations may be a type of medical activity still associated with some industries, but they in no way represent the philosophy, practices, or objectives of the specialized field of

industrial medicine. Industry and industrial medicine are poorly served by labeling such obsolete, ineffective, and inaccurate concepts "industrial medicine."

Fifty thousand dollars per year [the cost of the Seth program] would go a long way toward providing a seasonal industry of 9,000 workers with a positive and comprehensive program of health maintenance and conservation—including pre-placement examinations.

Ronald F. Buchan, M.D.
N.Y.U.-Bellevue Postgraduate Medical School
New York, N.Y.

Free-Care Costs

Sins: Your article "Private Care for Public Patients" [April, 1952] gives



GOMCO®-THE ASPIRATORS You Can Depend On!

FOR HEAVY DUTY

Such as Polio Cases

The Gomco No. 791 Heavy Duty Aspirator provides regulated suction to 25" of mercury—sturdily built precision unit for the most prolonged periods of aspiration. A "must" for polio cases where swallowing reflexes are affected.



CONTROLLED ASPIRATION

When and Where You Need It

This compact Gomco No. 789 Portable Aspirator weighs only 18 pounds and is adjustable from 0" to 20" of suction. Ideal for polio cases, postoperative work, urological and bronchoscopic suction. Have your dealer show you how quietly and efficiently these Gomco Aspirators work!



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General Catalog H-51

75% LESS NICOTINE

Than 2 Leading
Denicotinized Brands

85% LESS NICOTINE

Than 4 Leading
Popular Brands And 2
Leading Filter-Tip Brands



**John
Alden**
CIGARETTES

Test Results

A comprehensive series of smoke tests* were made by Stillwell & Gladding, New York City, one of the country's leading independent consulting laboratories, on John Alden cigarettes, 2 leading denicotinized brands, 4 leading popular brands and 2 leading filter-tip brands. The results disclosed the smoke of John Alden cigarettes contained:

At Least 75% Less Nicotine Than The 2 Denicotinized Brands

At Least 85% Less Nicotine Than The 4 Popular Brands

At Least 85% Less Nicotine Than The 2 Filter-Tip Brands

Importance to Doctors and Patients

John Alden cigarettes offer a far more satisfactory solution to the problem of minimizing a cigarette smoker's nicotine intake than has ever been available before, short of a complete cessation of smoking. They provide the doctor with a means for reducing to a marked degree the amount of nicotine absorbed by the patient without imposing on the patient the strain of breaking a pleasurable habit.

AN ENTIRELY NEW VARIETY OF TOBACCO

John Alden cigarettes are made from a completely new variety of tobacco. This variety was developed after 15 years of research by the Kentucky Agricultural Experiment Station. Because of its extremely low nicotine content, it has been given a separate classification, 31V, by the U. S. Department of Agriculture.

*A summary of test results available on request.

Also Available: John Alden Cigars
and Pipe Tobacco

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Send me free samples of John Alden Cigarettes

Name _____ M. D.

Address _____

City _____ Zone _____ State _____

FREE PROFESSIONAL SAMPLES

a good picture of the Indiana indigent-care project. The A.M.A. Committee on the Care of the Indigent, of which I am a member, is currently analyzing a number of such programs throughout the country.

The Indiana program looks and sounds ideal, but we are having difficulty in ascertaining the cost of the plans. It would seem to me that this is a very costly one. Since the books are not available to us for study, however, it is not possible to determine whether it really is exorbitant.

Joseph H. Howard, M.D.
Bridgeport, Conn.

Rural Reflections

Sms: As a G.P. who has practiced for thirty years in a town of under 5,000, I well understand the situation outlined in "More Doctors for Rural Areas" [January, 1952].

In my opinion, the reluctance of young M.D.'s to settle in small towns is caused largely by the spread of Blue Cross, Blue Shield, and similar plans designed by the city boys to funnel all patients into their hospitals. Because these plans make no provision for home and office treatment, they fill the hospitals with the rural physician's patients—thus making a mere first-aider out of him. This alone is enough to dishearten any ambitious young doctor who would like to locate in the country.

City doctors today treat the rural physician like a stepchild. The situation was certainly different when I started out in practice. In those days, the rural M.D. was accepted as one of the profession. The old-

Knox Gelatine . . . useful protein supplement

for the growing child



For Body Growth

Protein not only helps feed the machine the growing child but is itself the machine. An abundance of protein both for body growth as well as for blood, enzyme and hormone synthesis is a primary requirement in childhood. While carbohydrate and fat may be stored in the organism, protein must be taken in daily to maintain the structural mass of tissue.

Easy to Digest

Knox Gelatine is an excellent protein supplement, easy to digest and administer, and non-allergenic. It may be prepared in a variety of ways from Knox Gelatine Drink to delicious salads and desserts.

Abundant Energy

The daily diet must contain the so-called essential amino acids as first shown by Osborne and Mendel⁽¹⁾ and more precisely defined by Rose.⁽²⁾ Once the essential amino acids are furnished, the remaining ones may be taken in abundance from other protein sources to insure full growth and create abundant energy.

High Dynamic Action

Gelatine in the form of gelatinized milk has been found a valuable protein supplement helpful in allergies, celiac disease, colic and to increase the digestibility of the milk formula.⁽³⁾ Its high specific dynamic action⁽⁴⁾ which spares essential amino acids and furnishes amino acids for the continuous dynamic exchange of nitrogen in the tissue⁽⁵⁾ helps the child to maintain the normal body heat. Furthermore, it contains an abundance of important glycine and proline necessary for hemoglobin formation.



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- 2 Rose, W.C., Physiol. Rev. 18:109, 1938.
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- 5 Schoenheimer, R., Razer, S., and Rittenberg, D., J. Biol. Chem., 127:333, 1939 and 130:705, 1939.

Available at grocery stores in 4-envelope family size and 32-envelope economy size packages.

KNOX GELATINE U. S. P.

All Protein No Sugar



time internist, after seeing a referred patient, phoned his report to the referring physician; and the surgeon invited him to be present at the operation. Chances are, the rural doctor was also invited by such specialists to the theatre or to a ball game once or twice a year.

What happens today? The country physician is scarcely trusted to change the postoperative dressings of a patient he has referred. And the surgeon shows his appreciation (if he remembers) by having his secretary send him a Christmas card.

All of this, besides galling established men like myself, is certainly not conducive to attracting young physicians to the country. Under the present set-up, they can expect to act only as referral depots. Their

patients reserve the right to disregard office hours and expect miracles—failing which they dash off to a so-called specialist in the city at twice the fee.

M.D., Missouri

Laughter

SIRS: Both my secretary and I have enjoyed your cartoons so much that we thought it only fair to share our amusement. Now, laughter can be heard throughout my daily office hours. Why? A scrapbook of MEDICAL ECONOMICS cartoons reposes on the waiting room table for all to see.

J. Wiley Hartman, M.D.
Latrobe, Pa.

Our thanks are extended, but our fingers are crossed.

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CHOLOGESTIN

is an active choleretic and cholagogue. It thins the bile and keeps it moving. Corrects biliary stasis. Dose, 1 tablespoonful in cold water p.c.

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Tablets of Chologestin, 3 tablets equivalent to 1 tablespoonful. Convenient for relief of chronic cholecystitis and cholelithiasis. Dose, 3 tablets with water.

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Please send my free sample of TABLOGESTIN together with literature on CHOLOGESTIN.

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whether he is "middle-aged" or "aged"—

ORETON can be of distinct benefit

For the man of fifty complaining of climacteric symptoms, ORETON® (Testosterone Propionate U.S.P.) is indicated to overcome androgen deficiency. For the man of eighty whose strength is slowly failing, but in whom no cause other than senescence can be found, ORETON is indicated for its anabolic, tissue-building property.

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Pyromen is proving to be increasingly useful in the treatment of many allergies and dermatoses, as well as certain ophthalmic disorders.

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"**Pyromen**" on your Rx will bring you our new booklet detailing the use of this new therapeutic agent.



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DIARRHEA OR DYSENTERY

Arobon[®]

meets the patient's
first demand

In diarrheas, Arobon assures rapid control of the abdominal distress, the frequent stools, and the resulting generalized discomfort.

**SIMPLE TO
PREPARE AND
HIGHLY PALATABLE**

For adults and children, Arobon is simply prepared by stirring the powder into milk. Average doses for adults, two level tablespoons in four ounces; for children, one level tablespoon in four ounces.

For infants, two level teaspoons in four ounces of skim milk or water and boiled for 1/2 minute.

When mixed with milk, Arobon forms a pleasant chocolate-flavored drink.

Processed from specially prepared carob flour, Arobon contains a high proportion (22 per cent) of pectin, lignin, and hemicellulose. Its adsorptive and demulcent actions serve to remove offending bacteria and toxins, and the gelatinous mass it forms on taking up water soothes the inflamed bowel.

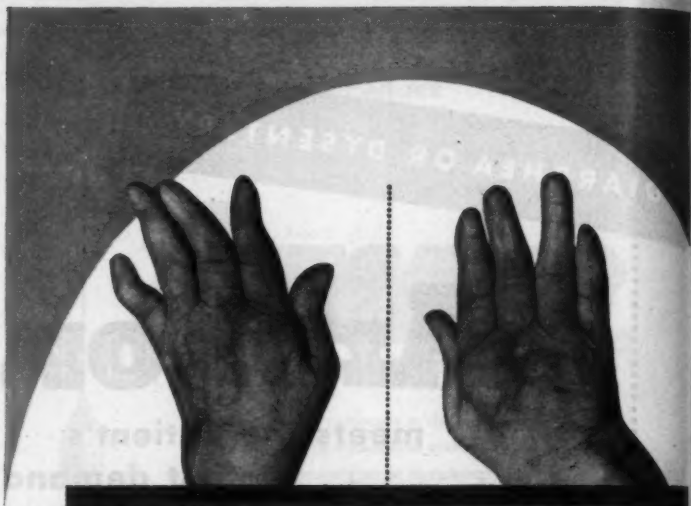
Arobon produces excellent results in the non-specific diarrheas of adults, children, and infants, often leading to formed stools in 12 to 15 hours. In the specific dysenteries, its action is valuable in conjunction with indicated chemotherapeutic agents.

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ERTON produces sustained relief and objective improvement, often maintained after cessation of therapy. There are no "withdrawal symptoms."


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"showed definite prophylactic
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about one-third that of control
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Desitin Ointment is a non-irritant blend of
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easily applied and painlessly removed.

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- exanthema
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(due to urine, excrement,
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1. Helmer, C. B., Grayzel, H. G., and Kramer, B.: Archives of
Pediat. 58:382, 1951.

2. Behrman, H. T., Combes, F. C., Bubroff, A. and Levitticus, R.:
Ind. Med. & Surg. 18:512, 1949.



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the average daily therapeutic dose for adults, supply:

Ferron Sulfate..... 1.05 Gm.
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Vitamin B₁₂..... 30 mcg.
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Thiamine Mononitrate..... 6 mg.
(5 times MDR*)
Riboflavin (2 times MDR*)..... 6 mg.
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*MDR—Minimum Daily Requirement
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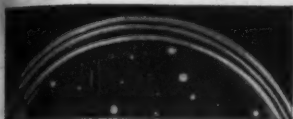
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DIAL SOAP with Hexachlorophene

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With ordinary soap. Even after thorough washing, thousands of active bacteria remain on the skin.



With Dial soap. Daily use of Dial with Hexachlorophene eliminates up to 95% of resident skin bacteria.

1. *Reduces chance of infection* following skin abrasions and scratches because Dial effectively reduces skin bacteria count.

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EACH TABLET CONTAINS:

Mannitol hexanitrate.....16 mg.⁽¹⁾
Rutin.....10 mg.
Phenobarbital..... 8 mg.

⁽¹⁾ This specially-designed formula permits dependable nitrite therapy with less risk of developing nitrite tolerance.

Rutol is particularly favored by physicians advocating "interrupted" nitrite therapy—to maintain *maximal* therapeutic re-

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Estrogenic Substances (water-soluble)

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Sidelights

Telephone Test

Have you checked up on your telephone-answering service lately?

Several doctors we know, while away from their offices, have been placing occasional test calls. In a disturbing percentage of these cases, we're told, the answering service has responded brusquely, or garbled the message, or failed to get names and numbers right. In one instance, all the operator would say was: "No, I don't know where the doctor can be reached. Call back later."

Obviously, this is more than a waste of money; it's a sharp blow to the doctor's reputation with his patients. Better look into it in your own case.

Political Straw

A bunch of Californians have been conducting something they call "grass-roots polls" in an effort to determine which American, if made the Republican nominee for President, would have the greatest vote appeal. What caught our eye was their recent finding that two physicians rated among the top twelve.

One was Dr. George W. Crane, the widely read health columnist and business psychologist, who

placed seventh in the straw balloting—being topped only by the Republican big six (Warren, Eisenhower, Taft, MacArthur, Stassen, and Dewey, in that order). An enthusiastic backer characterized Dr. Crane as "a second Lincoln—the only man whose integrity we could be sure of."

Almost equally fervent was the support generated for Dr. Walter H. Judd, the Congressman from Minnesota, who placed twelfth. A former medical missionary in China, Judd has been a consistent critic of the present Administration's Far East policy.

These poll results, we can safely predict, will have absolutely no effect on the nominating convention next month. But they do symbolize the political progress that physicians have made in the last few years. By 1956 . . . who knows?

Combined Billing

Two private physicians work together on a case. Later, they send the patient a single bill, itemizing the amounts owed to each physician.

Anything wrong with that?

It all depends on where you turn for the answer. The Iowa State Medical Society, for example, maintains



Each tablet contains:

Veratrum viride	100 mg.
Mannitol hexanitrate	$\frac{1}{2}$ gr.
Rutin	10 mg.
Phenobarbital	$\frac{1}{2}$ gr.



**for effective
treatment of
HYPERTENSION**

**VERUTAL Tablets (RAND)
CONTAIN Veratrum
VIRIDE plus other
ACTIVE AGENTS. NO
SINGLE DRUG IS SUFFICIENT FOR THE COMPLETE TREATMENT OF
THIS COMPLEX DISEASE.**

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that joint billing is both customary and ethical. The American College of Surgeons, on the other hand, maintains that it isn't—that it's unlikely to become a screen for splitting. The American Medical Association has taken no clear stand on the issue, although its Judicial Council reportedly advises against combined bills.

There's something to be said on both sides of this controversy. Unfortunately, most of it is being said sub rosa—and, in some cases, with considerable bitterness.

We think the A.M.A., at its session this month, could be of tremendous service to doctors everywhere by bringing up the subject for open discussion, by letting both specialists and G.P.'s have their say, and then by specifying not only what the best policy seems to be, but why.

British Yardstick

Has the National Health Service made any difference in British mortality rates?

As far as the record shows, the state medical scheme has not yet brought about any major changes. The minor changes, however, are causing some concern—as witnessed the following Parliamentary exchange, reported recently by the British Medical Journal:

"Sir Herbert Williams asked on January 31 what steps the Minister of Health proposed to take to restore the medical service to the people to the standard of efficiency which prevailed prior to July 1, 1948, in

Broad spectrum antibiotic therapy

NOW IN THE BEST
OF TASTE

Terramycin

oral suspension

(flavored)



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CHAS. PFIZER & CO., INC.
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world's largest producer of antibiotics

From where I sit by Joe Marsh



**Well, What Do
You Know?**

Do you believe in a bunch of old tales about lightning—about how it's attracted by cats or the warmth of cattle...how it never strikes in the same place twice...or how it's liable to turn milk sour? Lots of people often do—but they're wrong.

Dad Hawkins inspired this column today. He's really studied up on lightning since his own cow barn was struck that time.

"Trouble is, most of us don't know half enough about the subject," Dad says. "And about half of what we do know is false!"

From where I sit, Dad's statement applies to a lot of things besides lightning. Too many people think *they* know what's best for the other fellow. Like those who would tell a man how to practice his profession...or those who resent our right to enjoy a glass of beer now and then. Opinions based on misinformation and prejudice, instead of being "grounded" on facts can cause more damage than lightning ever did.

Joe Marsh

Copyright, 1952, United States Brewers Foundation

view of the heavy increase in mortality in the first three years of the service as compared with the three previous years.

"Miss Pat Hornsby Smith replied [for the Health Ministry] that after allowing for relevant factors... the difference in mortality was extremely small, and Mr. Crookshank [the Health Minister] was unable to accept the implication in the question."

Which suggests that the true effect of socialized medicine on British health should be measured as soon as possible—for our guidance as much as for theirs. Meanwhile, the mortality results are presumed to be neither black nor white, but a rather ominous gray.

What! No Politics?

Two distinguishing features of any A.M.A. House of Delegates session are profuse hospitality and diffuse politicking. The combination will no doubt pleasantly permeate this month's Chicago session, just as it did last December's meeting in Los Angeles. A tale from the latter affair may illustrate the nature of the blend:

Doctors from Washington State, it seems, had never done much entertaining at previous A.M.A. sessions. This time they decided to go all out.

So they rented a suite in an L.A. hotel and stocked it with such Washington State delicacies as smoked oysters, Wenatchee apples, and Anjou pears. As the *pièce de résistance*, they arranged to have a huge King

It isn't
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the help I needed
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It isn't always easy for patients to follow your orders—when you advise giving up coffee. But, as you know from experience, you'll get more cooperation from your patients if you suggest *caffeine-free* POSTUM instead. They'll like its hearty flavor—find it easier to stay off coffee! So, to help you help your patients, we'll be happy to send you, without charge or obligation, our Professional Pack of

12 trial-size packages of INSTANT POSTUM. Use the handy order blank below.

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While many people can drink coffee or tea without ill effect—for others, even one to two cups may result in indigestion, hypertension and sleepless nights. See "*Caffeine and Peptic Ulcer*" by Drs. J. A. Roth, A. C. Ivy, and A. J. Atkinson —A. M. A. Journal, Nov. 25, 1944.

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Now Supplied: 1.5 cc. vial (1 immunization)
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salmon flown in daily from Seattle and baked whole. All this for the gormandizing of visiting M.D.'s.

Every day the Washington State played host. Their "open house" appeared to be an unqualified success—until you listened to one of the hosts:

"I just can't understand it," this doctor said. "Naturally, we're pleased to have so many visitors come in and see us—if for no other reason than to show them what our home state has to offer. But what happens? Ninety-five per cent of our visitors take me aside to ask me what, or whom, we're campaigning for.

"What's the matter with these people? Must there always be an 'angle'? Haven't they ever heard of just plain Western hospitality?"

Poolroom Practice

Seen in the emergency ward: A strapping colored boy with a billiard ball bulging from his mouth.

Despite the hands gesturing frantically for help and the eyes rolling white with terror, the net effect was fantastically comic. Between the two arcs of milk-white teeth shone the wedged-in black ball, with the figure eight foremost.

It took deep anesthesia and the extraction of two incisors to remove the boy from behind the eight-ball. There was a happy ending, though. For by the terms of his bet, he'd been required only to get the ball into his mouth. The net gain of the transaction was four bits.

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CONSTIPATION*

possibly the
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of the patient
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In these cases, laxation
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Because constipation in this age group is
usually associated with indigestion and biliary stasis.
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*Rehfuss, M. E.: Indigestion, Philadelphia,
W. B. Saunders Co., 1943, p. 322

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A narrow
sacroiliac
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Support S
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For Sacroiliac Sprain, a narrow belt alone is not enough . . .

That is why Spencer Designers incorporate an easily-adjustable pelvic binder (see inset above) inside each Spencer created for sacroiliac sprain.

A narrow belt alone will not provide adequate continuous immobilization of the sacroiliac joints because such a belt will not stay in place. With ordinary body movements, any narrow belt alone will ride-up and dig-in at the back, thus causing faulty posture that increases the disability. That is why every Spencer Sacroiliac Support is a "belt within a support"—designed to the necessary heights and lengths to bridge the lumbar curve and correlate abdominal and back support. Thus improvement in posture—essential to relief in sacroiliac sprain—is attained and maintained.

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Name M.D.

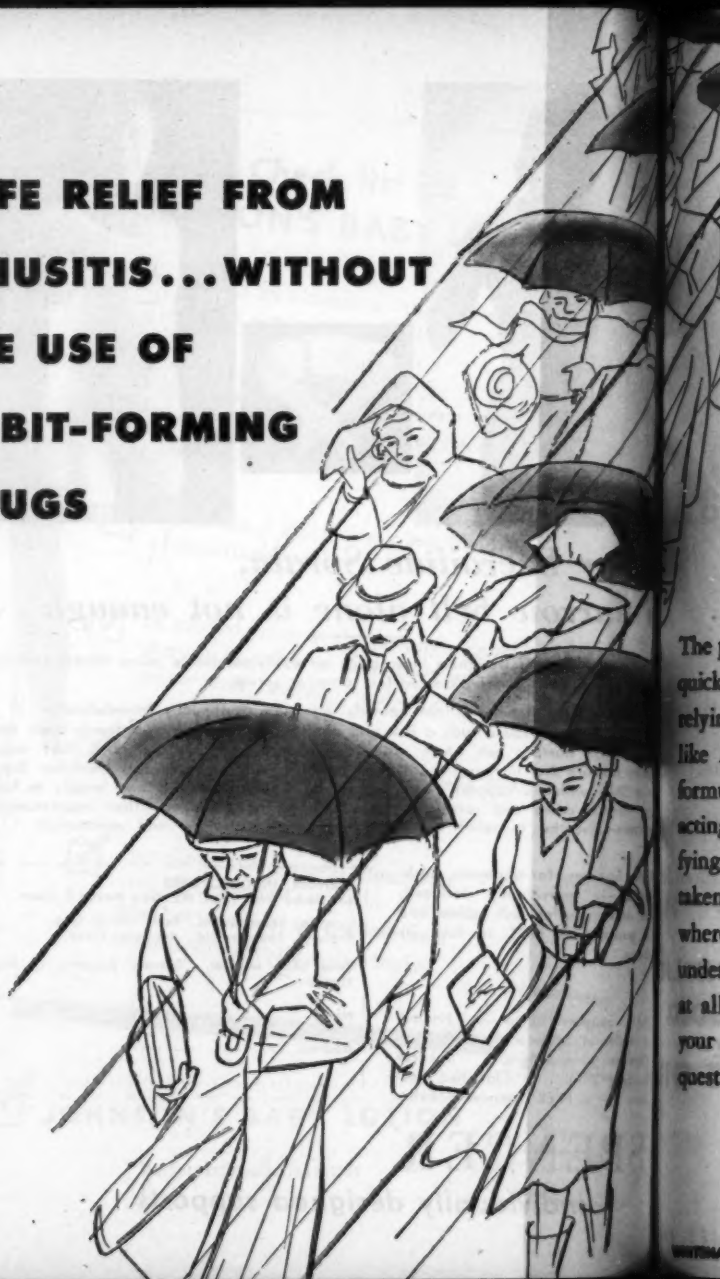
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The pain and discomfort of sinusitis can be quickly and effectively relieved, without relying on narcotics, by using an analgesic like Anacin. The advantage of the APC formula, as provided by Anacin, is the fast-acting and prolonged relief that is so gratifying to the patient. And Anacin may be taken *safely* over long periods of time where continued use is indicated with no undesirable side effects. Anacin is available at all pharmacies for the convenience of your patients. Samples will be sent on request.

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Sometimes this type will admit taking a 2-quart enema every week or even more frequently.

Aside from the inconvenience, it provides only temporary relief and is actually irritating.

Here is where Turicum can be a big help in establishing normal function.

It is not a one-dose laxative but a treatment that, taken for a few days, helps restore normal function.

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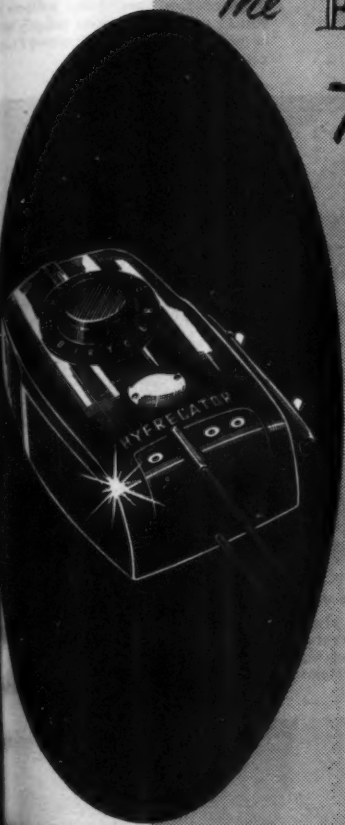
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WHY RESORT
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Normal. Capillaries clearly defined; no transudation, hemorrhage, or papilledema.



RUTAMINAL® provides the extra protection of rutin and ascorbic acid... in support of the cardiotonic action of aminophylline, and the sedation of phenobarbital.

Beriberi. Capillaries show irregularities, slight transudation. Incipient papilledema.



Abnormal. Capillaries tortuous, with areas of hemorrhage and transudation. Papilledema.



RUTAMINAL...

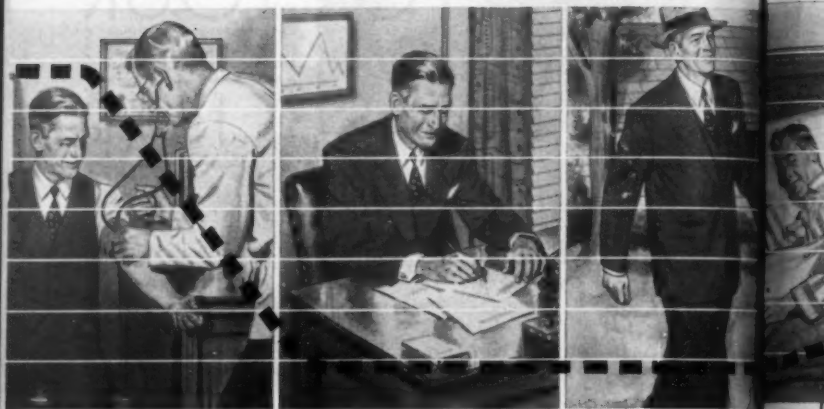
Whenever aminophylline and phenobarbital are indicated...

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What's more, therapeutic dosages of NITRANITOL can be maintained over long periods of time . . . *without* frequent checkups . . . *without* worry about possible toxic effects.

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When vasodilation alone is indicated. *Nitranitol.* ($\frac{1}{2}$ gr. mannitol hexanitate.)

When sedation is desired. *Nitranitol with Phenobarbital.* ($\frac{1}{2}$ gr. phenobarbital combined with $\frac{1}{2}$ gr. mannitol hexanitate.)

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**Whole Wheat, with 5% Extra Wheat Germ
Twice as Much as in Natural Whole Wheat**

EXTRA-NUTRITIOUS

Contains *all* nutrients of whole wheat plus *all* those of the extra wheat germ.

GOOD SOURCE OF VALUABLE PROTEIN

So essential to vital tissues.

RICH IN VITAMIN-B COMPLEX

Often inadequate in diets of elderly patients.

PLEASING WHOLE-GRAIN TEXTURE

Adds interest to bland diets. Gently stimulates peristalsis.

DELICIOUS HEART-OF-WHEAT FLAVOR

Your patients like it.

COOKS IN JUST 10 SECONDS

A convenience your older patients appreciate.

America's No. 1 Hot Whole Wheat Cereal



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specify **THERAGRAN**

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Each Theragran Capsule contains:

Vitamin A (synthetic)	25,000 U.S.P. units
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Thiamine Mononitrate	10 mg.
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Bottles of 30, 100 and 1,000

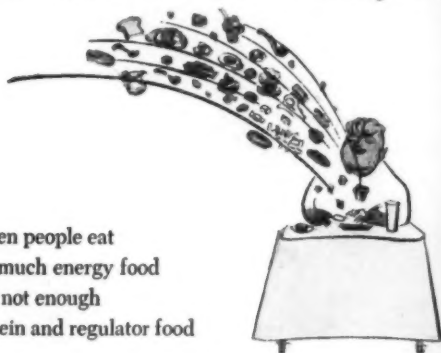
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SQUIBB

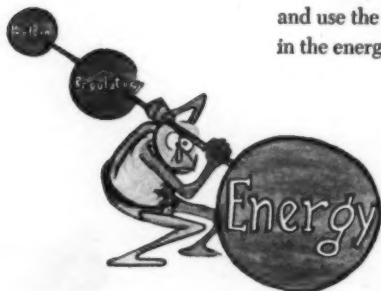
"Diet Instructions" your patients' guide to better diet

You need to watch what you eat

When people eat
too much energy food
and not enough
protein and regulator food



... they do not get enough
protein, vitamins and minerals,
which they need to keep well
and use the energy
in the energy foods.



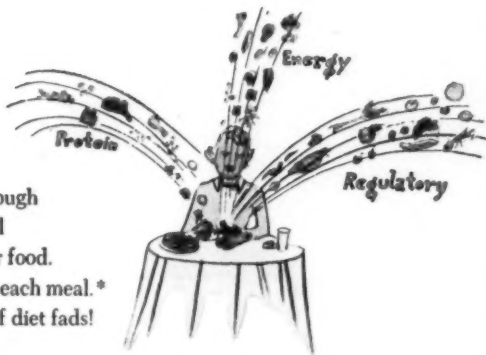
Then they may
need large quantities
of protein,
vitamins or minerals
to get well.

... see preceding page

This is a reproduction of pages 6-7 from "Diet Instructions," a new practical guide to better diet for your patients. For a supply of booklets write to E. R. Squibb & Sons, 745 Fifth Avenue, New York 22, N. Y. see following page...

eat You need to watch what you eat

You must eat enough protein food, and enough regulator food. Try to do this at each meal.* Avoid all kinds of diet fads!



*You may eat food hot or cold, raw or cooked, fresh or frozen, canned or dried, unless special instructions are given.

protein
foods



energy
foods



regulator
foods



SQUIBB

"Diet Instructions" show your patient how much is enough



add



add



That's better!

Toast and coffee isn't enough to start the day on. It's better to add vegetable or fruit juice and an egg.



add



or



or



A small piece of meat doesn't give you enough protein. Increase the size of the portion of meat, or also eat some other protein food, or drink milk.



This is more like it



or this

A small dish of string beans isn't enough. Better take a larger serving ... or add a salad.



Try these!



or

A lettuce leaf and slice of tomato doesn't really count. You need more regulator food ... such as raw cauliflower chunks, sliced carrots, or cucumber rings.

"Diet Instructions" is the new simply written guide to better eating habits for your patients. To obtain a supply just write to E. R. Squibb & Sons, 745 Fifth Avenue, New York 22, N. Y.

... see preceding pages



Editorial

Blue Shield Loopholes

• "What damn good is my health insurance, anyway, if it won't pay my doctor bills?"

One more patient has just discovered that his Blue Shield policy doesn't cover home calls—or physical exams, or lab procedures, or minor office surgery. And he's all het up about it:

"You doctors sponsor this insurance, don't you? Then why not give complete coverage? These loopholes make me sick!"

What patients don't realize is that there are two types of loophole—one bad, one good. If *major* medical expenses are excluded from coverage, that's bad. And it's clearly up to medicine to see that loopholes of this type are plugged as quickly as possible (for example, through catastrophic coverage).

But it's also up to us to make patients understand why the other type of loophole is *good*. For when *minor* medical expenses are excluded from coverage, it may well save the patient money.

How come? Because of the cost of processing claims—about \$3 per claim, according to one report. This handling charge doesn't bulk large in the case of, say, a \$100 appendec-

tomy. But what about simple home and office calls?

A \$6 service might easily cost \$9 if paid for through Blue Shield. That's been the experience of most plans trying out small-claim coverage, Dr. Paul Hawley reports. Under these circumstances, as Blue Shield's former chief executive points out, minor medical services are apt to cost 50 per cent more than they're worth. *And it's the subscriber who eventually pays*, through premiums swollen beyond all reason.

"Thus we encounter the law of diminishing returns," says Dr. Hawley, "when we attempt to insure against the costs of small medical bills. The same situation would obtain in government compulsory insurance, thus greatly increasing the cost of medical care."

Under almost any conditions, it seems, insurance against minor medical costs may turn out to be a bad bargain. The average person will usually do better to pay small bills out of his own pocket.

To most people, actuarial principles are a world apart. But if we occasionally take two minutes to bring this one down to earth, we'll be doing our patients a service—and taking ourselves off the spot.

—H. SHERIDAN BAKETEL, M.D.

When the Tax Auditor Comes

Here is what the experts advise if a revenue agent wants a look at your books

● Ever seen a Federal income tax auditor?

Some doctors (who've heard it from friends) say you can tell him by his forked tail and horns. Others who've actually encountered such an auditor tell me they've come out of it unscathed.

In any event, tax auditors this year will knock at the office doors of hundreds of U.S. physicians. The main thing to do, if one of them calls on you, is:

Don't worry about it. Keep cool.

That's the advice of men who know tax auditors best: the accountants and lawyers who specialize in tax work. Chances are, these old tax hands say, the auditor you draw will be a fairly agreeable fellow anyway.

One tax consultant, connected with a medical business bureau, thinks it highly important for doctors who are visited by a tax auditor to get off on the right foot with him. If they don't—if they approach him as a natural enemy—he'll quickly sense it and they may soon be headed for trouble.

"I'll admit," this consultant says, "that among tax auditors, as among people in general, you'll sometimes run into a first-class stinker. But most of them are all right if you treat them right. Just don't antagonize them. Keep clear of personality conflicts."

Last year, one practitioner I heard about charged into an audit without benefit of this advice. He made it immediately clear that he was a busy man and that he considered this auditing business an annoyance and an imposition. Then, so as not to be interrupted later, he proceeded to defend certain of his deductions in advance, tartly explaining the law as he went along.

Needless to say, the tax auditor was hardly in a sympathetic mood when he turned to the doctor's records. Although the books were in good order, he checked and double-checked them with unusual thoroughness.

The audit took the better part of two days; it should have been cleaned up in a single morning. Though the auditor's extra effort cost the doctor only \$86 in disallowances, it might have cost even less. And it might have taken quite a bit less question-answering time, with less

By James G. Blake

of the nervous strain that this entails.

Out of the mass of legend surrounding the tax audit has emerged the notion that a call from the tax people means a doctor is under suspicion. This is not usually so, says a professional management consultant, who reports that a tax audit hits about every tenth doctor on his roster. He adds:

Reasons for Audit

"I'd say that more than three-fourths of our clients who are audited are selected purely by chance. It's routine for a collector to check a certain number of returns; most of the doctors who are called just happen to be among those chosen. And in most cases our doctor-clients' returns are not revised as a result of the audit."

This much, however, the Bureau of Internal Revenue readily admits: Every private practitioner's return is subject to an audit. So are those of lawyers, architects, independent grocers, and other self-employed persons. "Whenever a return comes through with a Schedule C attached, it is set aside for possible audit," says an Internal Revenue official.

It's no secret either that high-income returns are audited more frequently than low-income ones. Rumor has it in tax circles that the day isn't far off when all returns showing a net income of \$12,500 or more will be audited routinely. If this happens, more doctors than ever before

can expect to have their records examined every two or three years.

Apart from the spot check, you also may meet a tax auditor this year if:

¶ Your return shows any major omission—the status of a dependent, for example, or the names of the charities you have given to;

¶ You have failed to report all dividends received (it's easy for the Revenue Bureau to check this, since corporations report in duplicate on all dividends paid—one copy to you, one copy to the Revenue Bureau);

¶ Your final return doesn't jibe with your information return;

¶ You've filed for a refund;

¶ One of your patients has made a large deduction for medical expenses and named you as his doctor;

¶ You've been audited in the past and have had some major claims disallowed.

How You'll Hear

If you're pulled out of the tax collector's grab bag, you'll find a long white envelope in your mail one morning. It will be a letter—business-like but cordial—requesting that you call your district Internal Revenue office for an appointment.

Usually—especially during the tax department's harvest season—you'll be asked to report to the collector's office with your records. But if this is inconvenient or impracticable, the collector will arrange for a field audit. And soon afterward you'll have

Steady Now, Let's Keep Our Balance



© MEDICAL ECONOMICS

one of his agents visit your office. How long he'll stay depends mainly on what sort of records you keep. If your books are complete and well organized, it may all be over in two or three hours. Otherwise, the audit may take as much as several days.

Where Trouble Starts

One unhappy physician had an auditor around for more than a week. The trouble: He couldn't produce canceled checks or paid receipts for a \$116,000 building he'd put up for investment purposes. When he wasn't trying to answer the auditor's questions, this M.D. spent his valuable time scurrying around to the plumber, the electrician, the contractor, and others who could help substantiate his expenditures.

Finally—but too late—he called in a tax specialist. Together they accounted for about three-quarters of the sum he'd spent. The doctor is still taking a considerable annual loss because the depreciation rate on his \$116,000 building had to be based on a lower property value.

Most physicians will not find the tax audit quite so unpleasant as that. Actually, you don't have to be present during the entire audit. If it takes place in your office, you need only welcome the tax man, lay out your records, and be prepared to answer an occasional question. If your books are in tiptop shape, you may not be bothered at all; except, of course, that the necessity of having to remain close at hand for a while

may disrupt your normal routine.

Any M.D. may ask a tax adviser—usually an accountant or lawyer—to represent him during the audit. In this event, the doctor may not even have to meet the auditor. Not only can an accountant or lawyer relieve you of a time-consuming annoyance, but he may also be able to get you a better break. The competent tax adviser knows what the auditor is after, and sometimes he may even know the auditor himself.

Even when you have a tax adviser, though, there's a chance that the auditor will want to talk to you, if only for a moment. Tax auditors often profess to be students of human nature, and a brief conversational exchange may be their way of sizing you up. Needless to say, it's wise to be cordial.

Loaded Question

Different tax men use different psychological gambits on doctors. Some are exponents of the leading question—one designed to catch the M.D. with his guard down. Once, during a casual conversation, an auditor asked, "How much does the average doctor make a week, anyhow?"

When the physician answered, the tax man mentally multiplied by fifty-two. Had the physician's listed income been radically different from this calculation, the auditor would doubtless have gone over the doctor's records with a microscopic view.

In the final analysis, it's your

books themselves that matter. Usually, the tax auditor works in three stages:

First, he matches your stated income against your record of receipts.

Second, he calculates your professional and living expenses.

Third, he spot checks your canceled checks and paid bills to see if they coincide with your disbursement records.

Records Required

By helping him speed up this procedure, you'll help yourself. A little preparation will do the trick. Before the audit, for example, you can assemble your records of:

¶ Fees received (including those from medical insurance plans, workmen's compensation, welfare organizations, Government agencies, etc.);

¶ Salary earned;

¶ Income from investments, savings deposits, insurance, sale of property or equipment, etc.

Make sure, also, that the following things are in order and easily available: bank statements and pass-books; brokerage house statements; dividend notices; mortgages and loan records; contracts covering professional service; partnership agreements; and anything else that relates to your income.

To help the tax men figure out your expenses and disbursements, you may have to produce records of:

¶ Salaries paid to assistants, office help, substitutes, etc.;

¶ Professional expenses (covering rent, repairs, office supplies, medical journals, uniforms, medical societies, dues, travel, etc.);

¶ Personal or nonprofessional deductions (such as contributions, debts, casualty losses, and state taxes).

And if you and your wife file a joint return, don't forget to include her checkbook among the things to hand over to the auditor.

What happens if you don't have these records? As an extreme example, consider the case of an M.D. who kept no records at all—although he did have a pretty accurate idea of how much he took in and paid out:

This practitioner had always computed his income from memory. As he got by admirably until, one day, a tax auditor descended on him.

When the collector learned that the doctor kept no records, he assigned an observer to the office and made an estimate of the doctor's annual income and expenses on the basis of the observer's findings. He made sure that the estimate was high, just in case the observer had been present during a slack period.

Usually, there's little ado about income during a tax audit, as long as the figures in your books check with those on your tax return. But when it comes to deductions, there's sometimes room for spirited disagreement between doctor and auditor.

Tax experts insist that a properly executed tax return includes every

possible deduction—i.e., that it claims all the deductions you think you're entitled to rather than just those you think you can get.

Since the tax commissioner's rul-

ings and the legal precedents are not always clear, it's often up to the individual auditor to decide whether a deduction is allowable. Neverthe-

[MORE ON PAGE 169]



Medicine's Lone Ranger

• In California's Saline Valley, a near-sea-level hell that makes Death Valley seem like paradise, lay a young man with a badly mangled leg. He was a crew member of an Army plane that had crash-landed in the desolate salt flat.

When Dr. George D. Shultz, some miles away in tiny Lone Pine, got

word of the accident, he set out by car for the salty wasteland. Guided by flares, he traveled the rugged

switchbacks to the floor of the valley. There, the roads had been washed out by flash floods, and the scene, as he puts it today, "resembled a river bottom, littered with boulders the size of a man's head."

At midnight—after five harrowing hours of travel—he reached his patient and began to amputate the leg

by the light of a rotted-wood fire. Not until 6 A.M. was he back in Lone Pine.

More than 10,000 feet up, in a Sierra Nevada mountain camp, a 5-year-old girl lay on a table in a log cabin. Over her right forehead was a long gash left by a mule's hoof that had driven fragments of bone and part of the orbit against the brain.

When the call came, George Shultz got a mule pack and started up the 25-mile, rock-strewn mountain trail to the camp. Four hours later, he was operating under gas lanterns and flashlights. The girl rested well during the night. Next day, he had to get her down the precipitous mountain side. With the aid of forest rangers ("a tall one and a short one, to compensate for the slant of the trail"), the descent took about six hours. Next day, the patient was on the road to recovery in Lone Pine's twenty-bed hospital.

For George Shultz, such exploits are all in a day's work. His bailiwick in Inyo County, Calif., is bounded on the west by the snow-capped Sierra Nevadas (near-by Mt. Whitney is the country's highest), and on the east by the "bad water" country of Death Valley (lowest point in the U.S.).

To make "house calls" in this country of giant-sized hills and dales, Shultz uses a mule pack; a station wagon (outfitted like an ambulance); and, for hops up and down the valley, his own Fairchild plane. The going is usually tough,

for his domain is 235 miles long and 150 miles wide, and most of his 5,000 potential patients are widely dispersed among mountain ranges and hidden valleys.

Even so, the Inyo County C.P. manages to see an average of forty patients a day. These are mostly people of modest means: prospectors, cattle farmers, miners who dig soda ash out of dry desert lakes, and workers at the Los Angeles aqueduct, which carries water from the Sierras to the city 235 miles away.

Despite his heavy patient-load, Shultz's daily job may be only half done by each nightfall. Aside from the ordinary after-hours emergencies, he has had his share of unusual ones: a trip by horseback up 14,495-foot Mt. Whitney to help a blizzard victim in August; a visit to Two-Gun Mary Thompson's mine in the ghost town of Panamint City to see a stricken caretaker; a dash through the foothills to the shack of a miner who, under the law of the woods, has been disembowelled by a neighbor's hunting knife.

Lone Pine's far-ranging physician has been answering calls like these since 1936, when he first went to the remote valley. For the 42-year-old "emergency doctor," these have been sixteen years of hard work—yet with more than a normal quota of thrills thrown in.

His biggest handicap, he says, is his "lack of able assistance." From time to time, he has been able to entice a young doctor into the

mountain-walled valley. But for most of the sixteen years he's had to go it alone. "Many times," he says, "I would have given anything for some good consultation, an anesthesiologist, a surgical assistant." When these aren't available, his wife Hazel sometimes pitches in and helps him.

George Shultz found himself in a real spot back in 1943. That was the year when Lone Pine's small hospital went bankrupt and closed its doors for good. But in the area around Saline Valley a man gets used to scrambling over obstacles. So within two months, the town had another hospital, despite wartime scarcities.

With the help of the townsfolk, Shultz had converted an abandoned garage that was on the salvage list. He's rightly proud of the place today. In particular, he enjoys showing visitors its hot water sterilizer, made from a restaurant-size coffee urn.

Does he ever regret having set up a practice in this tiny desert town?

"Only rarely," he says shaking his head. "Like, for instance, when my brother Bill drives through in a shiny new Cadillac. Or when my brother Ellwood [a Los Angeles industrial surgeon] asks me on a cruise around the coastal islands in his yacht. They always tell me: 'You owe yourself a vacation.'"

"Sometimes we do get away for a week-end, but when I'm tempted to stay longer, I remember that hysterectomy scheduled on Monday morning before office hours. Or I begin to worry about Mrs. Jones, hoping she hasn't gone into labor yet. Or about that 12-year-old whose right tonsil fossa was oozing slightly last time I saw her."

George Shultz smiles, and he looks almost sheepish as he says, "I dunno. Somehow I'm always a little glad to get back to Lone Pine." END

Distal View

• The professor of surgery at a large medical center had just completed a brilliant, hour-long operation. As usual, he'd had the copious aid of the house staff, including a new interne who, back among the third tier of assistants, had been permitted to hold the distal end of a long retractor.

"Well, my lad," the surgeon asked him, as the team rested in the dressing room, "did you learn anything this morning?"

"Yes, sir," the interne answered wearily. "I can now state with considerable assurance that the assistant resident has dandruff."

—MARVIN L. THOMPSON, M.D.

Convention Portraits



Sample Collector



Wife Trailer



State Booster



Office Seeker



Referral Promoter



Kudos Lover



Relaxation Finder



Hem Toucher

Souvenir Hunter



Honest-to-God
Knowledge Seeker



Your Prescription

As the Patient Sees It

Are you up on the fine art of Rx writing?

● What does the patient have when he leaves your office that he didn't have when he came?

Chances are that he feels, physically, about the same as before, that his hemorrhoids and hypertension are still with him. So you can't really blame him for thinking of the prescription you hand him as the one tangible result of his visit. Or for judging you to a considerable extent by that slip of paper—the way he sees you prepare it; what you tell him about it; and whether it seems likely to produce relief, expense, or mere nuisance.

I'm probably no better qualified than the next fellow to sound off on the common sins of prescription-writing—except that I may, perhaps, have been more guilty of them. But not long ago I decided to write down

my ideas on the subject, then to turn them over with a few colleagues. For what my gleanings are worth here they are:

How, to begin with, can a doctor prescribe accurately without benefit of medical texts? That's a problem all of us must face. The lawyer, lucky fellow, is allowed to pull down a legal tome from his shelves when a client asks him a poser. Not so the M.D. True, we may have some texts around—indeed, they're *de rigueur*. But to let a patient catch us looking at one—well, we might as well be apprehended splitting fees with an abortionist. Confronted with a

By David A. Henderson, M.D.

**The author, who writes here under a nom de plume, is an active practitioner in a small Virginia city.*

many different brands and dispensatory characteristics of the same drug that a quiz kid couldn't remember them all, we must still go on composing every prescription by rote.

Or must we? Many a doctor now gets around the problem this way:

He keeps some such drug directory as the Physicians' Desk Reference within easy reach. Then, as he leafs through its listings, he can tell the patient something like this: "You'll need sixty-three capsules for a week's supply. No use making you pay for more than you really need, so let's see what quantities they pack them in." Thus his glance at the directory is justified in terms of his desire to protect the patient's pocketbook. It doesn't imply that he needs a refresher course whenever the time comes to prescribe treatment.

Surplus Capsules

In these days of expensive medications, the need to avoid prescribing overlarge quantities is—or should be—obvious. Yet I suppose every doctor has had the experience of ordering 200 capsules of some costly drug, only to find that the patient has to discontinue them after a few days' treatment. There's no good answer when the patient asks: "What do I do with the 191 remaining capsules?"

Every patient, it seems to me, has a right to expect that his doctor, before specifying quantity, will balance (1) the possibility that the

patient will be buying tablets he'll never use, against (2) the advantages of getting a commodity in the "low-priced economy size." The medical man who prescribes an excessive amount of an expensive drug has only himself to blame if the patient does some medicine-chest browsing instead of calling on him the next time he's sick.

Getting Personal

A sure way of alienating patients is to let them think they're getting impersonal treatment. Take a prescription form used by some doctors, for example: the kind that has a medication or diet preprinted on it. Such blanks are admittedly time-savers; but psychologically they're bad medicine. Maybe you *do* use the same routine for all colds, and the same routine for all post-tonsillectomy cases. Still, the patient wants treatment for what he regards as his very own, highly individualized condition; and not for some "average" case.

Another way of making a patient think he's getting impersonal treatment is to neglect to write his name on the prescription blank. Especially in view of the legal hazard thus incurred, it's surprising how many doctors are careless about this simple detail. The druggist down the street told me recently that up to one-third of the prescriptions reaching him don't bear the patient's name.

The same druggist tells me that

many M.D.'s don't enter the patient's age in the space provided on the Rx blank. That's something I've learned to be pretty careful about, especially when I'm prescribing for a child. This precaution, of course, is designed mainly to put the pharmacist on notice in case, through some slip-up, I order an adult dose. But it also lets parents know that I've kept their child's age in mind in determining the dosage.

Write It Right

No matter how carefully an Rx is tailored to the individual, he still likes to be *sure* it's entirely accurate. I've learned to avoid some things that might make a patient doubt a prescription's accuracy. For example:

¶ Some prescriptions (particularly solutions) require a little arithmetic before the pen goes down on the Rx blank. How much medicine do you need in a four-ounce bottle if you want the patient to get two and one-half grains per teaspoonful? It's sound practice, I believe, to let the patient see you work out this little problem on scratch paper before you write the prescription.

¶ A doctor who makes a mistake while writing an Rx may be tempted to cross out the wrong word and write in the correction. But to the patient—who is probably watching the procedure with hawk eyes—such cross-outs may suggest carelessness. Naturally, it's best to get it right the first time. But if I make a slip any-

way, I discard the Rx blank entirely and start again on a new one.

¶ Although it may seem a trivial thing, the habit of rereading a prescription before handing it to the patient is well worth cultivating. It establishes the doctor as a cautious fellow who invariably checks and double-checks. This the patient appreciates.

For Your Records

Another confidence-inspiring procedure is to make a copy of the Rx and to place it with the patient's permanent record. My own custom is to write the prescription into the record first, then to copy it on the Rx blank I hand the patient. The record copy may come in handy months later, when the patient returns for more of "that green medicine" that fixed him up the last time. (I know other physicians who use carbon paper between a pair of sheets in the prescription pad. They then staple the carbon copy to the patient's record form.)

When I first started out in practice, I usually wrote "Sig.: Take as directed" on the Rx blank—relying on word-of-mouth instructions to supplement it. But I soon discovered how easy it is for patients to confuse "two drops every eight hours" with "eight drops every two hours." Now I save headaches for both the patient and myself by taking a few seconds to write out the directions on the prescription blank.

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medication he's getting? This poser has been batted around medical staff rooms for years. There are advantages, of course, in letting the patient know when you prescribe such things as vitamin B or penicillin: You find out if the patient has had the medication before, whether he's sensitive to it, or whether it has proved ineffective. This approach also flatters the patient, implying that he's sophisticated and intelligent enough to share in the planning of his treatment.

On the other hand, it may encourage shopping around for cheaper substitutes. And it may have the curious effect of making the patient feel let down. "Imagine!" he might say to himself. "That guy charged \$5 just to tell me I needed vitamins. A druggist would have told me that for nothing."

All in all, I'm inclined to think the turn-of-the-century doctor had something when he solemnly wrote an Rx for *pilulae hydrargyri chloridi mitis compositae*, instead of saying simply "compound cathartic pills."

Warn Your Patient

There's no question, though, that the patient ought to be told if the Rx will mean something unpleasant with respect to his taste, his symptoms, or his pocketbook. He should know in advance, for example, if the medication has an especially salty or gritty taste; such a warning will assure him he's got the right medicine when he starts taking it.

He also deserves some warning if the medication may cause odd side-effects—dizziness, for example, or green stools. And if the prescription will cost him a week's wages, better prepare him carefully for the shock. He'll probably appreciate some word along these lines: "This will be rather expensive, but I think it will get you back to work faster and thus save you money in the long run."

For Children Only

Every parent knows (but apparently some doctors don't) that children seldom take medication as directed. So before the parents leave my office, I generally offer a few words of advice to help them overcome such common obstacles as gagging, choking, and spitting. They really appreciate this advice—and, for my part, I'd a lot rather dole it out during office hours than over the phone at 3 A.M.

Although I try to answer most questions a patient asks about his prescription, there's one I won't answer: the request that I recommend a specific pharmacy where it can be filled. "Your neighborhood drug store is probably the best bet"—that's my stock rejoinder. I can't afford to let the patient think that any druggist pays me a commission for business sent to him. Oddly enough, the patient most likely to draw this conclusion may be the very one who insists that I make such a recommendation. END



The two birds in M.D. hands here are a traditional delicacy at all annual picnics: hickory-smoked, barbecued chicken. Last year, the druggists took their turn as hosts.

Doctors Dentists Druggists Have Ins at Yearly Outing

• In most places, doctors, dentists, and druggists meet dutifully, whenever necessary, to iron out differences. But in Indiana's southwestern corner, they take another tack. Twice a year the three "D's" go all out for fun, and fun alone. Result: their issues rarely come to a head.

By now as traditional as spring floods and hot Augusts, the annual Vanderburgh County outings began back in

- 1937 with an Ohio River steamboat excursion. The three groups voted for more—provided the joint parties "were held on something you couldn't fall off of."

Today, these "D"-Days are unbuttoned stag affairs on dry land. Indoors in winter, the druggists treat doctors and dentists to a dinner in Evansville. In summer, it's the kind of free-for-all sampled here by the camera.

A by-product of these social activities is a year-round "atmosphere of friendliness," say local professional society officers. A druggist, for instance, never finds himself behind the eight-ball over a telephoned narcotics prescription. In fact: "Most issues that ordinarily cause friction and ill-feeling never get to the problem stage."

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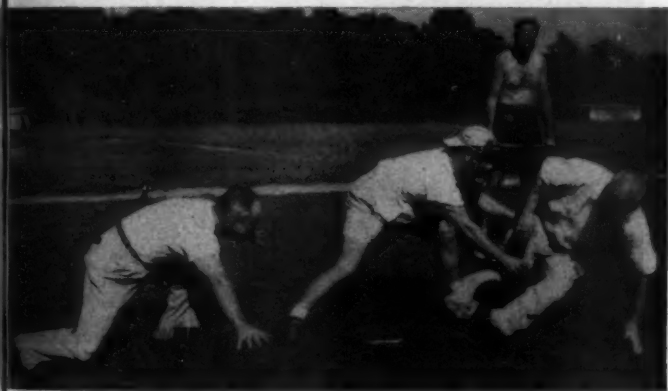
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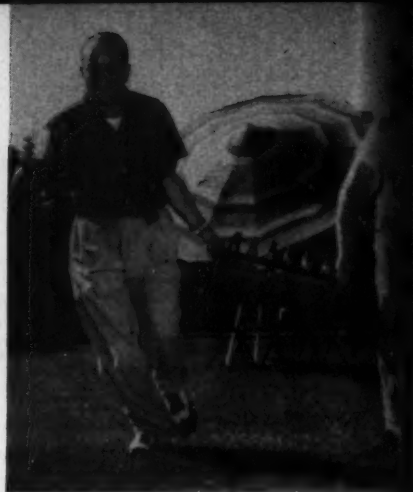
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For those who don't shoot the breeze in the shade there are clay pigeons to shoot in the sun. Annual sports highlight, though, is a three-way baseball tournament. Below, Druggist Syl Stratman, the umpire, calls Dr. Keith Meyer safe at home, as Druggist-Catcher Houch Houton fails to tag him.



Doctors, Dentists, And Druggists (Cont.)



Thirst aid on emergency footing is prescribed for overheated base-
rookies by two druggist-hosts. Last year's picnic took place on the year's
hottest day (102 in the shade), but the turnout reached a total of 75



Until a moment ago, Druggist Ed Rinderknecht and kibitzers had won-
dered why he was so cold at poker on so hot a day. Temporary losers:
Druggist Ted Long (left), Dr. C. R. Buikstra, and Dentist C. J. Hawkins.



Borrowed horse-race wheel is one way to foot picnic bill. When M.D.'s are hosts, they tap medical society treasury.



Dentist nine copped the baseball trophy from dethroned titleholders, the M.D.'s. Here Druggist Bob Leich awards his firm's cup to dentists' co-captains. Losing team's captain, Dr. Bill Denzer, looks on.

END

Fee Splitting: How to Combat It

It's an uphill battle, but some crusaders have won out

● In spite of all the efforts that are made to combat it, fee splitting is still prevalent. It may even have increased in recent years. Contemplating this discouraging fact, some doctors have concluded that fee splitting is inevitable and that you may as well relax and go along with it.

Remove the ethical and legal barriers to fee splitting, these men say. Make it open and honest. Then try to regulate the practice so nobody gets hurt.

This sounds suspiciously like surrender to evil. The rule, "If you can't beat 'em, join 'em," is perhaps an occasionally acceptable tactic in business and politics. It cannot, however, be tolerated in a profession when it involves the sacrifice of moral principle.

Most doctors who have thought

seriously about the problem acknowledge that a moral principle is at issue. The principle: It is right to consider the patient's welfare in deciding who shall do what in diagnosis and treatment; and it is wrong to consider anything else—such as who gets how much money. According to Dr. Malcolm T. MacEachern, former executive head of the American College of Surgeons and present professional relations director of the American Hospital Association, fee splitting "is not only a disregard of a most sacred confidence, but it is a breach of trust, as that expression is interpreted in modern business."

Apart from the question of right and wrong, it probably wouldn't do much good to legalize referral fees or commissions in medicine. No system of open referral fees would do away with secret "splits behind the split." Once the principle was sacrificed and the idea of medical commissions accepted, there could be little restraint on secret kickbacks.

****This is the third and last of a series of articles by Mr. Cunningham. The first—a discussion of the whats, whos, and whys of fee splitting—appeared in the April issue of MEDICAL ECONOMICS. The second, in May, dealt***

By Robert M. Cunningham Jr. with the ethical and legal implications. In future issues, this magazine will present additional articles on the problem, including a defense of fee splitting and a report on its relation to Blue Shield.

"Ethical fee splitting would not remove the incentive to split in secret," Dr. John W. Sherrick of Oakland, Calif., has pointed out. "Unscrupulous specialists would continue to gouge the public simply by adding the split to their charges." Surgical fees would go up, to cover this added "cost of doing business," and patients would take it on the chin as well as in the abdomen.

One City's Experience

Happily, there is evidence that surrender to evil is unnecessary. Fee splitting is *not* inevitable when it is attacked head-on by resolute medical men who are willing to act against fee splitters instead of just talking about them. One of the first demonstrations of this fact came from the Columbus Surgical Society in Columbus, Ohio.

Columbus was once known as a fee splitter's paradise. There, it was reported a few years ago, a general practitioner refused to see a patient who telephoned at night, referring him instead to the emergency room of a hospital. The resident on duty at the hospital called in a surgeon; and the general practitioner—who had done nothing but answer his telephone—demanded a split of the surgeon's fee! In Columbus, "commercial surgery" was a definitive term, as "orthopedics" and "gynecology" are elsewhere.

Six years ago all that was changed. After months of study, a small band of surgeons who were fed up with

fee splitting organized the Columbus Surgical Society. This organization appeared to follow the standard pattern of scientific and educational societies, but it was actually different in one vital detail:

Members had to sign a pledge not to split fees, and they also had to agree to submit their books, including income tax returns, to annual inspections made by a firm of certified public accountants hired by the society. In addition, the organizers got voluntary hospitals to agree that society membership was desirable for surgical staff appointments.

How did the founders get split-happy surgeons to join a society that soon came to be known, contemptuously, as the "Purity League"?

Actually, it was a slow process at first, according to the organizers. One at a time, they started button-holing their surgical colleagues and persuading them that drastic action had to be taken. Soon the original four became six, then eight, then ten.

After that, the joining picked up speed, like a political bandwagon. Eventually, 95 per cent of the city's surgeons were Purity Leaguers.

The Plan Worked

In a letter to a medical friend in another city, a Columbus Surgical Society member who has been active in the program explained, not long ago, how the plan was working out:

"The auditor has the right to seek

evidence of the division of fees at any place in the member's account," he wrote. "He has complete access to the books, account cards, income tax returns, bank accounts, and any other data which he chooses to investigate. We have an auditing committee, made up of members of the society, which assists the auditing firm in making the audits. If there is a question of the division of fees, it becomes apparent sooner or later how this is being accomplished. This is of considerable help to the auditor."

The purpose of this inspection is to obtain evidence of the division of fees, the Columbus surgeon explained, so that splitters may be prosecuted under Ohio's anti-fee-splitting

law. Actually, legal prosecution hasn't been necessary. Here's why:

"We have succeeded in gaining the cooperation of hospitals to the extent that they encourage membership in the Columbus Surgical Society as a basic requirement for surgical staff membership. All the hospitals in Columbus, except one, have agreed to this provision, and we hope to gain their cooperation within a reasonable time. In order to practice surgery in Columbus a man must be a member of the Columbus Surgical Society."

Even with all these arrows to its bow, however, the society had some trouble at first. A few members, it developed, were keeping two sets of books—one for the society auditor,



"Hmmm . . . sounds like a vitamin pill deficiency."

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Countering this maneuver, the society invited the collector into the act with a resolution to the effect that the division of fees was not a business necessity and for that reason should not be considered a just deduction for income tax purposes. The society urged the collector to deny all such deductions and offered to give testimony against splitters who claimed them.

That's when the roof fell in on the remaining fee splitters in Columbus. "In the first two years three men were found to be using the double book method and declaring the division of fees as a deduction for tax purposes," the Columbus surgeon related in his letter. "Two of these men paid small assessments—approximately \$10,000 to \$15,000. The third man, however, had a tremendous surgical practice. He received a severe investigation, with a charge of fraud. The Bureau of Internal Revenue liquidated his assets and ended up with an uncollected assessment of approximately \$150,000 against him."

Any Loopholes?

Told about the Columbus plan, doctors elsewhere are likely to scoff and point immediately at what seems to be a gaping loophole: What's to prevent members from collecting their fees in cash, without keeping any records, and splitting as they please—that is, if they're willing

to risk tax penalties for concealing income?

Of course, nobody can say with certainty that this never happens; but Columbus surgeons are convinced there isn't much of it done today. The reason is that hospital operating schedules are open for inspection by the society's auditors. By counting the operations performed by any suspect surgeon and checking these against the bills he has issued, the auditor can quickly pinpoint questionable cases. If the surgeon won't talk about these, the chances are good that the patients will; most of us love to talk about our operations—*without* being asked.

Actually, two men were picked up for falsifying income statements early in the operation of the Columbus plan. One of the men was heavily fined, and the other died of coronary thrombosis during the investigation. Since that time, Columbus doctors feel certain, not many of their colleagues have risked getting caught with unreported income.

Experience at Columbus has led some authorities to believe that the Bureau of Internal Revenue is one agency that can succeed, where all others have failed, in eliminating fee splitting. At today's high tax rates, these authorities point out, no surgeon can afford to pay the tax on his full income and at the same time pay referral commissions, without deducting the latter as "ordinary and necessary business expense."

But, though collectors in Colum-

bus and elsewhere have disallowed splits as being against public interest, it is by no means certain yet that this represents nationwide bureau policy. In a recent case involving tax deductions claimed by an optical company for kickbacks paid to referring physicians in 1943 and 1944, the U.S. Supreme Court ruled that the kickbacks *were* ordinary and necessary expense, because at that time "there were no declared public policies proscribing the payments which were made . . . to the doctors."

By this logic, presumably, deductions for splits might be disallowed today only in the twenty-three states having laws against fee splitting. Doctors in the remaining states thus could continue to split and split, and deduct and deduct, without interference from the tax collector.

When Hospitals Help

They might get into other difficulties, though. On rare occasions, staff members of the American College of Surgeons have found an unexpected ally in hospital boards willing to take a strong stand against fee splitting.

After many years of combating fee splitting by pledge, exhortation, and reliance on the belief of Euripides that "Time unmasks the villain soon or late," the college recently has been taking a more and more active part in the institution of specific corrective measures. These have even included calling hospital staffs

and trustees together in frank, get-it-out-in-the-open-and-face-it sessions. And from such meetings have come anti-fee-splitting agreements with teeth.

The teeth are provided by hospital trustees who will withdraw staff privileges from doctors who split fees. Whether such agreements can prove effective without the added feature of an audit to detect fee splitting, however, is doubtful. In some cases, the college has been successful in getting provision of an audit included in the agreements. Those teeth can bite.

Sometimes they bite back. A few months ago, doctors on the staff of St. Joseph's Hospital at Bloomington, Ill., refused to approve changes in the staff by-laws, including a no-fee-splitting pledge and new regulations for the control of surgical privileges. The changes had been recommended after an inspection by the American College of Surgeons revealed evidence of fee splitting at St. Joseph's and another Bloomington hospital.

The fee-splitting section of the new by-laws included provisions under which each doctor would annually have to submit an accountant's or lawyer's sworn statement that his books showed no evidence of fee splitting. If such statements were not satisfactory, the by-laws provided that the hospital could inspect the doctor's books.

It was this last provision that dis-

[CONTINUED ON PAGE 173]



Of his hundred-odd civic activities, Dr. Schwartz is most enthusiastic about those involving kids. Here he examines boys for free summer camp.

Bachelor From the Bronx

George Schwartz hasn't time to get married. He's too busy providing the civic leadership many M.D.'s are too busy to provide

• People who know 48-year-old George Schwartz take his bachelorhood for granted. It's hard enough to picture any physician engaged in such an astonishing assortment of community activities. Nobody can quite believe that, in addition, he could manage a wife and family.

Dr. Schwartz agrees. He has pursued his energetic way free of feminine distractions ever since he quit

being president of the Bronx (N.Y.) Camp Fire Girls. "I *had* to give up the girls," he says. "I was also scoutmaster of Troop 221, Bronx Boy Scouts. Some of my boys regarded the Camp Fire business as treason."

That was in the early Thirties, when Schwartz was committed to only a half-dozen projects aimed at

By Don Cameron

improving life in the Bronx. Today, his civic commitments have multiplied. As a result, he sees his married sister, whose home he shares, only about once or twice a week. This total immersion in community affairs has reduced him, by his own reckoning, to one of the world's worst matrimonial risks.

He finds his romance, apparently, in working with people in the aggregate. Through his leadership in a score of local activities, a big percentage of the 1.5 million residents of the Bronx are healthier and safer. And from his mid-Manhattan office, where he has a lively private practice, he helps run a variety of other civic projects, some of them national in scope.

A physician once defined the Schwartz Theory of Infinite Expansion of Medical Men's Capacity for Community Service. Wittily but with complete seriousness, he put it thus: "The more items in a doctor's work schedule, the more interstices for wedging in extra activities, which will create additional interstices for additional activities, and so on, ad infinitum."

Let George Do It

Actually, Schwartz is well aware of how little time and effort the average doctor can spare for causes off his professional beat. Yet somebody has to do it, he believes: "Doctors have left civic service too much to others. There's no corner of life where their special knowledge and

experience can't be important to the community—and hence to themselves."

George Schwartz is the perfect example of this philosophy in action. He has long since lost count of the civic projects in which he has taken a leading part; but last summer his American Legion post, plugging him in an election, listed twenty-two. Without racking his brain, Schwartz can, on request, rattle off as many again, including a new appointment to the Legion's ten-man National Rehabilitation Medical Advisory Board, and the vice presidency of the Bronx Chamber of Commerce.

With some digging, the civic items on this doctor's dossier can be boosted well above the hundred mark.

Bachelor's Children

For a confirmed bachelor, George Schwartz has an extraordinary partiality toward youngsters. One of his great enthusiasms, for example, is the Police Athletic League. As its medical director, he has a hand in the physical welfare of some 100,000 New York City boys and girls between the ages of 7 and 21.

And every summer, sitting hour after hour in the old Bronx Borough Hall, he radiates a genial glow as he thumps and quizzes shirtless kids bound for Boy Scout and veteran-sponsored camps. With equal warmth, he directs a thirteen-week summer safety campaign, again

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aimed mostly at kids. He runs this campaign in his capacity as surgeon general of the New York Life Saving Service, a semi-official volunteer organization that maintains rescue stations at public beaches and park swimming places.

His work with youngsters may even involve matchmaking. This bit of intelligence, from an independent source, concerns a teen-age romance discreetly steered by Schwartz to the marriage altar. "Cupid had already done his share," said this informant. "The girl was pregnant. Neither she nor the boy were really bad—just scared of the responsibility and more so of their families. George and the others ironed things out, and when the kids took the vows I believe they really meant it."

Racing the Clock

A glance at any day in Schwartz's life does little to dispel the awe his schedule inspires. Take a recent Thursday. Schwartz started it by going to bed at 1:30 A.M. after driving 180 miles to and from Monticello, N.Y., to address the Sullivan County Medical Society on the value of community programs.

Usually he's up at 6, but this morning it was earlier. Following his uptown hospital rounds, he had to be downtown at 10. As public relations chairman of the coordinating council of New York City's five county medical societies, he wanted words with the traffic commissioner. Subject: Reasonable consideration

for physicians making professional calls when they found it impossible to comply with parking regulations.

That meant an hour's setback in his regular 10-to-1 sessions with private patients. He had to hustle to make a 2:30 meeting at the offices of the Medical Society of the State of New York. The subject was the same, and at 3:45 Schwartz went into it further with the police commissioner at headquarters in Center Street.

It was a single-theme day, but the swift pace was typical. Leaving Police Headquarters at 5, Schwartz looked forward to dinner and a quiet evening dictating letters and reports to a recording machine in his office. "Luckily, this isn't one of the nights I'm slated for a talk," he remarked. "I'd like to knock off around 10:30 and get to bed early for a change."

Not that he doesn't enjoy his three or four evening talks a week—to M.D.'s on public relations; to civic clubs on community topics; to parents on health; and to any group that will listen (including hostile left-wing contingents) on the subject of socialized medicine.

Lesson for Leftists

Some time ago, he unleashed his all-out attack on the Ewing Plan before a section of the Communist-sponsored International Workers Order. "I gave them both barrels and tried not to look as jittery as I felt," he recalls, smiling rather grimly. "I was surprised at not being

howled down; and I was virtually bowled over when one of the I.W.O. leaders later said I'd half-convinced him. He still wanted socialized medicine, but not Oscar Ewing's brand."

This sort of thing has made George Schwartz a phenomenon even to his colleagues. Says one:

"When a man deliberately scales down a big practice to give himself more time to work harder for others, he isn't fooling. Schwartz has done that. Our society's program is successful because everybody pitches in. But without Schwartz's example, you can imagine how different it might be."

Other local leaders put it even more strongly. "He's the old-fashioned family doctor modernized and atom-powered," says Walter J. Holmes, executive vice president of the Chamber of Commerce. "And his family includes everybody in the Bronx."

"When I call him one of the most successful men I know," adds William A. Stumpp, borough Boy Scout executive, "I'm not talking about the popular notion of financial or social success. Most people look forward to being able to loaf. George's success has set him free to work harder than ever. He's repaying society with interest for every break it ever gave him—and he's having the time of his life doing it."

The Bronx was a staid community of a mere quarter-million when George Schwartz's family brought him over, at the age of 2, from Ber-

lin. He made his first mark with the Boy Scouts, moving from tenderfoot to Eagle Scout in the shortest possible time. He stuck with the Scouts through high school and New York University, later becoming a special doctor for the Bronx County summer camps up the Hudson.

Local medical men did not at first share Schwartz's enthusiasm for community activity. Their conservatism demanded that a physician perform his good works so unobtrusively that they were barely noticeable. "To the public of that era," explains Schwartz, "the doctor's presence invariably meant some sort of catastrophe."

So he worked as unobtrusively as he could with the Scouts, with the Lions Club cancer clinic, and with the Chamber of Commerce. Then, twenty years ago this Fourth of July, a tragic burst of fireworks brought him out into the open.

Schwartz was at the Boy Scout camp when a boy from near-by was brought in. The youngster had lighted a firecracker, then looked to see why it hadn't exploded. Both his eyes were gone.

It was Schwartz's first bad accident case, and it shook him hard. It shook others, too, by the hundreds and thousands, before he let them forget it. He didn't rest until he had organized the Bronx solidly for battle. Schwartz spoke for all of them before the State Legislature.

Strong lobbies opposed a bill that

[MORE ON PAGE 167]

Et Al and the Case Report

By Theodore Kamholz, M.D.

• The urge to contribute to medical literature is motivated by more than a desire to wear the professorial stole. It's as inexplicably compelling as the suicidal drive of lemmings to the sea. If the bug has really bitten you, you don't stop scribbling until, with parkinsonian hands, you caress your volume of Collected Writings.

But in order to collect your writings, you must have something to write about. And even the most gifted clinician can't discover penicillin and unearth a new disease and find the cure for coryza and perfect a new operation and so on—for article after article.

Old hand and neophyte alike must pad. Padding comes in all sizes and shapes. In medical literature, its most familiar shape—do you recognize it?—is the case report.

By definition, a case report is proof of the precept that anything



can happen and eventually does. Coincidentally, it's apt to feature the first patient you meet in the hospital after the literary fever hits you.

Having selected your case—trichinosis, let's say, in a 24-year-old white male—you must next pick your co-authors. Note the plural. Of course, it is you (singular) who will write, type, and proofread the article. But for publication purposes, the chief of service, who has never seen the case, gets top billing in the by-line.

Next comes the attending physician, who made rounds once and almost saw the case. Then the associate, who *did* see the case and contributed several grunts.

Low man on the totem pole is, of course, you—properly thankful not to be included merely as “et al” (along with “ibid” and “anon,” perhaps the largest authorship fraternity in the world).

Leading off the article is your introductory review of the literature. If you are saving yourself for a solo article later, you state that a search of the literature “of the past ten years has neglected trichinosis in 24-year-old white males, though incidence of the disease in such patients is not as uncommon as the meager attention it has received would lead one to believe.”

Your chief, who has gone through the same initiation, may suggest that you sweeten this up a bit. If so, you extend yourself, thus: “A search of

the literature of the past twenty years . . .”

The question of what references you've used is a touchy one. It is not quite cricket to lift someone else's bibliography intact. Besides, you don't know where *he* got it; and you certainly don't want to fall victim to the reader who insists upon checking all references and who may then write the editor to point out that an article you've cited (presumably on trichinosis) deals actually with impotence in bald-headed men. Although a nuisance, then, it is probably best to include only those references you've validated yourself.

You've reached the peak of successful writing when your bibliography is longer than your article. This gives your work an impressive mathematical flavor: “Trichinosis” 23, 4, 97 has been said 81, 36, 27 on several occasions 5, 32, 74 to be disease 108, 69, 13 characterized by fever, 77, 10, 15 pain 11, 43, 91 and cetera 16, 96, 103, 111.”

As for the case itself, you describe it in a series of rigid clichés following a procedure not unlike filling out a life insurance form. For example: “This was the *n*th admission of an *x*-year-old white male who was admitted to the Blank Hospital complaining of fever and migratory joint pains.”

You go on in this vein until, at due course, “he was discharged on the *n*th day after admission, completely relieved of his symptoms.”

It is wise not to depart from this classic form, unless you want to wind up in the Reader's Digest and out of your local society.

It is likewise *de rigueur* to make the patient seem as controlled as a test tube in the laboratory. You say nothing about your discovery, following a sugar tolerance test one day, that the patient had eaten breakfast beforehand. Nor do you mention the BMR that was done while the patient in the next bed delivered precipitously. Nor the sputum report that came back marked "No free acid."

In a report case, then, there are no Sunday visitors, no temperamental orderlies, no misplaced specimens, no recalcitrant patients. This requires a kind of vigorous selectivity; you must omit every detail that even smacks faintly of the human touch.

Your laboratory reports, on the other hand, must omit *nothing*. They must include every test that was performed, whether it had anything to do with the case or not. For one thing, you may as well get credit for your thoroughness. For another, someone is always ready to pounce on that lone missing test as the really important one. You're damned if you didn't perform an opsonic index; and you're damned if you did—but more faintly.

The muttered oaths directed your way from the laboratory itself are something else again. They're a tribulation to be borne during the

clinical rather than the literary work-up of the case.

The next major division in the article comes under the heading of *Discussion*. Here you may—indeed, must—divulge your motive for writing the report. The medical profession does not appreciate the disease, you say. Doctors are not aware of its incidence, morbidity, mortality, curability, pathology, and so on. It has therefore occurred to you that here is a fine illustrative case to enlighten all and sundry. So runs the *stated* motive. Quite coincidental is the fact that you're going to get your name into print.

Next comes your *Summary*, a matter of delicate balance and verbal cunning. If you tell too much, the reader's interest will pall. If you tell too little, he won't be enticed either. You must show the import of your case—but tantalizingly. If in doubt, have this part of the article edited by the Coming Attractions writer at your local theatre.

Finally—the title. If you're a junior assistant, you may appropriately



in routine penicillin therapy



COMPENAMINE

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for day-in and day-out use

Whenever a repository type of penicillin is indicated, Compensamine merits routine use. Clinically, it proves as effective as procaine penicillin, producing essentially the same plasma penicillin levels, but these levels appear to be more prolonged. In addition, Compensamine shows a notably low rate of reactions. In clinical investigations to date it has been shown to lead to reactions in a negligible percentage of all patients treated.

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In a special study comprising only patients who had shown undesirable reactions to other forms of penicillin, the majority of patients tolerated Compensamine well, without such side reactions. In the remainder of these penicillin-sensitive patients in whom reactions to Compensamine did occur, these reactions were comparatively mild and of relatively short duration.

Compensamine is available in three dosage forms: Compensamine (dry powder for aqueous suspension), Compensamine Aqueous (ready for injection), and Compensamine in Oil, the latter two in vial and cartridge forms.

1. Longacre, A. B.: P-92 Penicillin; Report of a Very Low Reaction Rate in Therapy with a New Penicillin Salt, *Antibiotics & Chemotherapy* 1:223 (July) 1951.
2. Kadison, E. R.; Ishihara, S. J., and Waters, T.: A New Form of Penicillin with Anti-Allergic Properties, *Am. Pract. & Digest Treat.* 2:411 (May) 1951.

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head your report "Trichinosis in a 24-Year-Old Male." If you're an assistant with some standing, you rate a more comprehensive title—say, "Fundoscopic Findings in Thirteen Consecutive Cases of Trichinosis."

The associate physician can take the liberty of writing about "The Psychodynamic Aspects of Trichinosis." The title of the attending's article is "Trichinosis: Its Cause and Cure." The chief of service simply asks, "Whither Trichinosis?"

Once your seniors have given the nod, the article should be mailed immediately to a medical journal. If postmarked later than midnight, it may fail to establish your priority. In fact, if you put it off for even as much as the wink of an eye, the same article may appear under a different title and a different authorship. This will not happen because of plagiarism but merely because genius these days is such a common thing.

END



Guest Card is better news than flowers for patients at Medical College of Virginia Hospital in Richmond. It means that a friend has contributed \$5 or more toward their hospital expenses. The signed card doesn't name amounts, but merely says, "You are my guest for part of your hospital visit, with sincere wishes for your early recovery." Here a patient gets notice of this dollars-and-cents bouquet from the hospital's receptionist, Mrs. Mildred Richardson.



Corrugated-glass partition permits light flow, can be employed to separate secretary's work space and entrance doorway from patients' waiting room

Movable steel wall partition with door unit harmonizes with the modern furniture in this consultation room. Acoustic ceiling absorbs sound and lessens danger of its transmission through the relatively thin partition



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Movable Walls for Your Office?

*They can add flexibility and beauty in places,
but they also have some disadvantages*

Movable partitions are one answer to a big problem in building physicians' offices. The problem: how to build now so that later on the office plan can be easily rearranged to accommodate an expanding practice, an assistant or partner, new equipment, or new facilities.

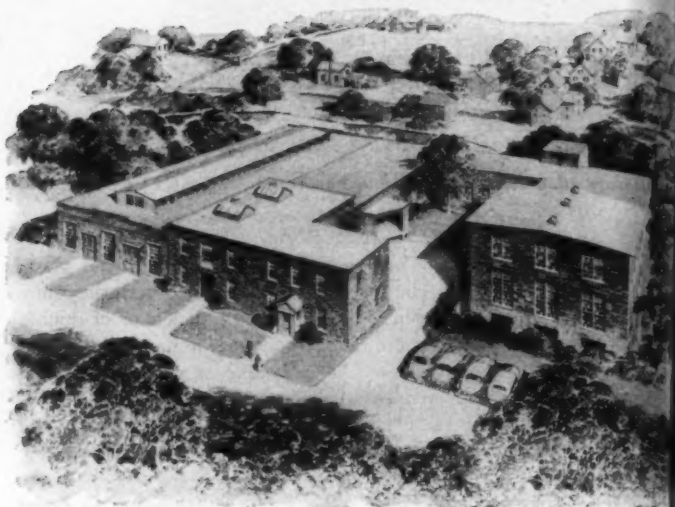
What are movable partitions? Essentially they are prefabricated walls

and door units. Built of metal, glass, asbestos, fabric, or wood, they may be thin, single panels or of double construction up to four inches thick. As half-walls or as floor-to-ceiling paneled sections, they can be dismantled and re-erected quickly and economically. [MORE→]

By James C. Fuller



A steel-and-glass partition near the entrance of this reception room provides a much needed nook for the physician's secretary. Matching walls in this instance take the form of steel, double-panel, movable partitions.



THE broadening horizons of medicine make new demands on makers of diagnostic instruments. Not only are far more instruments of conventional types required, but there is an intense demand for design improvement and for the development of entirely new instruments.

To meet both these requirements, Welch Allyn has moved into the completely new home shown here, which has been planned for efficient production and elaborately equipped for research and experimental work. It is in Skaneateles Falls, N. Y., a small community 8 miles from our former home in Auburn, and gives us 4 times the floor space on a site of 30 acres. We occupy it proudly, just 36 years from the time when the first Welch Allyn diagnostic instrument was produced in a tiny one-room "factory."

In all these years, as it is today, our first concern has been to help doctors achieve accurate diagnosis through instrument quality and dependability.



WELCH ALLYN, Inc. Skaneateles Falls, N. Y.

Telephone Skaneateles, N. Y. 882

Cable WACO

In what situations will movable walls work out best for doctors' offices? Remember that they are designed for flexibility. Hence, as one architect says, "They are worthwhile in direct proportion to the number of changes expected in the doctor's office."

In multiple medical offices—for example, in professional buildings and clinics—frequent and extensive changes in room arrangements may be called for. Suppose, for instance, an internist moves out of a suite and an EENT man moves in. His totally different office needs can be met quickly and cheaply by shifting the movable partitions.

One large manufacturer reports that its prefabricated walls have been installed in over 200 hospitals and medical centers. When remodeling time comes around in these institutions, once complicated jobs now seem easy. For example:

¶ Even major changes can be made in a few hours or over a weekend, often with no disturbance to anyone.

¶ Alterations don't create the dust, mess, and confusion involved in tearing down and rebuilding plaster walls.

¶ The cost of alteration is relatively low, since the salvage value of movable walls is nearly 100 per cent. And additional wall sections can be ordered as needed.

The double-panel movable partitions that carry electric wiring have another advantage, too. Electric out-

lets often must be added or changed in laboratory or equipment rooms. With sectional partitions, these changes can be made easily by taking down a wall section, rewiring, and replacing it. This saves breaking into a permanent wall.

In addition, most prefabricated walls are washable. They can easily be kept clean and hygienic.

Thus, where great flexibility in office arrangement is important, movable partitions are generally a fine thing. With them, moreover, you can make changes that you might postpone indefinitely with permanent construction. You can enlarge your treatment room or add an X-ray room by cutting down needless space elsewhere, perhaps in your consultation or reception rooms. The trick is simply to move the walls an appropriate distance (assuming that window locations permit).

On the other hand, for individual, one-man offices, architects who know medical-office design are less likely to recommend movable walls in preference to permanent construction. One argument involves money:

The initial cost of movable walls is higher than that of regular construction, sometimes considerably higher. Therefore, for infrequent minor changes, or for that once-in-a-doctor's-career remodeling job, prefabricated walls ordinarily won't pay off as an investment.

Also, because they are designed mainly for ease in remodeling inter-

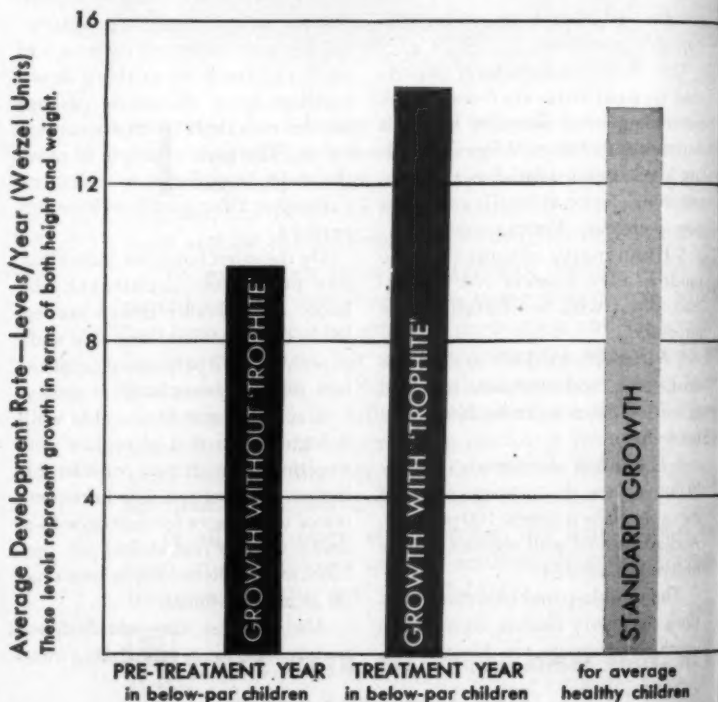
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Trophite

When given

Trophite

Trophite

Trophite

trials, vitamin

actual development

Formula

Each 5 cc

Vitamin

treatment

Dosage

One teaspoon

Smith, Kline

Trademark

*
crea
petite and growth

been



'Trophite' increases appetite

When growing children lose appetite because of B_{12} or B_1 deficiency, 'Trophite' increases appetite by insuring adequate intake of both these factors.

'Trophite' is delicious

'Trophite' is not merely palatable; *it is delicious*. During the clinical trials, virtually every one of the hundreds of child patients expressed actual delight in taking 'Trophite'.

Formula

Each 5 cc. teaspoonful of 'Trophite' supplies Vitamin B_{12} , 25 mcg.; and Vitamin B_1 , 10 mg. Available in 4 fl. oz. bottles—enough for 24 days' treatment at the recommended dosage.

Dosage

One teaspoonful daily—or as directed by the physician.

Smith, Kline & French Laboratories, Philadelphia

*Trademark

iors, many movable partitions have technical shortcomings when considered simply as walls for the average doctor's office. Here are some precautions to discuss with your architect before you decide to put them in:

Soundproofing. Voices and noises, transmitted from room to room, can be a troublesome problem in a doctor's office. And according to architects, the sound-resistant quality of most movable partitions is often unsatisfactory. Hence, for consulting and treatment rooms you may want the thicker (more expensive) models. Or, in view of the expense, it may be wiser to settle for permanent walls.

Wiring and plumbing. Changing plumbing or electric outlets may present some problems when you rearrange your technical rooms. Movable partitions won't necessarily

solve these puzzles unless you have the right kind. True, many of the more substantial (double) types of partition will take electric wires. But few will take plumbing pipes.

By keeping plumbing in the outside or permanent walls, or available through risers in the floor, you may be able to forestall such troubles. But they must be anticipated before building—with your architect's help.

Floors. To take full advantage of movable walls, two other points must be remembered when building: (a) These partitions support no structural weight; and (b) they rest on the floor, not in it.

So, if possible, your office should be laid out in a loft-type area—that is, four structural walls around a large, open space that can be divided into separate rooms by movable partitions. To avoid floor repair work in remodeling, the floor should

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RIASOL contains saponaceous mercury, that is chemically combined with soaps, in a carrier that penetrates the superficial layers of the epidermis. Hence the therapeutic agent reaches the deep epidermal layers where the lesions are located.

Deeper action explains the remarkable results obtained with RIASOL: namely, complete disappearance or great improvement in the skin lesions in 76% of all cases treated in a controlled clinical group.

RIASOL contains 0.45% mercury chemically combined with soaps, 0.5% phenol and 0.75% cresol in a washable, non-staining, odorless vehicle.

Apply daily after a mild soap bath and thorough drying. A thin invisible, economical film suffices. No bandages required. After one week, adjust to patient's progress.

Ethically promoted RIASOL is supplied in 4 and 8 fld. oz. bottles at pharmacies or direct.

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TURASED provides rapid and prolonged reduction of blood pressure with lower serum levels of thiocyanate—thus increasing the margin of safety. Comparative clinical study¹ with TURASED has revealed "the infrequency of toxic or sensitivity reactions." In no case did capillary fragility become abnormal while the patient was receiving this preparation.

The potentiated, safer thiocyanate therapy made possible with TURASED is based upon the synergism offered by this original combination of ingredients.

1. Personnet, A. E., et al.: J. M. Soc. New Jersey 47: 504, 1950.

Per tablet:

Pentobarbital Sodium $\frac{1}{4}$ gr. (16.2 mg.)
(Warning: may be habit-forming)
Potassium Thiocyanate. $\frac{1}{4}$ gr. (48.7 mg.)
Sodium Nitrite. $\frac{1}{4}$ gr. (32.5 mg.)
Rutin. 10 mg.

SUPPLIED: Bottles of 100 and 500
coated (yellow) tablets.



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E. L. PATCH COMPANY
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be finished over the whole office area so that it runs under the partitions.

Even if you decide that movable partitions aren't feasible as a full-scale installation for your new office, you may find them handy solutions for minor problems. Often they're worth considering, for example, in these cases:

1. You need a small dressing room in the corner of your treatment room. To enclose it, an accordion-type, fabric partition may be what you're looking for. It can be mounted as a ceiling-high partition, for instance, in a semicircle around the dressing space.

2. Your secretary wants an enclosed office in or just off the reception room. For this enclosure, glass

or part-glass movable partitions may do the trick.

3. Your outside entry or lobby opens directly into one end of the reception room and you'd like to fence it off. One of the translucent, corrugated glass partitions may accomplish this.

In spot situations like these, the aesthetic value often offsets the added expense. Moreover, sound proofing and plumbing problems aren't likely to be deciding factors.

In general, whenever you consider movable partitions, it's advisable to go into the subject carefully with an architect. Flexibility is an important consideration, but it has to be weighed against other needs that may be peculiar to your office set-up.

END

© MEDICAL ECONOMICS



"Hmm—Your mother makes you wash *your* hands too, huh?"

How to Get Known as a Dollar Chaser

*Some things people say
about certain M.D.'s
and why they say them*

● Man is the talking animal, and one of his favorite indoor sports is making gaseous generalizations—a lot of them directed at doctors. For instance, a bad experience with the rare physician who *does* put money ahead of medicine can lead to unqualified condemnations of the whole profession—like these voiced by two Decatur, Ill., citizens:

"They're just a bunch of grafters."

"Money is all they're interested in."

Seldom, of course, does the complaint take this rabid form. But A.M.A. interviewers who sounded out lay attitudes toward medicine among a cross-section of 300 families in Decatur, discovered that a lot of people are acutely conscious of the few money-grubbing M.D.'s. For example:

"There's need to instill in certain doctors a few ideals" . . . "If socialized medicine comes, the fault will lie in the doctors' own commercialism."

What do medical men do that gets some of them known as "dollar-

chasers"? Here, based on the ad lib criticisms of Decatur people, are several easy ways to give the profession this reputation:

Overcharge or fail to explain your charges. True, only 12 per cent of those questioned thought office and house call fees were too high in Decatur. Yet about three out of ten with opinions (and no doubt experience) considered surgical fees too high. A number of them said so in strong language: "Doctors won't unsheath a knife for less than \$150" . . . "They usually add 30 per cent to what you expected" . . . "Poor people can't afford to have operations any more."

Is \$150 too high for a tonsillectomy? Two people who had been charged that much felt they were rightfully indignant. Another told interviewers of a doctor who charged \$75 "for setting a boy's cleanly broken arm—without X-rays." It was, he thought, "too much for twenty minutes' work."

Were there explanations for these charges? If so, the patients evidently hadn't heard them from the doctors.

Give the patient as little of your time as possible. Assembly-line procedures sometimes leave a patient

By James Fuller

Three years
study have
the efficacy

Neuroder
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Allergic
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With summer coming on

HISTAR
TRADE MARK

Assumes Increasing Usefulness For You

Three years of clinical study have established the efficacy of Histar in

Neurodermatitis
Urticaria
Papular Urticaria
Allergic Rashes
Allergic Eczematous Dermatitis
Atopic Dermatitis
Dermatitis Venenata
Psoriasis with Allergic Component
Idiopathic and Secondary Pruritus Ani, Vulvae, and Scroti



On prescription, through all pharmacies, in 2 oz. jars. For dispensing, in 1 lb. jars through supply houses.

● Hot weather increases incidence of allergic skin reactions and dermatoses with allergic components.

● Histar, presenting pyrilamine maleate, Merck, (2%) and a unique tar extract (5%) in a hydrophilic base, in the majority of patients produces rapid relief.

● The tormenting itching and burning stops quickly due to the histamine-neutralizing and anesthetic action of pyrilamine maleate.

● Potent decongestant and anti-inflammatory action of the tar component improves lymph circulation in the affected tissues, lessens edema, initiates resolution.

● Greaseless and clean in application, and virtually reaction-free, Histar should be gently massaged into affected areas three or more times daily.

THE TARBONIS COMPANY

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You may send me literature and sample of Histar.

M.D.

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ME

WHEN FOOD INTAKE *is inadequate*

When the patient's food intake is inadequate to supply essential nutrients in proper amounts, clinical experience has demonstrated the supportive value of a dietary supplement providing substantial quantities of virtually all needed nutrients—protein, vitamins, minerals, carbohydrate, and fat. The choice of the supplement prescribed, to a large extent, can determine the efficacy of the supplemented diet, since over-all nutrient adequacy is the primary aim.

It is apparent from the data shown below that Ovaltine in milk can serve well in markedly increasing the intake of virtually all known nutrients. Taken daily during periods of inadequate consumption of other foods, it offers an excellent means for preventing subclinical nutritional deficiencies which can undermine general health or retard recovery from illness.

The appealing flavor of Ovaltine makes it acceptable to children as well as adults, including the aged. Ovaltine in milk is easily digested, an important feature when digestive disturbances are a factor.

Patients have the choice of either Plain or Chocolate Flavored Ovaltine, both of which are similar in their wealth of nutrients.

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Ovaltine

Three Servings of Ovaltine in Milk Recommended for
Daily Use Provide the Following Amounts of Nutrients

(Each serving made of ½ oz. of Ovaltine and 8 fl. oz. of whole milk)

MINERALS		VITAMINS	
*CALCIUM	1.12 Gm.	*ASCORBIC ACID	37 mg.
CHLORINE	960 mg.	BIOTIN	0.03 mg.
COBALT	0.006 mg.	CHOLINE	260 mg.
*COPPER	0.7 mg.	FOLIC ACID	0.05 mg.
FLUORINE	3.0 mg.	*NIACIN	6.7 mg.
*IODINE	0.7 mg.	PANTOTHENIC ACID	3.0 mg.
IRON	12 mg.	PYRIDOXINE	0.6 mg.
MAGNESIUM	120 mg.	*RIBOFLAVIN	2.0 mg.
MANGANESE	0.4 mg.	*THIAMINE	1.2 mg.
*PHOSPHORUS	940 mg.	*VITAMIN A	3200 I.U.
POTASSIUM	1300 mg.	VITAMIN B ₆	0.065 mg.
SODIUM	560 mg.	VITAMIN D	420 I.U.
ZINC	2.6 mg.		

*PROTEIN (biologically complete)..... 32 Gm.

*CARBOHYDRATE..... 65 Gm.

*FAT..... 30 Gm.

*Nutrients for which daily dietary allowances are recommended by the National Research Council.

wondering if he's received his money's worth. Said one: "You get two minutes' attention for four bucks."

Delegate too much work to office assistants. If delegating routine medical chores isn't done right, or if it's done to excess, it doesn't go down well with patients. In Decatur, one man complained that "office girls do 90 per cent of the doctor's work." When he got a bill ("Colon exams—\$35 and \$65") for work done by the doctor's assistant, he felt "really stung."

Charge extra for patients with insurance. Don't think that this practice escapes a patient's notice or censure, even if bilking the insurance company is admitted to be an old custom. Said one patient of doctors: "If they find you have insurance, they charge the limit."

Another cited his own example: The doctor said if I had to pay it, he would cut the bill; but if the insurance company paid, then it was \$150. It didn't sound very good to have two prices."

Appear to favor well-heeled patients at the expense of the less fortunate. Several persons resented this kind of medical snobbery enough to speak up contemptuously: "Some doctors go off the deep end for more solvent patients and try to shove off the riffraff" . . . "People with lower incomes are made to feel inferior."

Spend your money too conspicuously. With many townspeople, respect for the doctor probably grows with increasing signs of his prosper-

ity. But it's worth remembering that there are others, at least in Decatur, who say, "Until a doctor has a Cadillac, he's not satisfied." Or who notice a doctor who "was able to buy a farm after practicing here only 7 months."

Unfair? In greater or lesser degree, yes. But as the Decatur survey shows, some people *do* say these things, oftener perhaps than many doctors realize. And once in a while they are apparently justified in thinking that at least some doctors aren't in business for their patients' health. Said one cynic: "They're like everyone else—in it for the money they can get."

But not even his severest critic would contend that the doctor shouldn't use good business methods or that such methods, when properly applied, make him seem mercenary. The fact is, most laymen would agree with a Decaturite who remarked simply that

"The reason doctors make money is because they *work* like hell." END



"In future, Miss Low, when a patient rings, be a little prompter in answering!"

Doctor:
This is the most complete
hematopoietic formula
available today.

HEPTUNA PLUS offers the most modern, complete aid to the treatment of all types of anemia.

HEPTUNA PLUS furnishes the interrelated actions of Ferrous Sulfate, Copper, Zinc, and Cobalt for more dependable hemoglobin regeneration... the potent hemopoietic actions of Vitamins B₁₂ and Folic Acid for stimulation of the blood-forming organs to greater activity—the nutritional effects of 8 essential Vitamins and 11 Minerals and Trace Elements for more rapid and effective correction of complicating nutritional deficiencies, and more dependable restoration of optimal well-being.

Heptuna plus

More rapid, dependable
correction of all anemias



J. B. ROERIG AND COMPANY,
540 LAKE SHORE DRIVE, CHICAGO 11, ILL.

Each Capsule Contains:

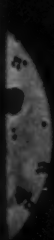
Ferrous Sulfate	4.5 gr.
Vitamin B ₁₂	2 mcg.
Folic Acid	0.85 mg.
Cobalt	0.1 mg.
Copper	1 mg.
Molybdenum	0.2 mg.
Calcium	66 mg.
Iodine	0.05 mg.
Manganese	0.033 mg.
Magnesium	2 mg.
Phosphorus	51 mg.
Potassium	1.7 mg.
Zinc	0.4 mg.
Vitamin A	5000 U.S.P. Units
Vitamin D	500 U.S.P. Units
Thiamine Hydrochloride	2 mg.
Riboflavin	2 mg.
Pyridoxine Hydrochloride	0.1 mg.
Niacinamide	10 mg.
Calcium Pantothenate	0.33 mg.

With other B-Complex Factors from Liver

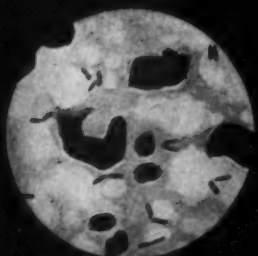
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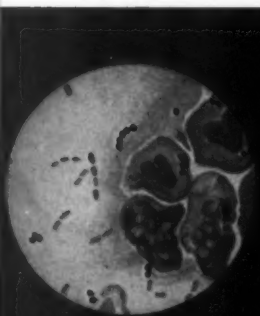
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...a special diffusible base)

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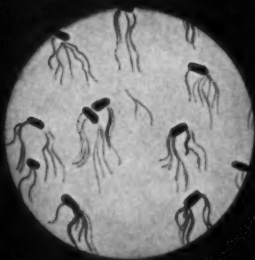
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offers these distinctive advantages:

- (a) **Wide antibacterial spectrum**—Polycin effectively combats BOTH bacitracin-sensitive (gram positive) organisms and polymyxin-sensitive (gram negative) organisms.
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Clinical samples available on request.

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INDIANAPOLIS 6, INDIANA

1. Price, C. W., Randall, W. A., Welch, H., and Chandler, V. L.: Studies of the combined Action of Antibiotics and Sulfonamides, Amer. J. Public Health 39:340 (1949).
2. Gastineau, F. M., and Florestano, H. J. L.: Clinical Experience with Polycin, A Polymyxin-Bacitracin Ointment. In Press.

He Reaps Rewards for Doctors

How one society hired an able executive—and got an A-1 public service program

● Until two years ago, Onondaga County doctors reflected the too-common symptoms of group lethargy. Their headquarters in Syracuse, N.Y., a city of 220,000 people, was a single two-by-four room. Their only employee, an office secretary, typed letters and answered occasional queries from such citizens as knew that the medical society existed. The doctors *did* have a commercially operated emergency-call service. But their organized public service activities stopped there.

Then things began to pop. One after another, public service projects took form. Today, Onondaga doctors maintain all the programs of an up-to-date society, and more besides. Along with eighteen lay employees in a large, modern office, the society now has:

1. A grievance committee.
2. A business bureau that collects delinquent accounts, supplies credit reports, and investigates hardship cases.
3. A round-the-clock telephone bureau that handles the emergency-

call program and also provides a secretarial answering service for members.

4. A health information service.

5. A public relations program that includes such projects as press-radio dinners and a doctors' television show.

What's more, the doctors' new employees manage the business end of their monthly bulletin—once a chronic money loser, now a profitable enterprise. And they provide a good many courtesy services for individual physicians (even to getting them theatre tickets when they visit New York City).

How did Onondaga County's big transformation occur in such a short time? The answer is simple. The doctors hired a competent executive secretary and gave him the tools and a green light to go ahead with the job.

It was early in 1950 that the Onondaga society voted to modernize its organization. Back of this decision was a realization that the medical community wasn't keeping pace with the needs of the population. Sparked by industrial expansion, Syracuse had become the fastest growing city in the state. In a de-

By James C. Fuller

HERE'S ONE MORE *Microtherm* ADVANTAGE

FOR YOU TO CONSIDER BEFORE THE 1952 DIATHERMY CHANGEOVER



**THE NEW DIRECTOR "D"
FOR TREATMENT
OF LARGE AREAS**

and for use only with
**RAYTHEON RADAR
MICROWAVE DIATHERMY**



Raytheon Radar "MICROTHERM" merits thorough investigation on your part before expiration of the F. C. C. grace period and the changes in diathermy equipment it may involve. Compare "MICROTHERM" with any other diathermy equipment:

— for ease and speed of application the new Director "D" — available as an accessory at slight extra cost — now provides a complete range of controlled application over any desired area

— for high clinical efficiency — penetrating energy for deep heating — desirable temperature ratio between fat and vascular tissue — effective production of active hyperemia — desirable relationship between cutaneous and muscle temperature

— for patient's comfort and safety — no electrodes — no pads — no shocks or arcs — no contact between patient and directors

— FOR AVOIDING TELEVISION INTERFERENCE. The new and highest television channel gives up to 920 megacycles. Raytheon Radar "MICROTHERM" operates at 2490 megacycles, far, far above the television wave range.

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RAYTHEON

Excellence in Electronics

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...de, medical society membership
jumped from 200 to 500. But
the society itself was static, its poli-
tics pre-war.

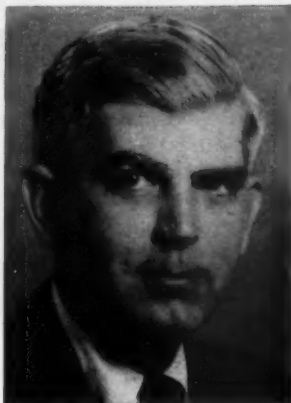
For advice, the doctors turned to
Stephen K. Leech, field man for the
New York State society. Previously
he had been a Manhattan manage-
ment consultant and sales manager
for the Delaware Blue Cross.

Leech outlined a plan of action
for them; and not only did the doc-
tors like the plan, they liked Leech.
They offered him the job of get-
ting the new machinery running.

But a full-scale public relations
program doesn't come cheap, and
neither do able executives. With
only \$14,000 in their till, the doctors
wanted a big enough kitty to guar-
antee the new program from the be-
ginning. Instead of boosting dues,
however, they voted a \$100 assess-
ment to be levied on every member
— not only private practitioners but
residents and local V.A. men as well.
This assessment is binding on all
new members, too (until Septem-
ber, 1952), but they are given eight-
een months to pay.

Today, with the collection bureau
a self-supporting project and with
the telephone exchange approach-
ing a similar status, it's hoped that
the annual membership dues of \$15
will remain static.

First return for the doctors on
their \$100 investment was the griev-
ance committee. This was an-
nounced to the public in paid news-
paper advertisements two months



Stephen K. Leech

'More important than money'

after Executive Secretary Leech set
up shop in April, 1950.

The Onondaga grievance com-
mittee has some unusual features.
Unlike many others, for instance, it
keeps the make-up of its committee
(except the chairman) a secret. The
reason, according to Leech:

Doctors Anonymous

"When grievance committee
members are known, accused doc-
tors have, in some instances, tried to
put pressure on them. Also, when
they know they're expected to keep
their committee work sub rosa,
they're less likely to talk to col-
leagues about the cases they hear."

Complete anonymity is, of course,
impossible. But Leech claims that
no more than 5 per cent of the mem-

bership know who is on the committee. Moreover, complainants rarely see more than one or two doctors on the grievance panel. And often their complaints are handled entirely through the executive secretary.

To date more than fifty grievance cases have been successfully disposed of. Of these, about 85 per cent were fee disputes; the others involved complaints about ethics and allegedly unsatisfactory treatment.

The Onondaga committee does not hesitate to take action in complaints against non-member physicians. For example, it threatened one local non-member with an opposing court action if he tried to sue for an unjust bill. The physician backed down. Another time, the committee asked a Manhattan specialist to reduce his bill substantially for a local resident who couldn't pay in full. The specialist did so without question.



"He's allergic to DDT."

Because its services are so well publicized locally, the society sometimes handles even non-medical hardship cases referred to it by local citizens. Shortly after the business bureau was announced, for example, a Syracuse banker called Leech by phone. He had a woman in his office whom he thought the society could help.

The woman explained that her husband was a truck driver unable to work because of a recent accident and the onset of coronary trouble. Their three children had also been sick. Though she had gone to work, the family faced bankruptcy and the loss of their home. They owed nineteen commercial creditors, eight doctors, and one dentist—all pressing hard for payment.

First, the business bureau persuaded the physicians to reduce their bills. Then it got the cooperation of the grocers, the milk and coal companies, and other creditors. By arrangement with the woman's employer, each creditor is now getting a small monthly payment on his claim. Profit to the doctors: enormous civic goodwill.

The collection bureau has also learned some lessons that it has been quick to pass on to members of the society. At first, says Leech, "the doctors gave us a lot of old dogs that other agencies had failed to collect." Now they listen more carefully to their executive secretary's advice:

"The best financial recovery is made on delinquent accounts from



pelvic inflammatory disease.....

rapid response with Chloromycetin®

CHLOROMYCETIN produces prompt clinical response in the infections commonly found in pelvic inflammatory disease. "In mixed infection [pelvic cellulitis and abscess] CHLOROMYCETIN appears to be superior to penicillin, streptomycin or sulfadiazine."¹

The clinical response to chloramphenicol consisted of rapid symptomatic improvement, usually within 48

hours. One woman who had large pelvic abscesses was treated so effectively with chloramphenicol that posterior colpotomy, drainage of the abscess, was not necessary in effecting cure in any of our patients who were treated with chloramphenicol from the start."²

CHLOROMYCETIN (chloramphenicol, Parke-Davis) is supplied in a variety of forms including:

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- CHLOROMYCETIN Capsules, 100 mg., bottles of 25 and 100.
- CHLOROMYCETIN Capsules, 50 mg., bottles of 25 and 100.
- CHLOROMYCETIN Ophthalmic Ointment, 1%, 1/4-ounce collapsible tubes.
- CHLOROMYCETIN Ophthalmic, 25 mg. dry powder for solution, individual vials with droppers.

1. Greene, G. G.: Kentucky M. J. 50:8, 1952.
2. Stevenson, C. S., et al.: Am. J. Obst. & Gynec. 67:1486, 1951.



Parke, Davis & Company

When patients kick at
the idea of giving up coffee . . .



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Tell him about grand-tasting Sanka Coffee. It's 97%
caffeine-free . . . can't cause sleeplessness or get on the nerves.

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The perfect coffee for the
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five to nine months old. The longer you keep non-paying accounts in your files, the less chance you have of getting your maximum dollar return."

By inducing the doctors to hew to this rule, the bureau—which collected less than \$32,000 in its first year—expects to recover \$75,000 to \$100,000 this year. The society retains 40 per cent on bills under \$20, one-third on those over \$20.

Telephone Bureau

Last year, the doctors gave up their original emergency-call arrangement with the commercial answering service. To take its place, they installed their own telephone bureau, with the switchboard in the society's offices. Their aims were threefold:

¶ To assume full control of this vital public service by employing their own specially trained operators.

¶ To protect the public relations of members by assuring the best possible handling of emergency calls.

¶ To broaden the operation by including in it a telephone-answering secretarial service.

Because the success of a phone service depends so much on the operators' judgment, the doctors hire responsible women over 35. Under the supervision of the executive secretary, these operators get an intensive training course. They learn how doctors and hospitals work, and

they acquire enough medical knowledge to question patients intelligently and pass the information on to physicians.

Emergency calls often demand quick decisions. One day recently, a husband telephoned to ask for instructions about delivering a baby. His wife apparently had never seen a doctor and was already in labor. The enterprising father planned to handle the matter himself. "But the baby seems to be stuck," he explained.

Catching her breath, the operator told him to hold everything. She quickly connected him with an obstetrician, who arranged an immediate ward service delivery for the patient.

The same operators also handle the doctors' secretarial answering needs. During the hours for which a doctor has arranged to have this service, a signal lights on the bureau switchboard when the phone rings



"It's just like a doctor's prescription."

pruritic lesions

dermatoses

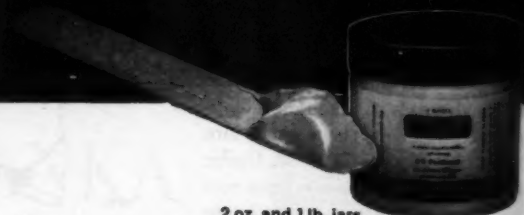
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external ulcers

diaper rash

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influenced the course of various
ulcerative and pyogenic
dermatoses. A majority healed
and many showed various
degrees of improvement."

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resistant to other therapy
seem to respond to

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relieves pain and itching
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"This preparation
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epithelizing stimulation,
of an antipruritic effect,
and of an antibacterial
effect...in a variety
*of dermatoses."*¹



Varicose ulcer of ankle; large,
deep, profuse foul-smelling dis-
charge



Healing of ulcer after treatment
with Panthoderm Cream for 10
weeks.

1. Kline, P. R., and Caldwell, A.: New York St. J. M.,
May 1, 1932.

2. Combes, F. C., and Zuckerman, R.: J. Invest.
Dermat. 16:379, 1951.

in his office. Then the operator simply plugs in to take the call.

Syracuse doctors have found this most valuable at night and during other periods when their aides are busy in examination or treatment rooms. In fact, so useful has it proved that six months after it was set up the subscribers had doubled in number from forty to eighty.

Doctors on TV

The latest public service project of Onondaga doctors doesn't cost them a cent. It's a weekly television health show that they put on themselves.

Beamed at an afternoon housewife audience estimated at more than 40,000, this twenty-minute program features local pediatricians, obstetricians, dermatologists, public health nurses, and others. The doctors talk informally and answer questions about prenatal and child care. The nurses, using live babies, demonstrate the mechanics of carrying, diaper changing, etc.

To the local public, the doctors' big-time public relations program has meant a new awareness of, and respect for, their medical men. Says the editor of one Syracuse paper: "Prior to the advent of its new program, the local medical profession was thought of as a loosely organized body. As a result of its efforts over the past two years, the profession has become a potent force in the community."

The publisher of the other Syra-

cuse paper, commenting on "the vast strides taken by the doctors to improve their public relations," adds: "After witnessing what has happened in England under the socialized set-up, we are more firmly convinced than ever that the sound system is along the lines demonstrated by our medical society."

To many an Onondaga County doctor, at first skeptical about the cost and necessity of the new policy, the results have been an eye-opener too. One elder statesman vociferously opposed the program before it went into effect. A year later, he telephoned Leech to apologize. "I was wrong," he said. "Now that I've seen it, I'm all for it. In fact, I've used most of the services myself."

Leech, who feels that any organization of 100 or more doctors can put at least one or more of these projects into operation, has this to say: "It's true that doctors can practice medicine adequately without any of these public services. But they can't do a rounded job for their community without them."

To do the community job effectively, as Onondaga experience illustrates, one thing may be even more important than money and enthusiasm. That is a trained, energetic executive who can set up a program and keep it going with a full head of steam. The best of these men have another talent, too. They know how to tell the public, from a layman's point of view, what the doctors are doing.

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in patients
depressed by pain

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Convertible Preferred Stocks

Wisely chosen, they combine the good points of both preferred and common shares

● When a broker talks about an attractive convertible nowadays, he's less apt to mean something on the highway than on the stock exchange. For more and more companies issuing new preferred stock are giving buyers the right to trade it in—when and if they wish—for common stock.

Not that there's anything new in the idea. In any bull market that lasts long enough, convertibles come into favor. This is because, as the market goes higher and higher, many investors grow fearful of a crash—yet don't want to be left behind if prices go right on climbing. And the man who invests in a convertible preferred stock has these advantages:

¶ He enjoys the usual prerogatives of any preferred stockholder: (1) fixed-rate dividends ahead of any payments on the common shares, and (2) a superior claim to assets in case of liquidation. Thus, if the company's business goes into a funk, he can expect the price of his stock to

hold up considerably better than that of the common.

¶ On the other hand, if the company's fortunes boom, sending its common shares kiting, he's in on the fun. An ordinary preferred stock would, under these circumstances, rise little if at all (being entitled only to the same old fixed-rate dividends). But a preferred that's convertible into a soaring common naturally does some soaring of its own. In fact, it rises right on the common's heels.

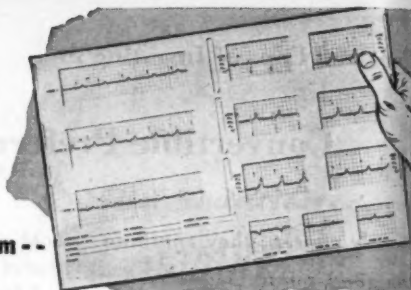
Suppose, for example, that you buy ten shares of Typical Manufacturing Company's newly issued convertible preferred. Assume that it's priced at \$100 a share and pays yearly dividends of \$3.50 a share. Also, that the conversion clause allows you to switch into common at any time, receiving five common shares for each share of preferred. The common, we'll say, is selling at \$17; its current annual dividend rate is 50 cents a share.

As long as the common remains under \$20, your conversion privilege is largely of academic interest. It may cause some anticipatory gain

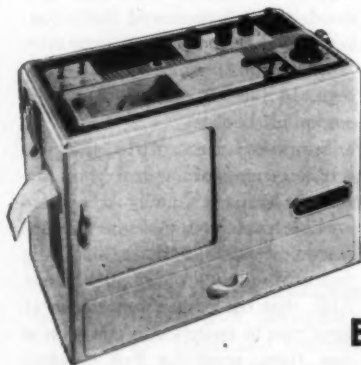
By Henry D. Steinmetz

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*The Med. Clin. of North
American (Jan.) 1952, p. 93.

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in the price of your shares, especially as the common approaches the \$20 line; but until that line is crossed, no tangible value attaches to convertibility.

But what happens if the common rises *above* \$20? What if it hits \$30—or \$40—or more?

As the common goes, so goes the convertible preferred—fivefold. That is, whatever the common sells for, the preferred will bring at least five times as much—since it is always exchangeable for five shares of common.

In actual practice, you probably wouldn't make the exchange. The only reasons for doing so would be:

1. If it would increase your dividend return;

2. If the preferred shares were called for redemption.

For instance, suppose things went so well for the company that it boosted its annual dividend payments on the common to \$1 per share. Your ten shares of preferred would be paying you \$35 a year. By converting them into fifty common shares, you could get \$50 a year. What you'd have to consider, however, would be the risk of seeing the common dividend reduced or eliminated if the company came upon less palmy times.

For here's one thing to remember: Once you've converted from preferred to common there's no switching back; it's strictly a one-way street.

You might also decide to convert

if the preferred issue were called for redemption. Most preferred stocks are callable, at the company's option, at par value or a few points above. Suppose your stock is callable at \$105, but its market price has risen to \$200 because of a rise in the common to \$40. In the event of call, you'd obviously want to sell or to convert before the redemption date; otherwise you'd take a beating of \$95 per share—the difference between market price (or conversion value) and call price.

What to Watch For

It's common practice for a company to call in convertible preferred stock under just such circumstances. The purpose is to force conversion, thus getting rid of a semi-fixed obligation (preferred dividends) or simplifying capital structure in preparation for the sale of new securities.

This raises some points worth bearing in mind:

¶ A convertible is quite apt to be a junior preferred issue, ranking behind one or more others. Also, it usually carries a lower dividend rate than would go with a conventional preferred of equal rank issued by the same company.

¶ Customarily there's a time limit on the conversion privilege, after which it either expires or the conversion ratio declines.

¶ To get the eat-your-cake-and-have-it-too feature (the stability of a preferred plus the appreciation possibilities of a common) you must



citrus is a good ANORETIC agent

When taken about half an hour before meals, orange or grapefruit juice is highly effective in helping overweight patients to adhere to their reducing regimens. Citrus has "very definite advantages"* as an appetite appeaser. It helps to reduce the demand for high caloric foods, and supplies readily utilizable carbohydrates to combat hypoglycemia. It is economically available in homes or restaurants. And, of no small consideration, most everyone likes orange or grapefruit juice.

** Postgrad. Med. 9:106, 1951.*

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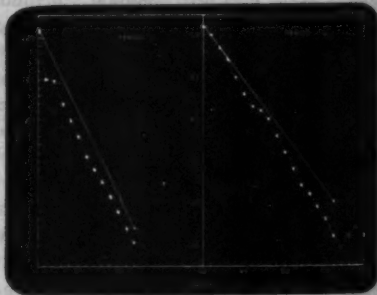


CHART OF WEIGHT LOSS
BROKEN LINE—OBSERVED LOSS • SOLID LINE—PREDICTED LOSS

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buy before the price of the preferred has been substantially inflated by a rise in the common. For the higher the preferred goes above its original level (where it sold chiefly on its own dividend and security merits), the farther it can fall if the price of the common collapses.

¶ The creation of a sizable convertible preferred issue may put a temporary damper on the market

performance of the common. The prospect of future conversion, and consequent dilution of the common shares (each one of which would then have a smaller claim to earnings), may take the edge off an otherwise bullish picture—at least until the company's outlook becomes so bright that the common stock pushes upward in spite of everything. END

Sea Dog

● Back on dry land last month after almost a year and a half before the mast, Phillip M. Kauth, 70, could probably be excused for plying patients and colleagues in West Bend, Wis., with the high adventure of his 'round-the-world cruise on the square-rigger *Yankee II*.

A landlubber for all his previous years, the Wisconsin surgeon set sail in October, 1950, for what proved to be both a nautical education and a busman's holiday.

"Among the South Sea islands I was put to work whenever we hit port," he says, grinning through an authentic set of mariner's whiskers. "At Pitcairn Island I removed an appendix by lantern light, with eight crew members helping and most of



Dr. Phillip Kauth (right) shares the helm of the square-rigger *Yankee II* with cruise master Irving Johnson.



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first Woven Ureteral Catheters manufactured in this country first in convenience and efficiency

To the flawless performance of A.C.M.I. nylon woven catheters is added the extra convenience of instant recognition of size—by identifying the number of circular color bands at the proximal end...and instant location of the 25 cm. marking by a circular band of the same color.

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- 1 Instant Recognition of Size—by counting number of circular bands at end of catheter.
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Other A.C.M.I. features include precision-woven eyes of proper shape and proportion, precision-size for constant, rapid drainage, and precision-smooth symmetry from end to end. Available in X-ray and non-X-ray types with variety of tips to meet all requirements and preferences.

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the native population kibitzing. At Takauroa, in the Cook group, one day, I pulled 156 teeth between breakfast and lunch."

Ready-Made Practice

News of the seagoing surgeon preceded him. So at every tropical anchorage he found plenty of broken bones to be set, tumors to be excised, and other emergencies to be dealt with. Often he was the first physician the islanders had seen in a year or more. Their standard media of payment: hospitality and sea shells.

Reported one of the Yankee II's crewmen: "If there was anything to be had on an island, the doctor got it. All the chiefs thought he was great and the kids followed him everywhere. He made a big hit with the gals, too."

Dr. Kauth bargained for neither medical work nor such popularity when, as a paying crew member, he signed aboard Skipper Irving Johnson's 120-foot brigantine out of Gloucester, Mass. Like the seventeen other crew members, he was seeking adventure. And he got it, as witness this entry from the doctor's personal log:

"Last night on my watch a bad storm hit us. It was so severe that the mate went to rouse the captain. We pitched fore and aft, rolled and tossed, with heavy rain and spray. While I stood watch, some of the younger men climbed aloft (over 60 feet) to shorten sail.

"As a doctor, I'm excused from deck duty whenever I want; but while the storm lasted I decided to keep myself available. It did not blow itself out until three days later; and, what with people getting seasick, rolling out of their bunks, and trying to keep from breaking their necks on deck, we had rather a rough time."

While Phillip Kauth gave treatment to the seasick, he doesn't say he was ever a victim himself. Yet there's one entry in his diary that seems to have been written with some feeling:

"To complicate matters, our dining table is hung on gimbals so that it is always level, no matter what the angle of the walls and floor. The food stays put nicely, but the effect



"First thing, we'll try to find out what makes you the obnoxious individual you are."

For Vaginal Tract Infections

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IMPROVED
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**TRICHOMONIASIS
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Literature supplied on request.

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More Than Half a Century of Service to the Medical Profession

on a person who's the least bit nauseated is terrible."

Visits to island ports—from the West Indies to the South Pacific—were the highlights of the trip. Yankee II called at about 120 such ports—most of them little-known.

Snoozing and Cruising

After exploring his share of tropical atolls, Voyager Kauth wrote poetically of

A cruise without shoes

Wherever I choose

To just eat and snooze,

Minding no P's and Q's

And at an island near Haiti, he recorded this economic note: "We laid in a supply of fresh fruit: oranges, three for 1 cent; avocados, grapefruit, and other delectables, about 7 bushels for \$5."

When at sea, each of the paying crew members stood two 4-hour watches every 24 hours. Dr. Kauth's favorite watch was the 8 to 12 (A.M. and P.M.). Reason:

"Then you don't have to scrub the deck; and while they keep you busy during the morning watch, you have time to contemplate during the evening watch. And one has practically all day for reading and photography."

When not swabbing the deck, painting, or polishing during watches, crew members were often busy making "baggy wrinkles." These Dr. Kauth describes as "short pieces of rope woven into long, thick, fluffy strands" that are wound around the

rigging in certain spots to keep the sails from chafing.

Between watches, crew members' time was their own. Many of them spent a part of each day writing. "There are usually six to eight typewriters going full-tilt in the main cabin below deck," wrote Sailor Kauth.

Once a week the doctor lectured to the crew. ("I love to talk," he says.) Topics ranged from cancer to the Gay Nineties.

In all, Seaman Kauth found his globe-girdling journey a marvelous tonic. Toward the end of his log is this conclusion:

"I have figured that a trip like this for all you older colleagues would probably lower your blood pressure, cure your ulcers, and give you an entirely new sense of values." — END



"What have you got that'll give me heartburn immediately, instead of at 3 o'clock in the morning?"

A new rationale a new formula

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Pyribenzamine —antihistaminic action* to relieve congestion, inflammation and pruritus
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SUPPOSITORIES

*Loew, E. R.: Physiol. Rev. 27:542, 1947.

Haley, T. J., and Harris, D. H.: J. Pharm. & Exp. Therap. 95:293, 1949.

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G.E. Pioneers Catastrophic Coverage

What an enterprising group of employees learned about licking big medical bills

• To explain the halting development of medical catastrophe insurance, spokesmen for insurance companies and the doctors' plans alike have pleaded lack of experience. Fortunately, though, some people aren't afraid to pioneer.

Back in 1947, some 2,500 General Electric employees (largely executive and professional) decided that they wanted protection against abnormally large medical bills. It took two years of hard planning and a lot of old-fashioned Yankee initiative, but they finally succeeded in setting up a group plan that they say was the first of its kind in the country.

Their successful venture has yielded benefits not written into the insurance contract. For one thing, it has helped stimulate commercial companies to go ahead with medical disaster programs. For another, G.E.'s experience has shed light on problems that have plagued insurance planners in this field for years.

At first the G.E. group made discouragingly slow progress in putting over their insurance dream. One

after another, the commercial underwriters turned down the project. Not enough statistics to base the plan on, they said. Or too expensive; or this kind of protection would send medical costs skyrocketing. In 1949, at last, Liberty Mutual agreed to underwrite the plan.

G.E.'s catastrophic coverage program has now been in full operation for more than three years. It has paid out upwards of \$260,000 for major medical expenses. It has proved the idea both workable and reasonably inexpensive.

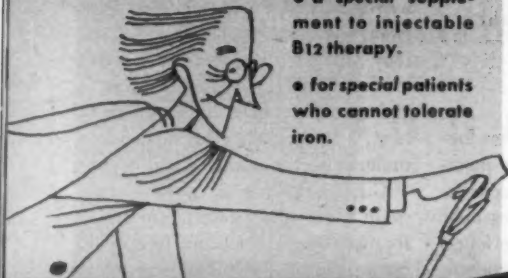
The scientists, engineers, and managers who took the first leap in the dark were an ideal group for the experiment, according to E. S. Willis, manager of G.E.'s Employee Benefit Plans Department. Large enough to get a good spread of risk, this group included men over 35 (average age about 50), with incomes above \$7,000 a year. They could afford relatively expensive premiums.

At first, they paid \$3 a month. For this, the plan guaranteed 75 per cent of medical and hospital expenses up to \$3,000 (but limited to \$1,500 in a single year) for any one disability. The plan has a deductible provision

By James C. Fuller

a fresh and vigorous improvement

**For The Special Anemia Patient
Who Does Not Require Iron**



- a special supplement to injectable B12 therapy.
- for special patients who cannot tolerate iron.



Each **ARMATINIC SPECIAL** Capsulette contains:

- *Crystamin..... 10 mcg.
- Folic Acid..... 1 mg.
- Ascorbic Acid (Vitamin C)..... 50 mg.
- **Liver Fraction II (N.F.) with Desiccated Duodenum..... 350 mg.
- *The Armour Laboratories Brand of Crystalline B12.
- **The liver is partially digested with an equal quantity of duodenum during manufacture.
- Supplied: Bottles of 100.

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SPECIAL

activated

for the management of certain macrocytic and the microcytic anemias

- effective potencies of the hemopoietic factors needed to assure a rapid and complete response in these anemias with a minimum of therapeutic failures.

ARMATINIC SPECIAL and **ARMATINIC ACTIVATED** Capsulettes both supply B12 plus activator, the intrinsic factor to potentiate the effect of orally administered vitamin B12. Also available **ARMATINIC LIQUID**, the new hematonic with Crystalline B12 and Clarified Liver, in 8 oz. and 16 oz. bottles.

Each **ARMATINIC ACTIVATED** Capsulette contains:

- Ferrous Sulfate, Exsiccated..... 200 mg.
- *Crystamin..... 10 mcg.
- Folic Acid..... 1 mg.
- Ascorbic Acid (Vitamin C)..... 50 mg.
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- *The Armour Laboratories Brand of Crystalline B12.
- **The liver is partially digested with an equal quantity of duodenum during manufacture.
- Supplied: Bottles of 100 and 1000.



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PHYSIOLOGIC THERAPEUTICS THROUGH BIORESEARCH

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and does not pay the first \$300 in medical bills; but for most members this is covered anyway by other health insurance.

By the end of the first year, the plan was ahead of the game. So the premium was cut to \$2.25. For another \$3 a month, employee-members were then allowed to insure their wives and children.

A year later, the plan was still ahead. So, with no hike in premiums, the maximum benefit was raised to \$5,000 without a time limit. In addition, company pensioners (over 65) were permitted to keep their coverage after retirement.

What Catastrophes Cost

With a cross-section of both sexes, young and old, to learn from, G.E. has come up with tentative answers to such questions as: What is the average cost of serious illnesses? Who is most likely to get expensively sick? Which diseases most frequently run up big bills?

Since the plan began, the average total cost per catastrophic illness for an individual male claimant has been \$1,119; for a wife, \$962; for a child, \$606. Only about 10 per cent of the individual budget-bursting disabilities have cost more than \$2,000. And, as might be expected, the average claim of a male pensioner over 65 is nearly double that of the middle-aged, active employee.

With what frequency does expensive sickness hit? G.E. has found that 2 to 3 per cent of the male mem-

bers have put in claims annually. Their wives, however, get expensively ill (or pregnant) somewhat more often. In a typical year (1950), for example, there were 193 claims among the nearly 2,500 families:

Employees	73
Wives	103
Children	17

Hernia and Hemorrhoids

Among the men, the disabilities that most often lead to big bills arise from heart and circulatory ailments, genito-urinary disorders, and hernia. For their wives, the G.E. plan pays off most frequently in female disorders, pregnancy, nervous and mental diseases, and gastro-intestinal troubles. But even hemorrhoids, G.E. has found, can frequently run medical bills up over the \$300 mark.

So, gradually, the facts are being marshaled, the statistics piled up. Plenty of problems remain, of course. For instance, G.E. experience has so far not evolved a wholly satisfactory yardstick for measuring the extent of a *single* disability.

When one man had duodenal ulcer followed by cerebral thrombosis, they were classed as separate disabilities. So the \$300 deductible clause applied to each illness. But in cases where possibly related diseases strike in quick succession, the decision may not be easy.

On the other hand, when a subscriber has disabling recurrences of the same sickness, the G.E. plan now permits the \$5,000 maximum to ap-

a travel





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DRAMAMINE®

BRAND OF DIMENHYDRINATE

The pleasure of summer travel often is spoiled by the nausea and vomiting which result from train, car, plane, ship or bus trips.

Dramamine, tested repeatedly on various means of transportation, offers susceptible persons a substantial assurance of symptom-free travel.

Dramamine is effective in the prophylactic as well as the symptomatic treatment of motion sickness.

TABLETS—50 mg. LIQUID—12.5 mg. per 4 cc.
(AVERAGE ADULT DOSE—50 mg.)



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Consider this
**PRACTICAL,
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The inclusion of Vitamin A-D fortified skim (or partially defatted) milk in low-fat high-protein diets has been found highly beneficial in all these cases . . .

✓ **INFANT FEEDING**—superior weight gains, improved appetite where apathetic to regular milk, apparent better utilization of Vitamins A & D in aqueous form.

✓ **PREGNANCY & LACTATION**—an even richer protein source than whole milk—enhances resistance to edema, toxemia, anemia, hypertension.

✓ **GERIATRICS**—increased vitamin, calcium & protein requirements, limited fat intake—are ideally met.

✓ **POOR FAT TOLERANCE**—enhanced assimilation of fat-soluble Vitamins A & D in various disorders.

✓ **OVERWEIGHT**—a nutritious, appetizing base for low-calorie diets—assures needed protein, mineral & vitamin intake.

**VITEX LABORATORIES SUPPLIES THE
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QUALITY PRODUCTS**

- **VITEX® A-D**—a concentrate of natural Vitamins A & D in non-fat milk solids. 2000 "A" and 400 "D" units (USE) per quart.
- **VITEX NATURAL "D" AND UVO® IRADIATED ERGOSTEROL**—for quality Vitamin D Homogenized Whole Milk.
- **"MULTI-MIX"™**—new multiple vitamin-mineral concentrate.

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For further detailed information, write for bulletin #V-95-S to . . .

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A DIVISION OF NOPCO, HARRISON 5, N. J.

Pioneer Producers of Vitamin Concentrates for the Dairy Industry



ply to that illness, whatever its duration, and deducts the first \$300 only once. Such expenses on a continuing basis, notes Mr. Willis, may be "as much a catastrophe as high costs concentrated in a short period."

Lower-Income Groups

To one very important question, G.E. has found an answer. The question: Can catastrophic coverage be adapted to lower-income groups? The answer: yes.

For well over a year now, about 27,000 G.E. employees in Schenectady, N.Y., have had their own form of medical disaster insurance.

The benefits aren't as far-reaching as those in the original executive plan—for one thing, these employees can't as yet insure their dependents—but the rates are attractively low.

Though these plans have taken a long step into an uncharted field, G.E. officials emphasize that still more experience is needed before they will shake down into final form. But the pioneer work has been done; and the company has good reason for its hope that the results may help others "as they consider means of providing catastrophic coverage on a basis for free exercise of private initiative."

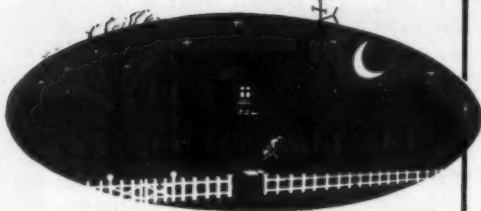
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"No, they didn't help me much at the clinic. By the time I'd paid for their diagnoses, I hadn't a cent left for treatment."

When the patient



... sleeps poorly



... doesn't eat well



... is "always tired"

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Vitamin B-Complex with Phenobarbital Wyeth

A judicious combination of low dosage sedation and high dosage vitamin B therapy, including vitamin B₁₂.

Available as a highly palatable Elixir, and as Tablets. Also available, BĒPLETE with BELLADONNA for combined antispasmodic-sedative action; Elixir and Tablet forms.

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Are Doctors Poor Givers?

**Professional fund raiser
finds M.D.'s above average
in contributing hard cash**

• The fact is—doctors are generous. This simple and heartening revelation will come as a surprise to a considerable body of laymen who for years have claimed that doctors as a group are the worst givers to fund-raising campaigns, and even poor supporters of fund appeals for the very hospitals to which they are attached.

Quite the reverse is true.

Figures on more than 1,000 hospital campaigns in 245 U.S. cities in the last 33 years reveal that the highest per capita contributions to these institutions came from the physicians on their staffs. Take any group of businessmen—florists, grocers, dry cleaners, hotel operators, or what you will—and you find no comparison in the size of giving.

A recent survey (see table on page 145) of six major hospital cam-

paigns confirms this. It shows that \$928,661 was contributed by only 601 doctors. In analyzing these six appeals (for a combined goal that totaled more than \$5 million) it was found that doctors had contributed almost 18 per cent of the total.

The average gift, as shown in the table, was \$1,545—a tidy sum any way you look at it.

Another example of big giving by doctors is the medical staff fund-raising campaign now under way at Jefferson Medical College and Hospital in Philadelphia—the largest such campaign I know of. Jefferson has 456 men on its staff and faculty. Of these, about 100 earn salaries of \$5,000 or less in the pre-clinical departments, and another 100 have only thin ties with the institution.

Yet this staff and faculty accepted a quota of 15 per cent of a \$4,500,000 goal for a hospital addition—and they are raising it!

When the staff first accepted its own quota of \$675,000 under the leadership of Thomas A. Shallow, professor of surgery at Jefferson,

By George Radcliffe

*The author is senior campaign director of Ketchum, Inc., Pittsburgh. He has, for twenty years, served hospitals across the nation as a profes-

sional director of fund-raising drives. This article is being published simultaneously in MEDICAL ECONOMICS and The Modern Hospital.



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Formula:

Each tablet/capsule
and each 5 cc. of elixir
contains: hyoscyamine
sulfate 0.1237 mg.
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Prescribed by more doctors
than any other antispasmodic

for **full** codeine analgesia
on **small** codeine dosage...

When pain is too severe for relief by common analgesics, the use of Phenaphen with Codeine can often postpone or avoid resort to other narcotics. The additive influence of Phenaphen's ingredients—phenacetin, aspirin, phenobarbital and hyoscyamine sulfate—synergizes its codeine phosphate... permits its use in small dosage, free from its frequently adverse side-effects. Phenaphen with Codeine treats not only the pain, but "patients in pain" ...easing the entire pain reaction pattern.

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PHENAPHEN

(The original non-narcotic formula)

PHENAPHEN WITH CODEINE PHOSPHATE 16 GR.
(Phenaphen No. 1)

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Ethical Pharmaceuticals of Mark since 1879

Phenaphen
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there were more who scoffed than cheered the effort. But within a month, Dr. Shallow and his assistants had classified the entire staff, built an organization, solicited 83 per cent of their men, and raised \$545,000, or an average of \$1,442 per staffer. And they're still going.

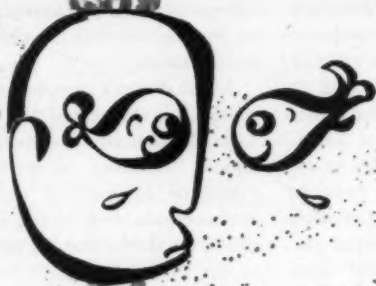
The financial problems faced by today's doctor are often overlooked by those prone to criticize the physician's giving record. Many volunteer workers on hospital campaigns have loudly condemned the doctors who have "not given enough" to support what laymen consider to be the doctor's "workshop."

True, some doctors do not give adequately to vital community causes. But the same can be said of some businessmen.

In the doctor's case, however, the public has developed the attitude that all physicians are wealthy and should, therefore, be in the vanguard of fund-raising campaigns. An economic study of the American physician shows that his *net* income is less than the public believes. There are some topflight men, of course, who earn sizable incomes. Some surgeons, for instance, net \$100,000 or more a year. But for every one in this bracket, there are

Doctor Participation in Six Recent Hospital Campaigns

Hospital	Goal of Fund Drive	Total Donated by Doctors	Doctors' Share of Goal	Number of Doctors Donating	Average Donated by Doctors
Aultman Canton, Ohio	\$1,097,855	\$196,710	17.9%	165	\$1,192
Hackensack Hackensack, N.J.	1,750,000	267,245	15.2	150	1,781
St. Luke's Kansas City, Mo.	1,000,000	202,616	20.2	125	1,620
Mercy Muskegan, Mich.	450,000	123,160	27.3	73	1,687
Newark City Newark, Ohio	400,000	60,600	15.1	39	1,553
Sewickley Valley Sewickley, Pa.	550,000	78,330	14.2	49	1,598
Recapitulation	\$5,247,855	\$928,661	17.7	601	\$1,545



ESTIVIN[®] Relieves

Eyes Swimming in Tears of Distress

"Can't see" weeds are flooding pollen into swollen eyes.

ESTIVIN relieves ocular and nasal discomfort caused by hay fever. General conjunctivitis is also readily alleviated with ESTIVIN.

ESTIVIN is an aqueous infusion of "rosa gallica L." It is decongestive and soothing to irritated ocular and nasal membranes.

Dosage:

One drop of ESTIVIN in each eye will alleviate ocular and nasal discomfort and inhibit the production of irritating fluid.

Supplied: 0.25 fl. oz. bottle and dropper

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hundreds with modest incomes. In 1949, the Department of Commerce reports, while non-salaried U.S. physicians averaged almost \$12,000 net, a third of them netted less than \$7,000, a quarter netted less than \$5,000.

Nor is the public fully aware of the other factors affecting the doctor's ability to give. While in the case of a business concern, everyone realizes that its gross volume does not represent the net income of the owner, people are inclined to overlook completely the hefty operating expenses of the doctor.

There's also the factor of the time and money spent on his education, which is equivalent to the capital investment in a business. And according to all tenets of good business, this investment must earn a fair return before a true net profit can be shown.

Finally, the M.D. suffers more

from poor-paying clients than does almost any other business or professional man. He is often the first to be called and the last to be paid—if, indeed, he is paid at all. He devotes a great deal of time to out-and-out charity cases (especially if he is on the staff of a hospital) and he frequently comes to the aid of anonymous accident victims. It has even been argued that in terms of time and skill he donates so much to the community that it is unfair to count on *any* cash contributions from him.

Despite these factors, doctors have given a spectacular demonstration of their generosity in hospital campaigns. In this they seem to agree with other Americans who feel that hospitals must be kept from state control and that the only way to do it is to make certain they are adequately financed through the free contributions of free people. END

Dead End

● "Dear Dr. Smith," the letter ran, "In my two weeks at the hospital, I must have seen almost every specialist and had almost every test. But I'm wondering now if it wouldn't do me some good to be sent to Dr. King's clinic, which was held so often while I was at the hospital. Do you think this would help me?"

Dr. Smith hastily dispatched a letter saying he didn't think it would help. (Our pathology department uses the loudspeaker announcement, "Dr. King's clinic is now in session," to let staff physicians know whenever an autopsy is about to be performed.)

—LESTER S. KING, M.D.

Isatin

Science discovers what
Nature has known



For centuries prunes have been Nature's own laxative food. A Harrower research team recently discovered that besides their emollient and colloidal properties, prunes contain an additional gentle peristaltic stimulant. This laxative principle is called ISATIN.



Kymograph tracing showing gentle increase in peristaltic waves produced by ISATIN.

combines ISATIN with a prune concentrate and methylcellulose to provide activated moist bulk for the treatment of functional constipation.

PRULOSE COMPLEX provides the essential gentle activation of peristalsis without any undesirable side effects.

PRULOSE COMPLEX is available in both tablet and the new liquid form.

DOSAGE 1 or 2 tablespoonfuls of liquid, or 3 or more tablets, with a full glass of water, twice daily, preferably after breakfast and before retiring, until normal elimination is established. The dosage may then be reduced.

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XUM

Letters to a Doctor's Secretary

*...he'll be more efficient—
...and less harried—if she
...steps out a daily routine*

Dear Mary:

Your last letter sounds as if you are discouraged—violently so. I like your violence. It can work miracles when properly directed.

You say you get along well in the mornings and that you have the clerical work well in hand; but, oh, the afternoons! When you have to help the doctor in the examining room and act as nurse and secretary at the same time, it just about drives you crazy. You say you simply can't do in three places at once; that in your daily schedule I gave you I allowed no time for making dressings, checking laundry, sterilizing, and a host of other things you must do behind the scenes.

Your complaint is justified. But I want to assure you that the case is not hopeless.

The things you mention constitute the mechanical end of your work. They require, in the main, only manual dexterity. As soon as you become efficient in handling them and can standardize your procedure, these little jobs will almost do themselves.

Let's break down the typical afternoon's "frenzied hodgepodge," as you call it, into a list of the separate things that go to make it up. In addition to the secretarial and reception-room duties previously discussed, there are these:

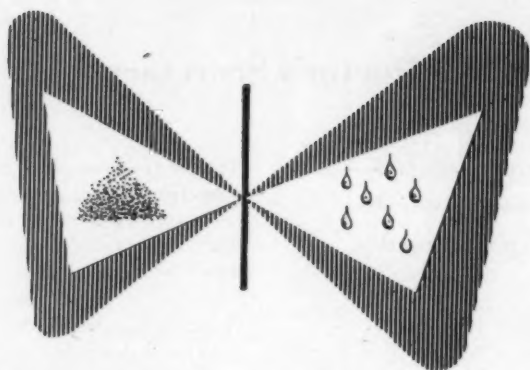
1. Preparing women patients for examination, and assisting the doctor during examination.
2. Cleaning up the examining room after each patient, and cleaning up the laboratory after the doctor has finished working there.
3. Sterilizing gloves, instruments, and dressings.
4. Making dressings, swabs, and cotton pledgets.
5. Checking and ordering supplies and laundry.

That's quite a list, considering the

By Anna Davis Hunt

These letters were published originally as a series in *MEDICAL ECONOMICS*, signed with the nom de plume, Myrna Chase. In response to many requests, they are now being

reprinted in a revised and updated form. The complete current series, of which the present letter is the eighth, will also be made available as a portfolio.



"Little drops of water

Little grains of sand ..."

All too often the "little things" are overlooked or disregarded. Take the choice of soap in the management of a dermatological condition, for example. Years ago physicians paid little attention to the particular soap a patient was using, but since that day it has been shown that an irritating soap can further aggravate an already inflamed skin and actually retard healing.

Today more and more physicians prescribe pure, mild, nonirritating MAZON Soap to cleanse the skin and prepare it for medication with antiseptic, antipruritic, antiparasitic MAZON Ointment. This dual therapy is used with marked effectiveness in many cases of acute and chronic psoriasis, eczema, alopecia, ringworm, athlete's foot, and other skin conditions not caused by or associated with metabolic disturbances.

MAZON is greaseless . . . requires no bandaging; apply just enough to be rubbed in, leaving none on the skin.

MAZON

At all pharmacies

BELMONT LABORATORIES Philadelphia, Pa.

fact that you're supposed to be in the reception room most of the time and that the telephone usually rings all afternoon. But it's really not so bad as it sounds. It means that you have to increase your tempo, but it need not spoil the rhythm.

The whole thing is really a matter of harmony, which my dictionary calls "a just adaptation of parts to each other, giving a pleasing whole." Note especially the word "just." If you make up your mind not to give a second more to any task than it justly deserves, things will seldom pile up. I don't need to add that this harmony must exist in your mind before it can exist in your actions.

I think perhaps you've been trying too hard and rushing too much. Let's get down to cases and examine in order the five duties listed above.

Preparing the Patient

Office hours have begun. A long list of appointments stretches ahead of you. Dr. Barrie has taken the history of Mrs. Smith, a new patient, and has rung for you to get her ready for a complete examination.

You usher her immediately into the examining room. You don't stop to chat with her; but your manner is pleasant and interested, with no appearance of hurry. You give her the necessary directions in a firm, clear voice, with not a syllable wasted, so she'll know exactly what to do. Have a regular formula so that even the slight effort of thinking about what to say is unnecessary. For instance:

"Please remove all your clothes, except your slip and shoes and stockings. I'll be right back."

Then leave the room.

This routine is so old a story to office nurses that some of them form the lamentable habit of giving directions hurriedly and vaguely, taking it for granted that the patient will know what to do. Naturally, the nurse is annoyed when she comes back in a few minutes and finds the poor woman sitting on the edge of a chair, flushed and nervous, with most of her clothes still on. But it isn't entirely the patient's fault.

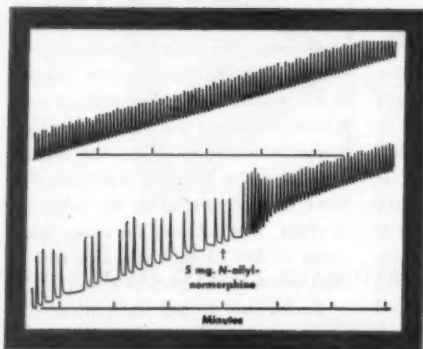
So be sure to tell the patient exactly what to do. And don't forget the "I'll be right back." It speeds her up and reassures her at the same time.

When you leave her, you slip back into the reception room, greet anyone who has arrived in your absence, and usher the next patient into the consulting room, where the doctor can keep busy until you call him.

The Examination

You then return to the examining room and find Mrs. Smith awaiting you in the correct state of semi-nudity. You assist her into position on the examining table and drape her with a fresh white sheet. From a drawer in the examining table you take all necessary instruments and lay them in a row on the side table. You buzz for the doctor and stand by while he proceeds with the examination. [MORE→

Announcing a New and Specific Narcotic Antagonist —



*potent and
well-tolerated*

*Effect of NALLINE on
respiratory depression caused by
57 milligrams of morphine.¹*

NALLINE is a specific antidote for poisoning following accidental overdosage with morphine and its derivatives, as well as meperidine and methadone.

This new product, the Merck brand of *N-Allylnormorphine*, rapidly reverses respiratory depression. The respiratory minute volume promptly increases and the rate increases two- or threefold.

A recent study² of 270 parturient women indicates that NALLINE may be of value in obstetrics. Onset of breathing occurred significantly sooner in infants from mothers (sedated with meperidine) who were given NALLINE 10 minutes prior to delivery. *Literature available.*

¹Eckenhoff, J. E., Elder, J. D., and King, B. D., *Am. J. Med. Sci.* 223: 191, February 1952. ²Eckenhoff, J. E., Hoffman, G. L., and Dripps, R. D., Annual Meeting of the American Society of Anesthesiologists, Washington, D. C., Nov. 8, 1951.

SUPPLIED:

Solution of NALLINE Hydrochloride in 2-cc. ampuls containing 10 mg. of active ingredient, 5 mg./cc.

NALLINE comes within the scope of the Federal Narcotics Law.

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*Research and Production
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Always carry a small pad of paper and a pencil in the pocket of your uniform, for Dr. Barrie likes to dictate his findings as he examines (with the obvious exception of anything that might alarm the patient).

No Time to Lose

If, during the examination, someone enters the reception room or the telephone rings, step out quickly and attend to it, leaving the door slightly ajar behind you. The idea is that the doctor shall never be left alone with a disrobed patient. The better type of woman prefers it; and in the case of the other type it is occasionally a real protection to the doctor. At all events, get back to him as soon as possible.

As the doctor finishes with his gloves and instruments, he lays them on a paper towel that you have placed on the instrument tray. The examination over, he returns to the consulting room.

Meanwhile you help Mrs. Smith from the table, telling her (again, clearly and distinctly): "You may dress now. Dr. Barrie will return and talk to you in a few minutes. Just wait for him here."

This will prevent her popping her head out of the door or wandering vaguely about after she is dressed. And it is clearly better form for Dr. Barrie to talk over his findings with her after she is dressed than while she is still on the table.

Your next step is to pick up the instruments and gloves in the paper

towel on which they were laid. Then gather up the sheets that covered the examining table and the patient, and walk (don't run) to the surgery. Put the sheets in the laundry closet; rinse off the gloves and instruments and place them in the sterilizer (which is kept boiling all afternoon); take a short turn through the reception room; and return to the patient.


As she is putting on her hat, you take a clean sheet from the cabinet and cover the table with it. (Done in the patient's presence, this has good psychological effect.) You then buzz for Dr. Barrie, who comes to finish the interview.

If the patient he left in the consulting room is ready to be examined, you take her to the second examining room, usher the next patient from the reception room into the private office, and begin the cycle all over again.

Next time you return from the surgery, bring with you the instruments that have just been sterilized and put them away in the examining-table drawer. Rubber gloves have to dry thoroughly and be powdered, so don't try to use them the same day they have been boiled. Keep a plentiful supply on hand.

Like a Symphony

Can you sense the rhythm in this procedure? If you like music, it's fun to think of the afternoon as a symphony. Don't get tense. Breathe deeply. Try to make all your move-



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QUICK AND LONG LASTING HYPNOTIC

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ments graceful and exact, never jerky or abrupt.

Dr. Carl does most of the laboratory work; and I'll admit the place looks as if a cyclone had struck it when he gets through. But any girl who has ever washed the dinner dishes at home will find it easy to clean up after him in less than five minutes.

Two or three times during the afternoon, look into the laboratory and do whatever is necessary. Repeat this just before you go home.

Some day when you're not very busy or when Dr. Barrie is away, ask Dr. Carl to teach you how to do blood counts and urinalyses. You'll

find it so fascinating that you'll never again mind washing a test tube. It will make you more valuable, too.

I've said that you must spend as much of the afternoon as possible in the reception room. And that's so. You will really have more time for it than you think, because a number of the patients are men. Many others spend their whole time in the consulting room, so that your presence is not needed.

On your desk, and at every telephone extension in the office, keep a pad and pencil—tied down if necessary. If Dr. Barrie is with a patient, record all telephone calls that aren't urgent. Promise you'll call



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"I'd say he's well adjusted. He hates everybody."

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announces

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antihypertensive

agent

Apresoline

Trade Mark

(brand of hydralazine)

hydrochloride



Clinically investigated

as C-5968 and also

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Major Advance in the Medical Management of Hypertension

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Clinical Significance

By virtue of its dual capacity to reduce blood pressure and yet increase blood flow through the kidney, Apresoline provides a new and improved approach to the medical management of hypertensive disorders. Its value is augmented by its tendency to cause significant relaxation of cerebral vascular tone in hypertensive patients, oral as well as parenteral effectiveness, and relatively low toxicity.

Indications

Apresoline has proved therapeutically useful in widely differing forms of hypertensive disease. The drug is of distinct value in essential and early malignant hypertension, its effectiveness often being more marked in the severe (although not terminal) phases of these disorders. It is also most effective in hypertension persisting or recurring after sympathectomy.

Preliminary studies indicate that worthwhile results also may be expected in toxemias of pregnancy and in acute glomerulonephritis. When renal damage is advanced, as in chronic renal hypertension and chronic glomerulonephritis, the value of the drug is considerably less, and it may be hazardous if not used with extreme caution and constant observation.

Administration

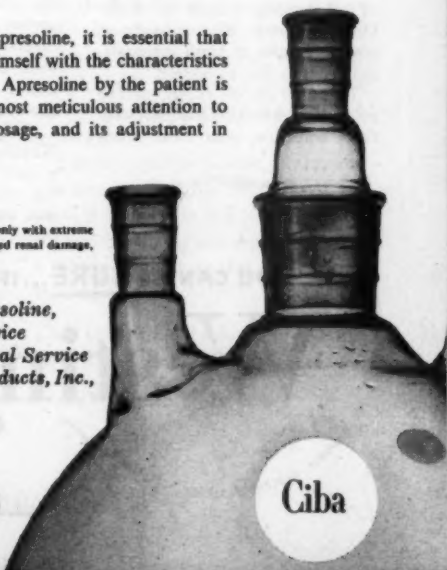
Before prescribing or administering Apresoline, it is essential that the physician thoroughly familiarize himself with the characteristics of the drug. The benefit derived from Apresoline by the patient is dependent in vital degree upon the most meticulous attention to individualization of administration, dosage, and its adjustment in accordance with response.

Caution

Apresoline, like any hypotensive agent, should be used only with extreme caution in patients with coronary artery disease, advanced renal damage, and existing or incipient cerebral vascular accidents.

For complete information on Apresoline, contact the Ciba Professional Service Representative or write the Medical Service Division, Ciba Pharmaceutical Products, Inc., Summit, New Jersey.

Hypertensive Disorders



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AT YOUR BECK
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For fresh radiographic film and processing chemicals — delivered promptly — call your Westinghouse X-ray representative.

Your local Westinghouse X-ray office always has a plentiful supply of all leading brands in stock. Ordering from Westinghouse is your guarantee of fresh materials, delivered as fast as needed.

In addition to fresh, active processing chemicals and films with fresh emulsion, your local West-

inghouse office carries a complete line of darkroom accessories—from aprons to ventilators—cabinets to timers. So, remember, whatever your needs, call your Westinghouse X-ray representative for prompt, dependable service.

And for a complete listing of all Westinghouse accessories, just send a card to Westinghouse Electric Corporation, 2519 Wilkens Avenue, Baltimore 3, Maryland.

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back a little later when the doctor is free to talk. This adds greatly to the general smoothness of office hours.

As for making and sterilizing dressings and swabs, I found it best to devote two hours a week on a certain *morning* to this task. By so doing you can easily keep an abundant reserve supply.

It's a Game

This duty was so very dull that it always bored me frightfully until I hit upon the plan of trying to break my own record. I timed myself to see how many I could make perfectly in a minute and whether I could make more by working straight through or by resting one minute out of every ten. I found the latter method much the faster.

With our up-to-date sterilizer, it takes only a little while to sterilize a week's supply. But be sure to get it done by 11 o'clock so the steamy smell will be completely gone before office hours.

Twice a week the laundry is picked up and returned. Twice a week, first thing in the morning, count and list the outgoing, and check the returned, articles. Each of these operations takes only five minutes if you concentrate. Putting the laundry away may take another five. There's thirty minutes out of your week. Why worry about it?

As for checking and ordering supplies, I repeat: system, system, system! Keep a little notebook with a

pencil attached to it in the surgical supply cupboard, and another in the stationery and clerical supply closet. Everything should be clearly labeled. When anything is getting low, jot it down in the book. Keep on the first page the name and telephone number of the firms with which you deal. A brief telephone call or a postal card will keep you from running short.

Incidentally, shopping about too extensively for low prices is not good practice. Deal only with reputable and well established firms. Get to know the salespeople personally; establish friendly relations; and "grapple them to your soul with hoops of steel." If you do, they'll give you personal and efficient service. They'll make prompt deliveries on a moment's notice. They'll send up anything on approval. They'll allow you to return for credit anything that doesn't satisfy you. And if they don't have what you want they'll order it for you. Dealing with such people will in the long run save many hours of time and much money.

I hope you feel better, Mary, and not worse after this fusillade of advice. And I hope it'll prove useful! I'll write you again soon.

Meanwhile, take for your motto the old jingle:

*That man is blest who does his best
And leaves the rest: Don't worry!*

Reassuringly yours,
Myrna Chase

Full-
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ACE®

elastic hosiery
NYLON AND RUBBER

Fashioned by the makers of ACE ELASTIC BANDAGES

ACE, Trademark Reg. U.S. Pat. Off.

Because ACE ELASTIC HOSIERY is not only sheer and form-fitting, but is full-footed, eliminating the need for overhose, your women patients will wear it without objection.

Therapeutically, the full foot gives ACE ELASTIC HOSIERY positive terminal anchorage at the toe and enables it to be drawn on the leg under vertical as well as circumferential tension for "suspension support".

In the prevention and treatment of varicose veins, phlebitis, and other conditions requiring support of leg structures, prescribe ACE ELASTIC HOSIERY.

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Test Your Collection Psychology

Do your collection letters use any of these stock phrases? Watch out—they can cut down receipts

• Even in collection letters recommended by experts, you'll find many a psychological dud.

What's *that*? I mean a word, a phrase, or a sentence that can rub the debtor the wrong way, thus making him less inclined to pay up.

Some doctors' letters abound with such phrases. If you don't believe it, take a look at the following examples. They stem from collection letters in actual use in medical offices today:

"I feel sure that you must have overlooked my statement."

This is a familiar approach, but bristling with insincerity. Its variations are no more convincing—for example, "You've probably mislaid my last bill," or "Perhaps this overdue account has simply slipped your mind."

Why are these openings psychological duds? Because the patient, as well as the doctor, *knows* they're phony. After having already opened

two or three monthly bills, the average person is generally well aware of his obligation. At any rate, it's much more complimentary—and productive—for the physician to assume so.

"In order to meet my own obligations, I must request prompt payment for my services."

The only valid reason for a debtor to pay up is that he owes the debt. When a physician tries to stir up sympathy for *his* financial problems, he is generally paddling up a dry creek. Worse, he's likely to irritate the patient with this tear-jerker approach. And irritation seldom generates checks.

"I've been checking over Doctor's accounts and find that you haven't yet sent us any payment. Would you mind helping us out?"

What does this secretary think she's doing—soliciting a contribution to the Society for the Support of Dr. Smith? Any such pleading or wheedling puts the physician in a weak, defensive position. It sacrifices his dignity and invites contempt.

"When the courtesy of extended

By James Fuller

Recommended by doctors!

Relished by patients!

Reduces labor costs!

Ready to serve!

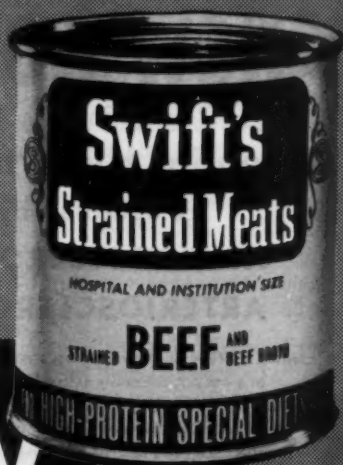
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Swift's Strained Meats offer a natural, palatable, excellent source of biologically valuable proteins, plus B vitamins and iron. Widely recommended and used in ulcer management, geriatrics feeding, pre-and-post-operative care.

Ready-to-serve Swift's Strained Meats save time and cut costs in the special diet kitchen.



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Essential Hypertension

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***MAXITATE** with Rhamno-B₁₂, a continuing aid to a longer, normally active life, relieves symptoms of essential hypertension . . . prevents, checks and may even reverse the progress of atherosclerotic and/or arteriosclerotic development . . . maintains vascular integrity. A safe, and more complete treatment!

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DESCRIPTION

Each scored Maxitate with Rhamno-B₁₂ tablet contains *Maxitate 30 mg., Phenobarbital 15 mg., Rutin 30 mg., Ascorbic Acid 25 mg., Vitamin B₁₂ 2 mcg.

DOSAGE—Maxitate with Rhamno-B₁₂ is non-toxic—requiring no complicated dose schedule. Dose may safely be adjusted to meet individual requirements. Recommended dose is 1 to 2 tablets every 4 hours.

AVAILABILITY—Maxitate with Rhamno-B₁₂ is available on prescription only at all leading pharmacies. Literature and supply for initiating treatment sent on request.

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payment was originally given you, it was based on my confidence in your honesty."

This rates as a psychological dud because it invites the following reaction: "So I'm dishonest, am I? Well, if *that's* what he thinks . . ." And into the wastebasket goes the letter. Moral: Don't cast aspersions—even indirect ones—on any debtor.

"I am disappointed that you have failed to make a remittance."

If you really want to annoy a person, say most psychologists, just tell him flatly that he's let you down. People don't like to be reminded of their failures in so many words. When they *are* so reminded, they're less likely to cooperate.

"Unless I hear from you within the next week, I will be forced to take drastic action."

What drastic action? The threat is almost meaningless because it's so vague. As a rule, ultimatums are best avoided—at least until the last possible moment. They don't give the debtor enough chance to save face.

"I didn't fail you when called upon to render service. Why should you fail me?"

There's that suggestion of failure again. In addition, this gambit plays up the "I" angle (instead of the "you" angle) and sentimentalizes it. Better leave that to Dr. Kildare.

This little exercise in applied psychology is one that even the so-called experts have been slow to

learn. One collection authority actually recommends phrases like these:

"I have given you the best within my power . . ."

"The minutes spent in writing you might better be used in saving another human's life . . ."

Patients aren't dumb! They know how much interest the physician displayed in their case; and if it's any less than they expected, this approach may rate as the biggest psychological dud of them all.

After all, a collection letter needs just three things:

1. A brief reminder of the amount owed, along with a direct request for payment.

2. An appeal to the debtor's pride and self-respect, which are the mainsprings of human behavior.

3. A sincere but informal writing style, as if you were simply talking to the person.

If you stick to the friendly, man-to-man approach—"I know you mean to pay"—you'll get results. And, just as important, you'll keep the patient's good will. **END**



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1. Stritzler, C.; Fishman, I. M., and Laurens, S.:
Transactions New York Acad. Sc., 15:31, Nov., 1950.

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Bachelor From The Bronx

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would limit the sale and use of fireworks. But Schwartz stayed in the legislative chamber until he was hoarse from speaking. And the bill became law.

Thereafter, Bronx doctors became increasingly active in community affairs. Some of the more spectacular results were described by Schwartz at the A.M.A.'s public relation's conference in Los Angeles last December. Quite typical was the battle over Pugsley Creek.

For years, city authorities had ignored the complaints of residents of the area. Garbage choked the creek; it bred flies, mosquitoes, rats, and a fulsome fragrance that kept near-by windows sealed. Schwartz decided it was a prime health hazard and led an expedition of doctors to the scene. One member of the group actually plunged headlong into the muck while trying to catch a rat.

"We let that man have his say in our report to the city," Schwartz recalls. "And as a result, it was a scorcher. We hollered so loud, the city finally hired a private contractor to clean up the mess."

Other civic messes have also brought Schwartz to the scene. Even

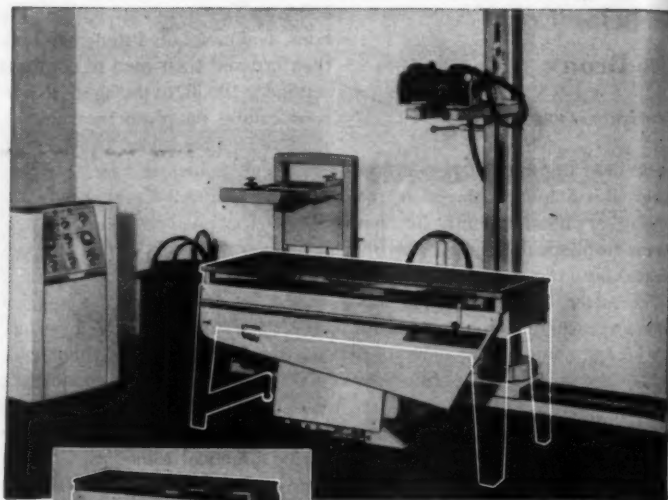
labor squabbles. Elevator strikers last autumn, for example, found Schwartz intervening within the hour. Union agents listened to him, then ordered their men to continue service to the ill, to the aged, to persons calling on physicians, and to physicians themselves.

George Schwartz's latest enthusiasm is the Bronx Community Clinic, which opened its doors last July. Co-sponsored by the medical society and by the Chamber of Commerce, this Schwartzian venture consists of weekly "town meetings" at which citizens air their complaints about community conditions. Clinic committees then study the symptoms, make diagnoses, and prescribe practical remedies.

Stimulated by plentiful publicity, the clinic is a huge success. Schwartz worked day and night preparing its first major project, "Operation Safety Bronx," which saw 4,000 motorists given free visual, hearing, and driver-reflex tests by doctors in the borough's largest theatre. Programs in accident prevention, citizenship, sanitation, and fair trade are now also being pushed.

Each Wednesday morning when people pour in for this "town meeting," Schwartz arrives early, wondering what he'll end up doing next. The only thing he's sure of is that it will be fun—both for him and for the others involved. "People enjoy being kept busy," he says in his soft Bronx voice, "when they know they're doing good."

END



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When the Tax Auditor Comes

[CONTINUED FROM 71]

less, if the doctor (or his tax adviser) disagrees with the decision, he is free to dispute it. This may give rise to what is known, in tax lingo, as a "bargain."

Here's an example of the "bargaining" process:

Two years ago, an East Coast physician took a lecture trip to Europe. His wife went along as a technical assistant, and he felt that he could legitimately claim two-thirds of her expenses as a tax deduction. The auditor, however, objected; he would, he said, allow only one-third of the wife's expenses.

But the physician made a strong case. He gave examples of how important his wife's services had been. Finally, relenting, the tax man said, "All right. Let's make it one-half."

Sometimes the bargain process is more complex than this. It may involve two or three deductions. Tax advisers have found that they can often sustain one important deduction in full if they gradually soften their arguments for one or two less important ones.

One auditor, for example, disputed the amount claimed by a doctor for membership in a country club where he made professional con-

tacts. He thought also that the rate of depreciation set for a new X-ray machine was too high. The doctor began by defending both deductions, but rather than endanger the more important of the two—the club dues—he soon agreed to a lower depreciation rate. Nothing more was said about the dues.

Orienting the Auditor

Frequently, an auditor will dispute a physician's expenses because he is not familiar with the economics of medical practice. In such cases he may be open to a bit of orientation. One tax man, for instance, began by slashing nearly every professional expense item the M.D. had listed. But he changed his approach when he learned that the doctor had given some \$5,000 worth of charity medical care during the year.

Another examiner became more open-minded when he found that the doctor was owed more than \$2,000 in unpaid and long-overdue bills.

But tax advisers caution against laboring such points. If it isn't strictly necessary to defend your claims, don't do it. Says a tax lawyer:

"When you hand over your records to a tax agent, you have to think, 'My return is correct and here's evidence of it.' If you begin defending yourself before you're charged, the auditor will surely suspect a guilty conscience."

Though, as I've said, the average auditor is easy to get along with,

doctors are bound to draw a tartar now and then. Maybe you've run into the type: He strikes out a deduction and turns a deaf ear to your reasoning. What can you do about it? One of two things:

Pay up—or if you're convinced you're right:

Protest.

You'll get a chance to protest shortly after the audit has been completed. If the auditor has recommended changes, you'll receive a report on the audit from the agent in charge of your tax district. Along with it, you'll get what is known as a "thirty-day letter." This gives you thirty days in which to file a protest—in which case you'll be granted a hearing with a tax conferee, who may be the head tax man in your district or, in large cities, the district's chief auditor.

If you don't get satisfaction from the conferee, you may be granted a further hearing before the appellate staff, which is like a jury of tax experts. (This right, however, is not guaranteed.)

In most instances, if the conferee and/or the appellate staff turns down your protest, it's best to pay up. Further appeal may prove very costly, since the interest on the amount due continues to pile up as long as you hold off paying.

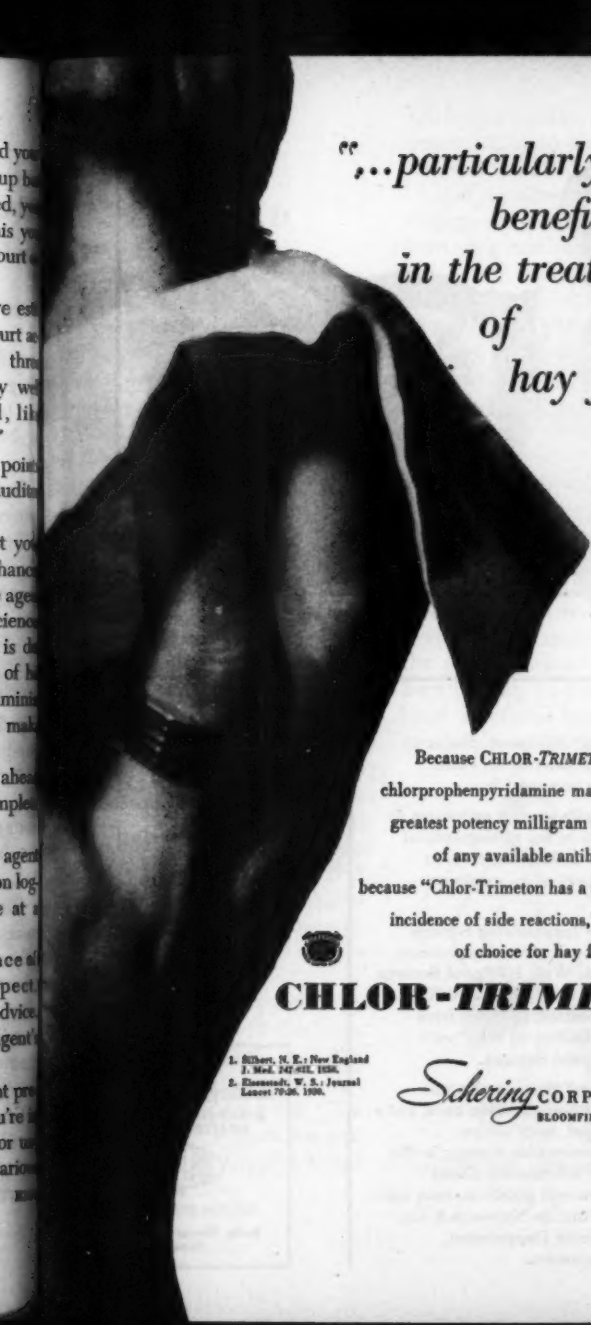
If you so choose, however, two further avenues of appeal remain. One of these is the U.S. Tax Court, to which you can appeal within ninety days after your hearing with

a conferee, if you have *not* paid your assessment. If you *have* paid up but still think you've been wronged, you can sue the Government. This you must do in the U.S. District Court or the U.S. Court of Claims.

According to a conservative estimate, you'll be lucky to get court action on a tax case inside of three years. Before then, you may well want to give up—dismayed, like Hamlet, by "the law's delay."

In sum, here are the main points to keep in mind when the tax auditor calls:

1. Take it for granted that your return is being audited by chance; don't do anything to make the agent think you have a guilty conscience.
2. Assume that the agent is doing a difficult job to the best of his ability—that he's no mere Administration emissary sent out to make trouble for doctors.
3. Assemble your records ahead of time; make sure they're complete in every important detail.
4. If you disagree with the agent over certain deductions, rely on logic and compromise to arrive at a common ground.
5. Where the disallowance of major deductions is in prospect, don't hesitate to get outside advice. You don't have to accept the agent's decisions unquestioningly.
6. Don't sign any agreement presented by the agent unless you're in full accord with his findings, or unless you've exhausted the various methods of appeal.



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hay fever."*¹

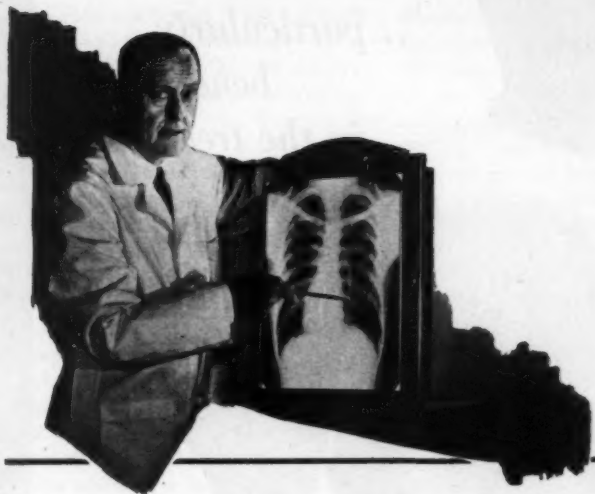
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1. *Brit. Med. J.*, N. E.; New England
J. Med. 242:612, 1950.
2. *Elevenand; W. S.; Journal*
Lancet 79:26, 1950.

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Fee Splitting: How to Combat It

[CONTINUED FROM 88]

affected many M.D.'s. "I don't want the hospital nosing through my books unless it will publicize the fact that I'm not splitting fees," said one.

When St. Joseph's doctors rejected the proposals, the staff was dissolved in a surprise action by the Third Order of St. Francis, which owns and operates the hospital. Then it was reorganized—under the new by-laws. Of the forty-eight doctors on the attending staff at St. Joseph's at the time it was dissolved, forty-six have come back on the reorganized staff. The other two have died.

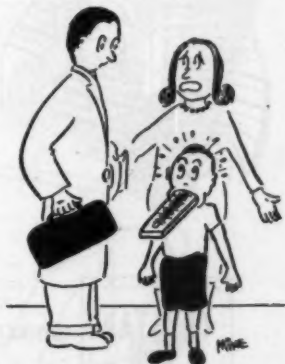
In this case, the control of surgical privileges was also at issue. It may, therefore, have been as important as the proposed action against fee splitters in bringing about the crisis that resulted in dissolution of the staff. From the hospital's standpoint, however, the two regulations were both part of a single effort to raise hospital standards.

"Protection of the patient is the greatest responsibility of the hospital and the medical staff," said Rev. John Weishar of Peoria, diocesan director of Catholic hospitals. "The Third Order of St. Francis, the governing board of St. Joseph's Hospi-

tal, feels it owes an obligation to the community to operate a fully accredited hospital."

Staff members of the American College of Surgeons report that an increasing number of hospital boards are feeling some responsibility for medical standards. But it would probably take years to eliminate fee splitting by hospital actions similar to that of St. Joseph's.

Meanwhile, unquestionably, fee splitting could be swiftly curtailed if the Commissioner of Internal Revenue issued a formal regulation for its collectors in the states where fee splitting is held illegal. That regulation would instruct tax men to rule against the deduction of referral fees as business expense. This action would not, of course, eliminate all the phony surgical assistance and joint billing and other sleight-of-hand tricks that have been used to conceal fee splitting. But it would



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"But I

cut out the hard, dark core of the problem, the secret split that defrauds the patient and casts a shadow on the profession.

As this is written, the Board of Regents of the American College of Surgeons is favorably considering one proposal to speed up the pace of its long fight against fee splitting. It has been suggested that the board adopt resolutions *publicly* requesting the Commissioner of Internal Revenue to take a firm position on the deduction question.

Moreover, medicine's top ruling body, the House of Delegates of the American Medical Association, has thrown its weight behind a drive to make rebates unlawful in all states. The A.M.A. Principles of Medical

Ethics are of course adamant against "the giving or receiving of a commission . . . under any guise or pretext whatsoever."

Some observers find it ironic that a result long sought through ethical codes and professional standardizing bodies can apparently be attained only by bureaucratic regulation. Actually, this isn't the point at all.

Fee splitting develops as a response to economic pressures on the doctors who practice it. The most logical way to prevent it is to develop equally strong, counterbalancing pressures *against* fee splitting. If the Bureau of Internal Revenue produces such pressures, it will simply reflect what the medical profession itself apparently desires. **END**



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Urges Doctors to Press For Fee-Splitting Laws

The fact that fee splitting is "apparently legal" in twenty-five states makes it important for physicians in those states to seek legislation aimed at stamping out the abuse. So argues the Norfolk (Mass.) Medical News.

The editors chide physicians in their own state for failing to follow up a four-year-old A.M.A. resolution that urged state societies to support legislation against "the acceptance . . . of rebates in any form." In 1950, they say, "we were told by the Committee on State Legislation that the reason for not drafting such legislation was that 'it . . . might lead to unfavorable and unjust publicity...'"

Dissatisfied with this reasoning, the journal recently asked the A.M.A. Bureau of Legal Medicine and Legislation what difficulties sponsors of anti-fee-splitting legislation have run into. The answer: none that the bureau knew of.

Commented Director J. W. Holloway Jr.:

"The only persons who could oppose it would be physicians who do engage in fee splitting . . . and corporations who engage in the practice of making rebates, and it is incon-

ceivable to me that the . . . legislature would look with much favor on the testimony presented by either group."

Is Your Old Diathermy Equipment Obsolete?

At the end of this month many diathermy units now used by physicians will be obsolete—even though lots of them may be in good working order.

As the result of a Federal Communications Commission edict, most diathermy machines manufactured before July 1, 1947, cannot be used after June 30 of this year. If you own a diathermy that was *built* after July 1, 1947, chances are that it's been set to operate within the four frequencies newly assigned for medical use by the F.C.C. You can tell whether you've got an up-to-date machine by checking its name tag. It's O.K. if you find an F.C.C. "type approval" number on the tag. This means that a prototype of the instrument has been tested and approved by the F.C.C.

What's the reason for the June 30 change-over? The buzz emitted by diathermy equipment—used by many industrial firms as well as by physicians—was coming through

Efficient spasmolysis in



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... such as irritable colon, emotional diarrhea, peptic ulcer, pyrosis; also for inflammatory diarrhea due to acute gastroenteritis or ulcerative colitis, and functional dysmenorrhea.

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1 • BUTISOL® SODIUM 10 mg. ($\frac{1}{8}$ gr.)—"intermediate sedative" which is "particularly useful in the field of daytime sedation."¹ The mild, relatively prolonged action of Butisol Sodium "makes it suitable for management of many functional disorders."¹

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1. Dripps, R.D.: Selective Utilization of Barbiturates, J.A.M.A. 139:148 (Jan. 15) 1949.

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radio receivers like a howling banshee.

Police short-wave radios and air-to-ground and ship-to-shore systems have been reacting to the interference for years. And, more recently, television screens have been fluttering. With the airwaves in something of a jumble, the communications people have found it necessary to narrow the channels on which various types of transmitters can operate.

Under certain circumstances, it's possible to continue using an old-style diathermy. If, for example, you provide a shielded room and use a filtered power line to cut down the radiation, the F.C.C. may not object.

To operate a pre-1947 machine under these conditions—or any other conditions—you must display a certificate from a radio engineer to the effect that the radiation from your equipment does not exceed that permitted by the F.C.C. Ordinarily, providing such protection will be as expensive a proposition for the average physician. Surgical diathermy equipment in hospitals is, in most cases, already screened and will not be affected by the new regulation.

A big question right now is: Can an old diathermy machine be converted to comply with the new regulations? A great many electronics men say the average old-style equipment cannot be converted. There are some, however, who believe the job can be done on some types of

machines. In any case, it's doubtful that any conversion job will be guaranteed.

If you're one of those who must trade in a still-usable diathermy for a new model, you may draw some comfort from the fact that you can get tax credit for any loss you sustain. The tax man will let you add such loss to the purchase price of your new diathermy equipment, for depreciation purposes.

Guilty Pharmacist Views Drug Addicts' Brawl

The occasional physician who is careless with drug supplies and prescription blanks may be playing into the hands of men like Enos A. Hilterbrand. It's unlikely, though, that Druggist Hilterbrand himself will ever again accept the gambit.

Convicted for the illegal sale of barbiturates, Hilterbrand was glumly awaiting sentence in a Federal court in Dallas, Tex., when seven young drug addicts were brought before the bench. They were still hopped up. Two of them attacked court attendants. A third—a teenage girl who was pregnant—severely bit attendants when they tried to take a barbiturate capsule away from her. Unable to control the young defendants, Judge T. Whitfield Davidson ordered them held for trial at a later date.

Then he meted out to Enos Hilterbrand the stiffest penalty ever imposed by a Federal court for the

illegal sale of prescription drugs: two years in the penitentiary. Judge Davidson served notice to all people who deal with drugs that no probated sentences will be given in his court.

Tour of A.M.A. Exhibits Is Featured on TV

Mobile television units are moving into Chicago's Navy Pier this month, to give the American public an unprecedented glimpse of the 101st annual session of the American Medical Association. Half-hour highlights from the A.M.A.'s scientific exhibit are being carried to a nationwide audience over the National Broadcasting Company's television network on the evenings

of Tuesday, June 10, and Wednesday, June 11.

During the two telecasts, home viewers in more than thirty-six cities across the nation are being taken on a tour of the convention's 300 scientific exhibits. The programs are being conducted on a "strictly scientific and educational level," reports the Smith, Kline & French Laboratories of Philadelphia, which is sponsoring the history-making telecasts in cooperation with the A.M.A. Bureau of Health Education.

Local Doctors Sponsor Catastrophic Coverage

From Wisconsin comes the latest sign of Blue Shield progress in extending coverage to catastrophic ill-

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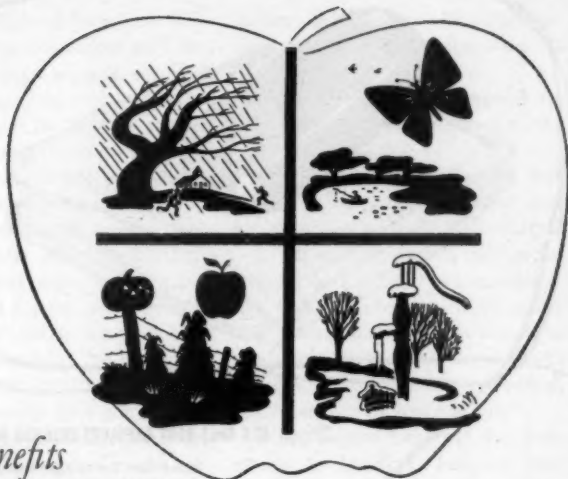
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"The infant is losing a large amount of essential food stuffs owing to the rapid passage of material through the intestinal tract. A high caloric diet compensates for this loss... The apple powder is an important component of this regime, since it slows the intestinal rate and converts the watery irritating stools into comparatively normal dejections."

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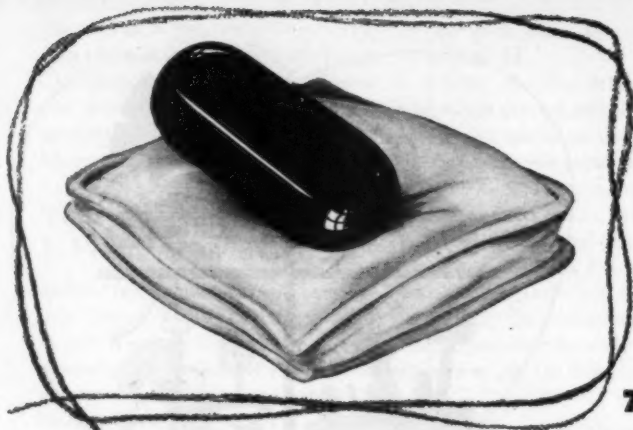
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1. O'Keefe, Edward S.: Rhode Island Med. Jour., 33:127, Mar., 1930.

2. Council on Foods, American Medical Association: Accepted Foods and Their Nutritional Significance, Chicago, American Medical Association, 1939, p. 288.



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lasting from five to eight hours, usually free from undesirable after-effects. Pulse and respiration are slowed in the same manner as in normal sleep. Reflexes are abolished and the patient can be readily aroused. "CHLORAL HYDRATE produces a normal type of sleep, and is rarely followed by 'hangover'."¹

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nesses. The Medical Society of Milwaukee County now offers such insurance to groups already enrolled under its basic medical-surgical plan. It is one of the first county societies in the country to do so.

The new Milwaukee contract is modeled on large-scale catastrophic coverage plans elsewhere. For any one illness, after the first \$200 in medical-surgical expenses, it pays 75 per cent of further costs up to a maximum of \$2,000 in one year. The plan does not restrict the major illnesses for which it will pay.

As yet, coverage does not include hospital benefits. It does include most other items, however—for example: charges for medical and surgical services, registered nurses, X-ray and laboratory services, physiotherapy, medicine and drugs, artificial limbs, and oxygen.

Iowa Medical Society O.K.'s Joint Billing

The A.M.A. has long frowned on the practice of two solo physicians' sending a joint bill to a patient, whether the bill is itemized or not. Iowa doctors, however, have recently taken official exception to this stand.

In a new "interpretation" of medical ethics, the executive council of the state society says this:

"Where two or more doctors render service to a patient, one statement may be submitted by either doctor." Furthermore: "This fee may be entirely paid to either phy-

sician, and the one receiving payment shall forward to the other his fee."

This procedure is approved for Iowa doctors on the following conditions:

1. "One statement may be submitted to the patient by either doctor, itemizing each doctor's charge."

2. "It should be made clear to the patient or his legal representative that this fee is to be divided equitably among all physicians who have rendered services, and the patient's consent, either express or implied, obtained as to such procedure."

What factors have led the Iowa society to decide in favor of joint billing? The council cites these among others:

¶ With increasing specialization, it has become frequently necessary for two or more physicians to participate in the treatment of the patient.

¶ During surgery, two or more doctors must be present to insure the patient's welfare in case of emergency. This is a requirement, in fact, in many hospitals.

¶ In large and small Iowa communities, it is common practice for the G.P. or family physician to be present at surgery, often at the specific request of the patient's family.

¶ In many communities where doctors have handled surgical and other cases together, they have rendered one bill with the patient's consent, and frequently at his request. Thus, by custom, joint billing is, in

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In short, doctors do it, the public accepts it, and the Iowa State Medical Society now recognizes it as ethical. According to law, the Iowa doctors are on safe ground. In their state, joint bills are apparently legal if itemized, illegal if not.

Court O.K.'s Health Plan That Doctors Oppose

A West Coast medical society has suffered a double-barreled legal setback at the hands of the Complete Service Bureau, a lay-controlled voluntary health plan.

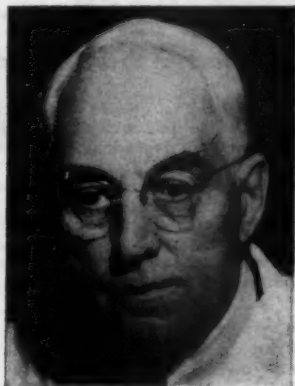
In California Superior Court recently, Judge Arthur L. Mundo ruled that the bureau could stay in

business despite a charge by the San Diego County Medical Society that it was engaged in the "corporate and lay practice of medicine." The judge also held that George Roy Stevenson, Chester J. Antos, and Robert L. Williams—three physicians who claim to have been barred from medical-society membership because of their connection with Complete Service Bureau—could press a suit for \$100,000 damages against the society. (Though Williams resigned from C.S.B. some time ago, he has decided to remain a plaintiff in the suit because, as he puts it, "of the moral issue involved.")

To back up its charge against the bureau, the society pointed out that the bureau's lay manager, David Parmer, was compensated through



Chester J. Antos



George Roy Stevenson

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a commission deal amounting to twenty-five cents per member per month. In effect, claimed the society, the plan's physicians were splitting fees with laymen—thus putting laymen in the position of competing with M.D.'s in the practice of medicine.

Not so, ruled Judge Mundo. Regarding Parmer's contract, he commented:

"One would be justified in concluding that [Parmer] had imposed exacting terms for his management of C.S.B. But whether or not the terms were excessive or unconscionable, as the [society contends], this court is not called upon to decide . . . No member of C.S.B. has objected to the contract or to the management of C.S.B., nor has the Attorney General objected to the manner in which C.S.B. is functioning as a nonprofit corporation. The evidence indicates with certainty that C.S.B. under Parmer's management has prospered, has grown to about ten thousand members, its

*A*necdotes

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medical staff increased from three to ten physicians, its medical and patient-members satisfied . . . The offer of the defendants to show that C.S.B., while professing to be a non-profit corporation, is, in fact, a one man profit corporation run by Farmer, must be held to be immaterial."

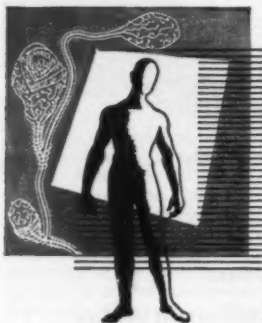
Nor did the judge find any evidence that "lay intervention exists between patient and doctor." Rather, he said, "the lay staff of C.S.B. handles only the business affairs of the corporation; . . . the organization as a whole operates to the benefit of the patients and the doctors as well."

Judge Mundo drew a parallel between C.S.B. and the doctor-sponsored California Physicians' Service. "Both . . . are entitled to operate

under the laws of the State of California," he pointed out. "Neither [has] engaged in the practice of medicine. Actually what these organizations are doing is to bring patient and doctor together under an arrangement which offers their member-patients medical care at reduced cost . . .

"The practice of medicine begins when a person does something in the way of diagnosing or treating the sick. The bringing together of patient and doctor is not a violation of the law."

In short, he went on, "the fact that C.P.S. is subject to control by doctor-members, and that C.S.B. is subject to control by patient-members, does not operate to make the one a lawfully conducted organiza-



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Prescribe Desitin Hemorrhoidal Suppositories in hemorrhoids (non-surgical), pruritus ani, uncomplicated cryptitis, papillitis, and proctitis.



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tion and the other unlawful . . . The law offers no special concession to the medical profession in the management of nonprofit organizations which supply medical care to their members."

Did the bureau constitute unfair competition to physicians? That possibility, too, was ruled out by the judge. The plan *did* offer competition, he conceded; but "the same can be said of the clinics conducted by doctors in partnership arrangements."

In fact, he added, "there are many who . . . hold that group practice will be beneficial to the profession . . . The increased interest in health and medical service would have the natural reaction of bringing many to the individual practitioner who otherwise might be prone to defer their visits to a doctor's office . . . In any event, in this particular case there is no evidence that any practitioner in San Diego has suffered, or will suffer, loss of practice and financial damage because of the operation of C.S.B."

Says M.D. Carelessness Puts Men in Khaki

Doctors are to blame for the drafting of many young men who are not physically qualified for military service, says the journal of the New Jersey medical society. And it rebukes those of its members who fail to cooperate with military medical officers at induction stations.

Of 100 letters of inquiry sent to family physicians by the Newark induction center recently, says the journal, eighty-three were answered within four weeks; seven were acknowledged a month later, after a follow-up letter; ten were "blandly" ignored.

Of the ninety replies that were received, about half were of the "I treated John Smith for asthma five years ago" variety. "Of what value is this in determining the selectee's military fitness?" asks the journal.

It adds: "If the doctor fails to support his own patient's story, either by sending a hopelessly inadequate reply, or by refusing to submit any answer, then he is certainly failing his patient."

Do We Need White Jackets —or Strait Jackets?

If you ever watch TV commercials, chances are you've seen the white-jacketed, well-combed young man who is the electronic age's latest contribution to health and sanity.

He probably doesn't fool you much; but in the public's eyes the TV announcer's new uniform—the white jacket—"identifies [him] as a doctor," writes Charles W. Morton in the *Atlantic Monthly*. Of course, the announcer doesn't *say* he's a doctor (he'd hear from the Federal Communications Commission if he did); but, Morton explains, "with the white jacket he doesn't have to. Even the dumbest member of the

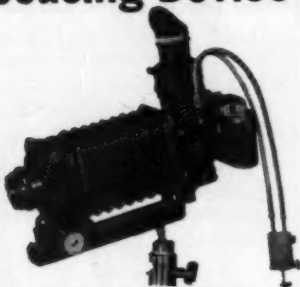
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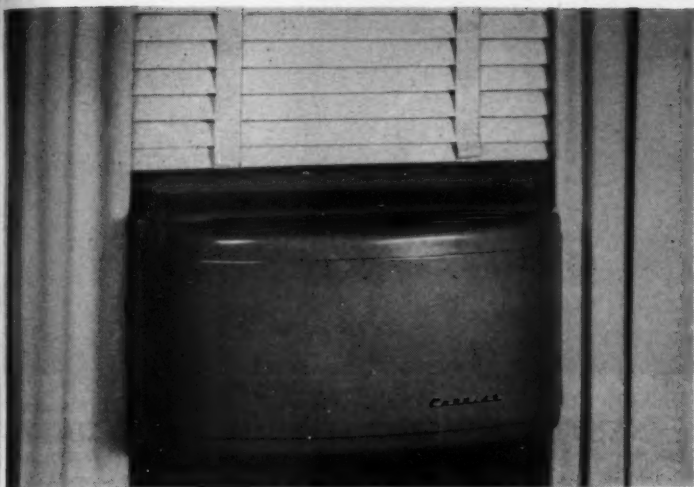
TV audience can see for himself that a doctor is doing the talking."

Usually, the "doctor-announcer" begins his spiel with these words: "In my profession, we turn to the specialist for expert advice. And noted specialists agree . . ." What White Jacket fails to mention, Mr. Morton points out, is that "his profession is in fact commercial announcing."

From this reassuring beginning, the doctor-announcer goes on to the more scientific aspects of the product he's rooting for. And what might that product be? In Morton's words: "The answer is everything: the twice-daily cathartic, the sovereign pill for nephritis, the remedial cigarette, wrist-watch bands, wave lotion, slip covers, carpeting, beer, or small loans."

You may wonder what some of these things he's peddling have to do with a consumer's health. There'll be no doubt in your mind, says Morton, when you hear the pitchman say, "Don't waste money on a wrist-watch band that will constrict your circulation and probably make your fingers drop off" or "Do you want to get pneumonia by using the wrong kind of fuel in your furnace?"

"The health angle and the white jacket," Morton writes, "are said to be alarmingly successful in tipping over the TV audience. If the advertised product happens to tie in comfortably with a specific disease—arthritis, rickets, myocarditis, or lockjaw—so much the better, but if no really formidable ailment can be reasonably hitched up with the sales



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talk, the announcer-doctor can always pick on worry. The TV audience, in other words, can be made to worry about almost anything, and nobody appreciates the dreadful consequences of worry more knowledgeably than the man in the white jacket on the TV screen."

Atoms Make Gold for M.D. Says Frontier Newspaper

Would you like to earn \$2.30 a minute (\$138 an hour) giving physical examinations? According to a recent editorial in the Las Vegas (Nev.) Sun, one M.D. actually got this rate of pay while working at an Atomic Energy Commission construction project. The Gold Rush was never like this, the editorial implied.

But the Sun, it turned out, had been a little hasty. It was a good story but not altogether accurate, in the light of a subsequent release by the A.E.C. The commission agreed that the physician had billed it \$6,000 for examining 150 workers at the Nevada atomic proving ground, just as the newspaper charged. The fee for each examination, it also agreed, had been \$40, of which \$17 apparently went for laboratory work. But the Sun's claim that the doctor's share of the total charge (\$3,450) was earned by "twenty-five hours of toil" did not seem to stand up.

The job of clearing men for urgent work in a radioactive area required, said the A.E.C., not twenty-five but

fifty-four hours of the physician's time. He worked, according to the A.E.C. statement, at a rate of eighteen hours a day for three consecutive days. Moreover, he used the services of three technicians, a nurse, and a secretary, most of whom worked overtime on each of the three days.

As for the bill, the \$40-a-man charge broke down this way, according to the A.E.C.: X-ray photographs, \$10; blood count, \$5; urinalysis, \$2; X-ray interpretation, \$5; physical examination, \$18. The commission did not say which of these fees were pocketed by the doctor and which went to the medical group whose laboratory facilities he used.

At last report, Government auditors were still checking over the bill.

Are You 'Short-Changed' On Old-Age Benefits?

Doctor, lawyer, Indian chief—or pharmacist? Which one gets the best break when he retires? Without discussing the obvious advantages of being a retired Indian chief, it's the pharmacist by a long shot.

So says Dr. Harold Aaron, writing in the left-leaning Physicians Forum Bulletin. Doctors and a lot of other professional men are, he maintains, "short-changed" for sums ranging from \$7,000 to \$20,000 when they retire. Reason: They don't get Federal Social Security benefits, which are available to pharmacists and

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many other self-employed people.

Here, according to Aaron, is the
situation in a nutshell:

¶ A physician and his wife, both
age 60, would have to make a lump-
sum payment of at least \$20,000 to
a private insurance company in
order to augment their annuity pro-
gram by \$120 a month when he re-
tires at 65.

¶ A self-employed pharmacist and
his wife, who are also both 60, would
get exactly the "same annuity pro-
gram" through Federal Social Se-
curity. And they'd get it for a total
cost of \$513, payable over a five-
year period.

It's not only the older physician
who's being "deprived," says Dr.
Aaron. "Actually," he writes, "every
doctor who wants to duplicate the
retirement benefits now available
under Social Security . . . will pay
from 200% to 4,000% more to a pri-
vate insurance company . . ." For ex-
ample, a 30-year-old professional
man would have to pay \$5,292 for
Social Security as against \$12,900
for similar private insurance over a
period of thirty-five years.

And when he begins to collect his
insurance, the Social Security card-
holder will save even more money,
Aaron contends. Why? Because
Social Security benefits are tax free.
What's more, he adds, there are no
jokers in Government insurance:
"Under Social Security no one can
be charged more or excluded be-
cause of ill health or occupational
hazard."

Why aren't physicians entitled to
Social Security? "This discrimina-



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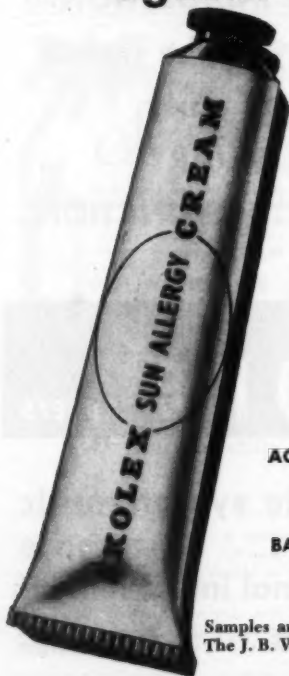
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tion . . . is primarily the result of a successful lobby on the part of the American Medical Association," says Dr. Aaron. The A.M.A., he points out, has condemned Social Security as a "compulsory socialistic tax."

Already a national dentists' group is backing legislation that will make the D.D.S. eligible for social security. And, Aaron reveals, the Physicians Forum is planning to introduce similar legislation for medical men this fall. "Doctors," he concludes, "should join the Physicians Forum in urging their constituent medical societies and . . . the A.M.A. to reconsider their denunciation of Social Security."

Are Grievance Committees Often Too 'Bashful'?

Although more and more state societies are setting up grievance committees, a good many still hide their light under a bushel. This is apparent from a recent progress report published by the A.M.A. Council on Medical Service.

Only eight states, as compared with fourteen in 1950, now lack machinery for handling grievances "on a state-wide basis," says the council. Of these eight, one (South Carolina) is planning to vote on the matter this year, and three (New York, North Dakota, and Oregon) are studying it. The remaining four (Alabama, Pennsylvania, Mississippi, and Maine) are not now consid-

ering the formation of grievance committees.

Of the states with grievance committees, only about half have publicized them; and in many cases publicity has been limited to an initial announcement. The reason given by several states for staying mum: Publicity might encourage ill-founded and nuisance complaints or might be looked on as a defensive action.

The council scotches both arguments. Complaints from cranks and psychopaths are common the first few months, it says, but they taper off later. As for the impression of some laymen that a grievance committee is evidence of an apologetic or defensive attitude: This disappears "as soon as it becomes apparent that the committee is interested in only a just settlement . . . and will defend whichever party is in the right."

Why set up *county* grievance committees* when so many *states* have them? Because "disciplinary action must either originate or end" at the local level.

As the council points out, a local committee can usually settle cases more quickly and effectively because it's closer, to the problem. What's more, the handling of grievances at the county level is better public relations, since the public is likely to regard such action as a "self-disciplinary measure" rather than a po-

*At last report (early 1951), 568 local societies had such committees.

licing action by an "outside" group.

Where, then, does the state grievance committee fit into the picture? When there's need for a "court of appeals" or when an impartial or thorough hearing at the county level is impossible, says the council.

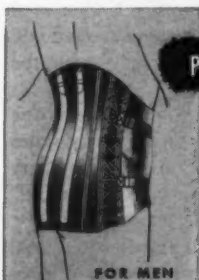
Some physicians tend to forget that a grievance committee serves *their* self-interest as well as the public's. Observes the council: "Where a physician has been unjustly criticized or condemned, it is to the benefit of the physician and the entire profession that the individual physician's record be cleared. The grievance committee is a protective mechanism for both the public and the medical profession and should be looked upon as such."

Even though few complaints are

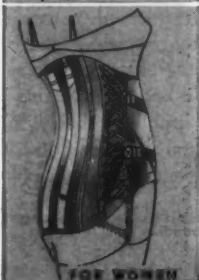
brought before a committee, it's still a valuable mechanism, the report concludes. For one thing, it "demonstrates the profession's willingness to discuss problems of medical care with the public. Its very existence is a deterrent to those . . . [doctors] whose individual actions might do harm to the profession's reputation."

Alerts Patients Against 'Ghost Surgery' Menace

"The ghost surgeon, clothed in white, moved silently into the operating-room. The sterile gauze then covered his mouth and nostrils might appropriately have been a highwayman's mask . . . Wielding a scalpel instead of a weapon, the surgeon cut open his [anesthetized] victim's



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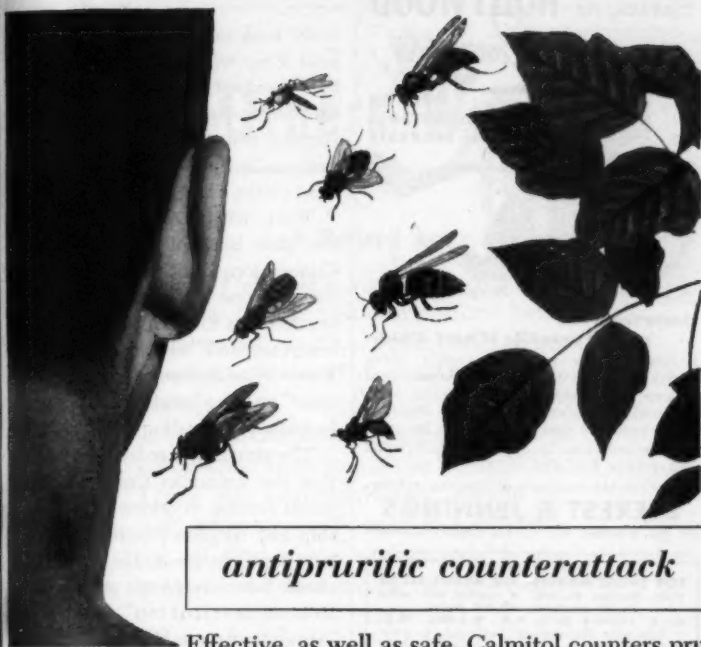
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I. Lubow, I.I.: New York State Journal of Medicine 50:1743 (July), 1950.



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body, took out a healthy appendix, held it up with a sharp look at his fellow culprit, who stood by, sewed up the gaping wound, gathered his surgical instruments and left as silently as he had come, while the patient-victim slept on."

Thus, writes Albert Deutsch in the May issue of *Woman's Home Companion*, "another piece of ghost surgery—one of the most vicious practices in modern medicine—had been executed." His article, "Do You Know Who Performed Your Operation?" paints a lurid picture of what he calls a "spreading evil."

The situation is so bad, he asserts, that the American College of Surgeons refuses to admit to membership any surgeon practicing in certain populous areas. He cites an instance where residents at "a famous Boston institution" were paid "twenty-five to fifty dollars plus traveling expenses for their ghostly excursions into small-town operating-rooms." This wasn't stopped until "the A.C.S. let it be known that the guilty residents were being closely watched and that evidence of performing ghost surgery would bar them in their later careers from admission to the college."

To shed some additional light on what makes a doctor drift into ghost surgery, Deutsch describes the experience of a "Dr. Zero"—a flourishing ghost surgeon in an Eastern city. Dr. Zero once had the makings of an excellent surgeon; but in the early days of his career, says Deutsch, "there were long waiting periods between patients, and he barely

in Others' Words

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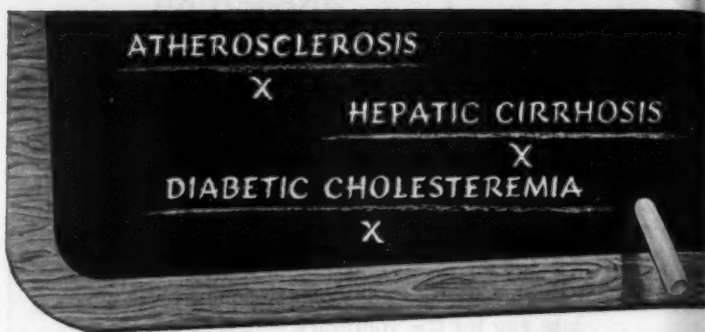
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1. Weidman, E. R., Jr.: The Biochemistry of Inositol. Bibliographic Series Bulletin, no. 6, Pittsburgh, Pa., Mellon Institute, 1951. 2. Editorial, J. A. M. A. 141:392, 1949. 3. Gerlier, M. M., et al.: Circulation 2:517, 1950.

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made a living for himself and his family. His shy retiring nature didn't attract patients—they preferred confidence and cheeriness in their doctors." So when a general practitioner offered him \$40 to perform a ghost operation, he grabbed the chance. Why? "Because he needed the money and because he felt such a job would keep his skill from getting rusty."

Word soon got around that he was a willing and able ghost surgeon, recounts Deutsch, and "many unethical practitioners took to using his operating skill to line their own pockets. In due time Dr. Zero was flitting busily in and out of operating-rooms, cutting up people who never saw him or knew his name. He raised his fees as a ghost, moved his family into a better neighborhood and pleased himself with an expensive hobby. He adopted a highly cynical view of mankind and medicine that contrasted sharply with the idealism of his medical school days."

Whose fault is it that surgeons like Dr. Zero go astray? As Deutsch sees it, much of the blame lies with the "older men" who tempt young surgeons "during the difficult days of trying to build up a practice." But he also scores the A.M.A. for allegedly failing to take "vigorous action against the shady characters who disgrace their profession."

How can readers of Woman's Home Companion protect themselves against the doctors' peccadil-

loes? Deutsch suggests two ways:

1. Before signing a certificate authorizing an operation, patients should insist on having the operating doctor's name entered in the proper space.

2. They should insist, too, on receiving a copy of the hospital's record of the medical participants in an operation.

"No ethical doctor," he adds, "should feel resentful when a patient exercises his rights. Bashfulness should not be a bar when health and perhaps life are at stake."

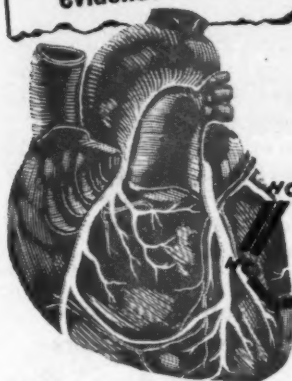
16 Million Patients— And Only 100 Doctors

People who think there's a doctor shortage in the U.S. should visit Afghanistan. There the doctor-patient ratio is about one to 160,000; 100 physicians serve a population of 16 million!

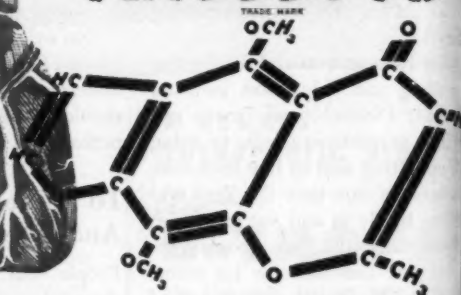
This was one of the facts reported in a recent World Health Organization study of health needs in Southeast Asia, a 500-million-person area comprising Afghanistan, Burma, Ceylon, India, Indonesia, and Thailand. In these countries, smallpox, plague, cholera, typhoid, malaria, and other communicable diseases have kept the life expectancy down to between 25 and 35 years.

With the U.S. and the U.N. together sending between \$16 and \$19 million in annual aid to this deprived area, there is some hope that local governments can be stimulated to

*
 "...definite objective
 evidence ..."



IN ANGINA WITH KHELLOYD



...The Published Findings with KHELLOYD...

80% Controlled—"Using the crystalline preparation (KHELLOYD), we were able to control the anginal symptoms in eighty-percent of the patients treated . . ."

KHELLOYD Well-Tolerated—"Untoward reactions were minimal" in therapeutic doses. "It appears that the crystalline preparation eliminates toxic effects which may well be produced by the impurities present in the crude preparations."

Objective Proof of Efficacy—"...the ballistocardiograph gave...definite objective evidence...of the favorable influence of the drug (KHELLOYD) on the disease process."

Recommended Dosage
 1 tablet daily for 1 week; then
 increased to 2 tablets daily, if neces-
 sary, as the average maintenance dose.

KHELLOYD W/P—the frequent association of nervous tension
 with angina and the occasional incidence of nausea often
 makes KHELLOYD W/P preferred. Each tablet contains
 KHELLOYD, 50 mg.; Phenobarbital, $\frac{1}{4}$ gr.

*Nalefski, L.A.: *The Use of Crystalline Khellin
 in the Treatment of Angina Pectoris (In Press).*

In the Service of Medicine Since 1870

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lift health standards. But, as Dr. C. Mani, director of W.H.O. activities in Southeast Asia points out, 80 per cent of the people in the area are illiterate, and the average annual income is only about \$50 a year. "All public health planning must start with these facts," says Dr. Mani.

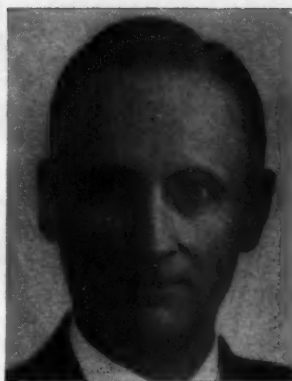
Seeks Federal Aid for Ambulance Services

The doctor is sometimes criticized for not getting to the patient quickly enough in an emergency. Less often is criticism directed at the speed with which the patient gets to the doctor.

The big need, as Representative Louis B. Heller (D., N.Y.) sees it, is more efficient ambulance service. He thinks every city of 100,000 or more people should have a radio-controlled ambulance system. To help a city set up and operate such a system, Heller has introduced a bill calling for the Government to share in up to 10 per cent of its cost.

High Fees Not the Only Trouble, Says Committee

It's no secret that excessive or unexpected charges for medical services bulk large among the complaints that patients voice against their doctors. But "incompetent," "negligent," and "discourteous" treatment are also important sources of grievances, says the District of Columbia medical society.



Walter R. Stokes

How to stir up grievances

In a report on cases handled by its grievance committee during a twelve-month period, the society lists these examples (among others) of alleged poor treatment that led to formal complaints:

- ¶ Experimentation with untried methods of treatment;
- ¶ Failure to use modern methods;
- ¶ The guaranteeing of therapeutic results that failed to materialize;
- ¶ Unfounded and frightening diagnoses or prognoses.

One fairly frequent type of complaint did not involve the doctor directly. It was: "Discourteous treatment at the hands of members of the doctor's office staff or family."

Some patients who bring charges against doctors are "clearly irrational," according to Walter R. Stokes, chairman of the committee. But he



Protected for a whole day

'Perazil' gives practical protection from the effects of allergens. Observers have agreed that: "The percentage and severity of side reactions was very low. Due to the longer duration of action of 'Perazil', less frequent administration of tablets was necessary."¹

'Perazil' was developed by The Wellcome Research Laboratories in the search for an ideal antihistaminic. Its chemical composition is unique. One 50 mg. tablet acts for 12 to 24 hours as a rule in relieving allergies.

'Perazil' Cream may be used for topical antihistaminic and antipruritic effect.

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*Chlorcyclizine Hydrochloride,
50 mg., Compressed, scored... also
'PERAZIL'® brand Chlorcyclizine
Hydrochloride CREAM 1%*

1. Cullick, L., and Ogden, H. D.: J. So. Med. Assn., 43:648, 1950



Burroughs Wellcome & Co. (U.S.A.) Inc., Tuckahoe 7, N. Y.

points out that the doctor can often avoid trouble with such persons by "displaying forbearance and tact, instead of standing stiffly upon his sense of justice."

On the other hand, when the complaint is justified or the doctor fails to cooperate, the D.C. committee doesn't hesitate to take disciplinary action. Explains Dr. Stokes:

"Since doctors are subject to all human frailties, it is inevitable that the grievance committee should find among them an occasional badly adjusted and irresponsible personality from whom the public and our own professional repute must be protected."

Utopia for British G.P.'s Now They've More Money?

Now that British G.P.'s have finally won the pay rise they've been seeking for years, will they tend to forget other grievances against the National Health Service?

Almost everybody agrees that Britain's 20,000 family physicians are entitled to the 25-per-cent increase (retroactive to 1948) awarded them by a high court this spring. Even the economy-minded Conservative Government, which had hoped to hold the line on N.H.S. costs, is resigned to the fact that the pay rise will add £45 million to the current budget.

But some observers point out that low pay has been only one of the things troubling G.P.'s in recent

years. Other sore spots, such as heavy patient loads and hospital freeze-outs, may eventually cause the Government even more trouble than the problem of paying for the increase.

Rules Confessions Under Hypnosis Are Illegal

Suppose a doctor hypnotizes a patient. Suppose that while hypnotized, the patient confesses to a murder. Can his confession be used lawfully to convict him of murder?

No, it cannot be so used, ruled the New York Court of Appeals recently, in reversing the conviction of a man sentenced to death for killing his parents. And legal experts believe that the decision may be a landmark in medical jurisprudence.

In this case, the "patient" was interviewed by a psychiatrist at the request of the District Attorney. The psychiatrist denied that he used hypnosis. The defendant, however, insisted that the doctor had made various gestures, "first with his hands and then with some object." After that, said the defendant, he recalled nothing. His confession, he protested, was involuntary and untrue.

The Court of Appeals agreed that his confession was involuntary and therefore inadmissible as evidence. It held that "this interview was a subtle intrusion upon the rights of defendant, and was tantamount to a form of mental coercion."

What's more, the court pointed

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... or in conjunction with ACTH or cortisone therapy. Smaller doses of cortisone are required when salicylate¹ or para-aminobenzoic acid² is used in conjunction with the hormonal regime.

Pabalate-Sodium Free thus offers the advantages of reduced expense for the patient and fewer side reactions.

1. Bull. Rheum. Dis. 1:9, 1951.

2. Am. J. M. Sci. 222:243, 1951.

Each enteric-coated tablet of Pabalate-Sodium Free (Persian rose color) contains ammonium salicylate 0.3 Gm. (5 gr.) and para-aminobenzoic acid (as the potassium salt) 0.3 Gm. (5 gr.) bottles of 100 and 500.

H. K. RORER COMPANY, INC. Richmond 20, Virginia
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out that the doctor had violated the defendant's legal safeguards in three ways:

¶ He did not tell the defendant that he had been called into the case by the District Attorney and that the police were listening to their conversation.

¶ He did not tell the defendant that he could have his own doctor or lawyer present.

¶ He did not warn the defendant that he was under no duty to speak and that anything he might say could be used against him.

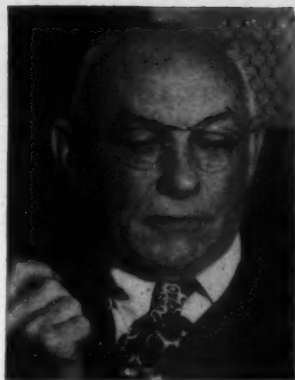
"Aside from constitutional objections," the decision concludes, "we have not reached the stage where medical science . . . establishes the trustworthiness of a confession induced by the means here adopted."

Suggests Medical Schools Admit Fewer 'Brains'

Who's responsible for medicine's current crop of troubles? Dr. Elmer Hess of Erie, Pa., contends that part of the blame should fall on the medical schools.

Generally, says Hess, medical schools are doing a bang-up job. But they're putting too much stress on academic brilliance in picking their students. As a result, "many young men who would make splendid doctors are kept out of medical schools because of mediocre grades."

This is bad, he points out, because the profession is already topheavy with bookworms and super-scientists



Elmer Hess

Too many 'sap scientists'

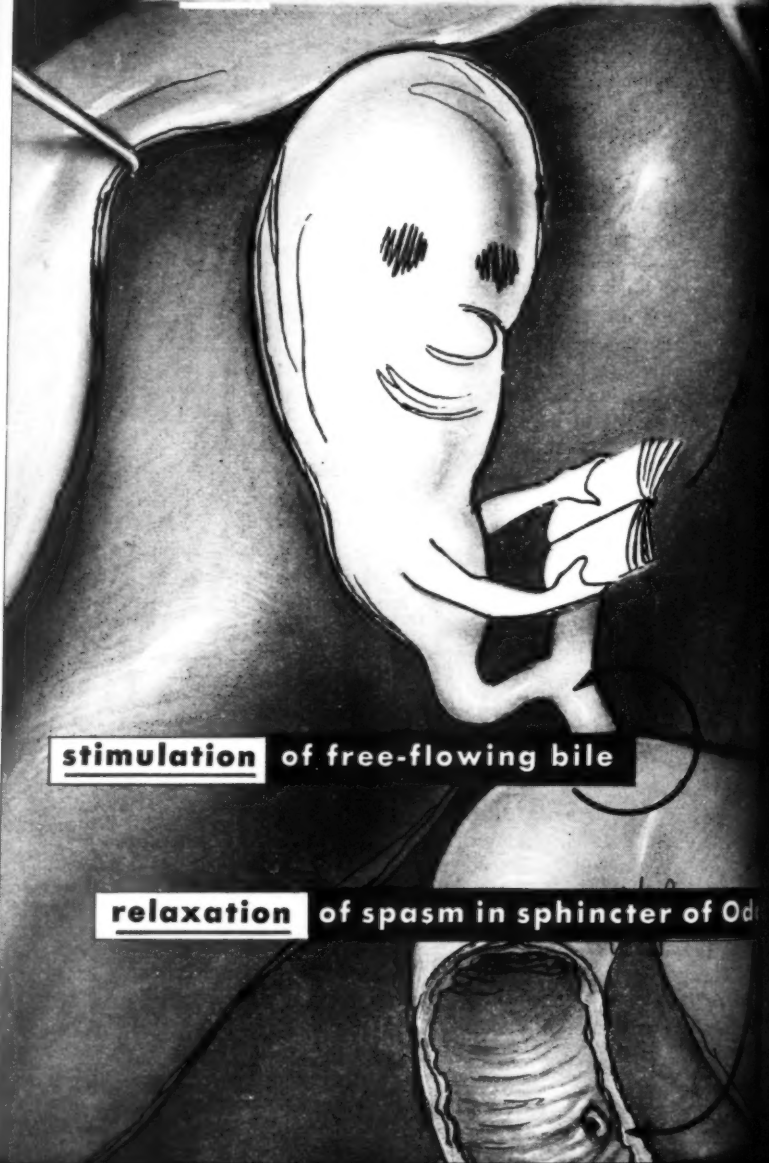
tists "who treat diseases instead of human beings . . . Any sap scientist can take out a gall bladder. But only a good doctor knows when an operation is indicated, and how to behave after the patient is sewed up."

In selecting students, he suggests, medical schools should de-emphasize scholastic standing a bit and put a premium on character. "Without character, medicine is a racket. Take [out] the spiritual values . . . and it can become a terrific racket."

Dead Man's Spirit May Give Town a Doctor

Citizens of Redgranite, Wis., almost gave up hope of getting a doctor in town when Massemينو Eannelli was killed. Eannelli, a local lumber man, had been a leader in the movement

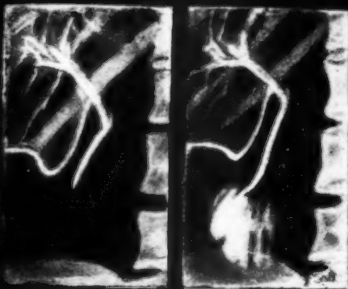
two sides to this story



stimulation of free-flowing bile

relaxation of spasm in sphincter of Oddi

In many biliary conditions, combined hydrocholeretic and antispasmodic therapy is indicated for best results to flush the bile ducts with a greater volume of bile and to relax spasm in the sphincter of Oddi.



When spasm of the sphincter of Oddi (left) is relaxed (right), bile pours into the duodenum.

Cholan *hmb*

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Homatropine methylbromide and phenobarbital, by their synergistic spasmolytic-sedative actions, relax spasm of the sphincter of Oddi — and neutralize hypertonic dysfunction of the biliary tract.

Cholan-HMB contains, in addition to dehydrocholic acid-Maltbie, 250 mg. ($3\frac{3}{4}$ gr.) per tablet, the spasmolytic *homatropine methylbromide* 2.5 mg. ($1/24$ gr.), and phenobarbital 8 mg. ($\frac{1}{8}$ gr.).

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- The recent findings of *Peshkin and his associates* are typical: "Phenergan compared dose for dose with the other available antihistaminic drugs proved to be the most efficacious and the longest-acting drug." *Ann. Allergy* 9:727 (Nov.-Dec.) 1951.

TABLETS

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to get a resident doctor for the little village of 648 people. Now it looks as though—even in death—he will succeed.

For some physician may soon be offered Eannelli's new \$27,000 house as an inducement to set up a practice in Redgranite. The lumber man had just finished his dream house—complete with a den finished in aged mahogany—when he set off with his wife and two sons on a trip. At a railroad grade crossing near Michigan City, Ind., tragedy struck. The entire family was killed.

As a memorial to the family, heirs to the estate have offered the new house to the town, with the request that it be used as a combination home and office for a doctor. If the law is willing, Redgranite may soon have its physician—and Massemينو Eannelli's wish will have come true.

Newest A.M.A. Activity: Painting 'Camouflage'?

What's the A.M.A. up to now? According to the Committee for the Nation's Health—a leading tub-thumper for compulsory health insurance—the A.M.A. is busy gathering wool to pull over the public's eyes.

Already, says a recent committee bulletin; "a high-powered, high-priced public relations campaign to explain away sickness costs . . . is being readied by the medical lobby to accompany its 1952 right-wing political campaign." Its purpose: "to

lull public concern over doctor and hospital bills."

The committee trains its guns chiefly on the reasoning of A.M.A. research director Frank G. Dickinson. It says Dr. Dickinson resorts to "meaningless average figures" in order to "camouflage high costs of sickness" and to convince Americans that "sickness costs to individuals are low when averaged on a nationwide basis."

Although statistics show that only 4.4 per cent of the money spent by Americans goes for medical care, some families "are forced to spend more than 25 per cent of their incomes" for health, says the committee. Yet, it adds, the A.M.A. implies that "Americans obviously have no trouble paying for medical care because it is only a small part of their family budget—in the same category with entertainment and tobacco."

The trouble with A.M.A. thinking, according to the Committee for the Nation's Health, is that it ignores the fact that "there are few families bearing average medical expenses . . . No family can tell in advance how much sickness it will have or just how much it will cost. No family pays just its exact average share of the total national medical bill . . . A.M.A. reasoning fails to account for the fact that people do not have their choice about medical bills or when they want sickness, as Dr. Dickinson suggests."

The committee seeks to wrap up its argument by quoting the late

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Franklin D. Roosevelt on averages: "A man drowning in ten feet of water gets scant comfort out of knowing that the average depth of the stream is only four feet."

Its conclusion "in a nutshell": "Only complete national health insurance can solve the medical cost problem for all of us."

Are You Really Better Off Than in 1939?

You're probably earning a good deal more today than you've ever earned before. But are you really any better off? Or are you actually losing ground, because of higher taxes and inflation?

To find out, check the accompanying chart, prepared by Business Reports, Incorporated, for its bi-monthly "J. K. Lasser Reports on Taxes." It shows how your present income compares in *real value* with your

1939 income. If, for example, your weekly income in 1939 was \$150, you should be earning \$361.75 a week today just to stay even.

Patrons' Subsidies Called Road to Socialism

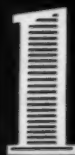
A warning that even privately backed medical-care programs may lead patients to accept the concept of socialized medicine has been sounded by a county medical journal.

One such program, says New York Medicine, is being tried out in a Manhattan hospital. Under it, moderate-income patients are offered a complete diagnostic test package for \$40—a bargain-base-ment price possible because the plan is heavily subsidized by a wealthy philanthropist.

Plans like this, the journal concedes, may work out "as long as one

THE REAL VALUE OF YOUR 1952 INCOME
(Based on 1939 Figures)

1939 Weekly Income	Cost of Additional Taxes	Cost of Inflation	1952 Equivalent Income
\$ 50	\$ 6.75	\$ 50.25	\$ 107.00
100	21.75	108.00	229.75
150	41.75	170.00	361.75
200	63.50	237.00	500.50
300	161.25	409.00	870.25
500	550.00	887.00	1,937.00



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For more than 16 years clinicians have successfully employed *Ray-Formosil* to control the distressing and disabling symptoms of rheumatoid arthritis.

While *Ray-Formosil* seldom produces the immediate dramatic effects of hormonal preparations, it is consistently effective when used adequately, and it obviates the two serious disadvantages of "wonder drug" therapy, namely, severe toxicity and high cost. As first-choice conservative therapy, *Ray-Formosil* provides the opportunity to effect symptomatic relief without danger of precipitating the undesirable physiologic responses characteristic of hormonal medication.

An analysis of nearly 4,000 recent case histories from the files of 36 clinicians revealed that 85%

of rheumatoid arthritics experienced relief of swelling and joint inflammation following a course of *Ray-Formosil* injections. None experienced untoward side effects attributable to therapy regardless of the degree of clinical response.

Only 36¢ a treatment ampul, *Ray-Formosil* therapy is inexpensive—an additional and important advantage to both the physician and the patient.

Dosage: 2 cc. injected intramuscularly in the region of the affected parts at 2- to 5-day intervals for several weeks, then 2 cc. once weekly.

Supplied in 2-cc. ampuls in boxes of 25 (\$9.50), 50 (\$16.50), and 100 (\$30.00).

Available through your usual source of pharmaceuticals or direct from the manufacturer.



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SERVING THE MEDICAL PROFESSION FOR NEARLY A THIRD OF A CENTURY

can find wealthy patrons. [But] what happens when these private donations are no more?"

The answer, suggests the journal, is that such subsidized projects create about as many problems as they solve. "To offer . . . medical service at below actual costs is too much like . . . dangling before a donkey a carrot which he can never hope to reach . . . The public is all too apt to see a vision of Utopia that can never be given to all except under a socialistic state and under socialized medicine.

"The plan . . . is certainly a bargain," the journal goes on. "But the patient and the public alike should realize that this 'large economy size' package of medical care comes to them by the altruism of [a patron]."

Says M.D.'s Intimidated Salaried Professors

The resentment that local private practitioners often harbor toward salaried medical school professors who treat private patients is like a volcano. It smolders quietly most of the time, but occasionally it erupts. One recent eruption is described in *The Journal of Medical Education*.

A full-time professor of a clinical subject had a dispute with medical school authorities over the way he was being paid. He quit. To succeed him as department head, the school named another member of the teaching staff.

The new department head "was subjected . . . to a process of intimidation and petty annoyance . . . Letters and telegrams poured in, vilifying him for accepting the proffered position. Telephone calls of the same type came with such frequency that he had to have his phone disconnected to get a night's sleep." After a few weeks of this, he resigned, too.

An out-of-towner who was about to take the job got the same treatment, plus a threat that he wouldn't be admitted to the local specialty society if he accepted.

Comments *The Journal of Medical Education*: "It is obvious that the use of such weapons as intimidation and vilification is so far below the accepted ethical standards of a professional group that it will bring to the user only the scorn of his peers. As for the administrator of the medical school, he would be a poor man indeed if he conceded one iota to forces working in such an underhanded manner."

'Any Other Surgery, \$5' Say Some Prepay Plans

The patient, a middle-aged woman, suffered a rare complication after treatment for trigeminal neuralgia. As a result, says the *Rocky Mountain Medical Journal*, she lost most of the right side of her nose, as well as much skin and subcutaneous tissue from her cheek, including the anterior bony wall of the antrum. To restore this loss, the surgeon per-

formed five operations. Yet the woman's insurance company offered her only \$35 in all for what it called "this so-called restoration."

In another case, a middle-aged man had an advanced aggressive cancer of the lower lip. His surgeon removed three-fifths of the lip, then reconstructed it with grafts from cheek, chin, and neck. For this successful surgery, the patient's "company insurance" plan was willing to pay a mere \$25.

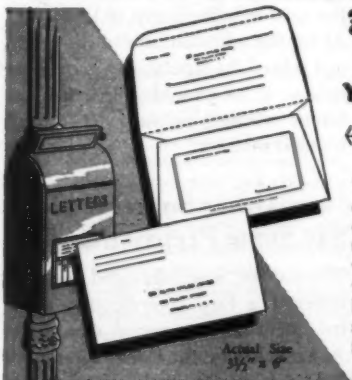
True, the patient had another prepay policy—which offered to settle for \$5! The fine print of this contract names two or three standard operations that it covers. Then it adds, "All other operations, five dollars."

In citing these examples of picayune pay-offs by "low-premium,

mail-order" prepay plans, the Rocky Mountain journal charges that the payment rates of such companies are based on "antiquated fee schedules which were never fair and equitable even before the advent of Roosevelt and Truman dollars." It sounds a warning: These "lesser companies . . . are exploiting our patients and ourselves as physicians."

With the "well-established, time-tried, and dependable" health plans the journal has no quarrel. But the less ethical companies, it declares "have no right to put a price on the value of our services. When a fee schedule names a price for a certain operation, the implication is that the surgery is worth that and no more."

The result, according to the journal: "When we accept extraneous



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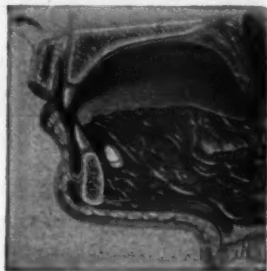
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Metandren (brand of methyltestosterone)
Linguets (brand of tablets for mucosal absorption)

*GODDALL, S. P., AND GORDAN, G. S., J. CLIN. ENDOCRINOL., 10:248, 1950.



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fixation of our fees without dispute . . . we seem to admit that our normal charges are high . . . [thus] playing into the hands of all insurance carriers"—the good as well as the bad.

And what about the patient who is given "a false sense of security" by such insurance? "If it does not pay his way . . . he is likely to blame the physician and the hospital" rather than the health plan itself.

Therefore, the journal concludes, "It is our obligation to warn our patients and [their] employers [not to spend] good money to procure health and accident coverage which is inadequate, if not fraudulent."

In Coronary Disease
It's G.P.'s 2 to 1

That a general practitioner's life is an arduous one goes without saying. But statistical evidence of how arduous it is comes from a recent study of coronary disease among British doctors. The study indicates that the disease is twice as prevalent among G.P.'s as among other physicians.

According to the British Medical Journal, the insurance records of several thousand doctors were examined. For general practitioners aged 40-64, the annual incidence of coronary heart disease from 1947 through 1950 stood at 8.8 per thousand; for all other doctors, the incidence was only 4.4.

The study also reveals that one out of every five medical men now under 45 is likely to have a coronary attack before he reaches 65. Never-

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Simple Rash Hemorrhoids

try Resinol. Clinical tests and 50 years' use have demonstrated the quick efficient action of this bland, scientifically medicated ointment.

May we send you a professional sample? Write Resinol ME-33, Baltimore 1, Md.

RESINOL OINTMENT AND SOAP

For quantity irrigations . . .
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The Alkalol Company, Taunton 26, Mass.

theless, the journal observes, there is "very little convincing evidence" that doctors are more subject than other people to the disease.

Prosperous Period? Not For All Physicians

With the talk about physicians' incomes riding at all-time highs, it's easy to forget that even in good times some doctors have bad times.

A gentle reminder comes from Los Angeles County. There, eighty-five doctors or members of doctors' families need a helping hand to get along. The helping hand is provided by the medical society's Physicians Aid Association in the form of cash, reduced hospital and sanitarium rates, clothing, and free medical care. It is extended to aged and disabled physicians, impoverished widows, and children.

The medical society also runs a physicians' home that now houses five doctors and seven doctors' wives. To pay for its aid program, the society conducts two fund-raising drives a year, climaxing them with raffles of cars, fur capes, and the like.

Raps Specialists' Failure To Make Night Calls

Are some doctors shirking their responsibility by refusing to make night calls? Charging that they are, the Hudson County (N.J.) Medical Society bulletin points to an "increasing" number of complaints from patients. As a consequence, it

the trend is to tablets

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in
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cardiac
edema

ORAL diuretics are SIMPLER

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ORAL diuretics can be given with GREATER REGULARITY

ORAL diuretics are MORE CONVENIENT for patient and physician

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Tarsy, J. M.: Med. Times
73:101 (April) 1945

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hot solutions for cellulitis, abscesses, car-
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says, "the public is fast losing its re-
spect for M.D.'s in general."

In particular, the bulletin aims a
broadside at those specialists who
claim a right to be spared "un-
wanted" night calls: "We would re-
mind them that they are doctors first
and specialists solely by choice.
They might further note that the pa-
tients they refuse to make night calls
upon are the same families which
pay their specialist fees and com-
pose their specialty practice. Per-
sonally, we are a bit fed up with
such prima donna antics and would
remind these men that the general
practitioner to whom they so glibly
refer these night calls is frequently
far from impressed as to the need
for so many specialists and acutely
aware that many of them have built
their practices upon the question-
able tactics of the well-known hos-
pital staff 'freeze-outs.'"

Is One-Disease Research A Dog-Wagging Tail?

"The single-disease foundation has
proved effective as a money-raising
device." Unfortunately, though, it
has sometimes seemed to act in "the
capacity of a tail to wag a dog."

In support of this thesis, the New
England Journal of Medicine cites a
national trend toward single-disease
research, which, it claims, is "pro-
foundly shortsighted." What's need-
ed, says the journal, is more empha-
sis on "broadly integrated investiga-
tion and concerted applications of
the scientific method to whole areas
of knowledge"—the type of research

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that has been "largely responsible for the accelerated progress of medical and physical sciences since the end of the first World War."

The success of the Manhattan Project has demonstrated the value of broad-front methodology in the field of physics, the journal points out. It hopes to see comparable progress in medicine: "There is no reason [why] the investigator interested in poliomyelitis should not be interested in cancer or the common cold."

Pharmacists Charge M.D.'s With Drug Violations

Office-dispensing M.D.'s are used to having an accusing finger pointed at them by pharmacists. Thus many Wisconsin physicians are probably not surprised at once more becoming the target of some legal action. In a suit against the state board of pharmacy (which issues licenses to M.D.'s.), the Wisconsin Pharmaceutical Association has asked the court to stop doctors' aides from dispensing drugs.

Some Wisconsin physicians, the pharmacists charge, are giving too much leeway to their "office girls" in this matter, and in so doing are violating the state's dangerous drug act, which prohibits the handling of certain drugs by unqualified persons. The pharmaceutical association claims it has evidence that such violations are widespread. Moreover, it adds, many doctors sell drugs at a profit, in violation of medicine's code of ethics.

Speaking for the medical men,

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Charles L. Crownhart, executive secretary of the Wisconsin state medical society, has denied the accusations. The amount of drugs dispensed in doctor's offices, says Crownhart, is "insignificant compared with the total." Most office dispensing by doctors, he points out, is done in rural communities, often during hours when pharmacies are closed.

As for the ethics of office-dispensing, Crownhart has explained that the A.M.A. code never meant that doctors should sell drugs at a loss. Whatever little a doctor charges in excess of the cost-price of the drug, he says, is to cover the costs of dispensing it.

A little more than a year ago, Wisconsin's pharmacists made similar charges against M.D.'s. But when the state Attorney General ruled that a doctor's assistants may dispense drugs under the doctor's orders, the board of pharmacy took no action on the complaints.

Service Principle Called Vital to Prepay Plans

The service principle (as opposed to the indemnity concept) is the earmark of any prepaid health plan that the medical profession can afford to sponsor, according to James E. Bryan, administrator of the Medical-Surgical Plan of New Jersey.

Cash indemnity insurance, says Bryan, was offered years before Blue Shield came on the scene. But families in the lower income groups simply didn't have enough cash on hand



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to meet the cost of major illnesses they wanted assured medical treatment, not delayed indemnities. Accordingly, when health insurance on an indemnity basis was made available, there was "little or no acceptance among lower income families."

There are, Bryan points out, two other excellent reasons for adhering to the principle of "benefits provided by a participating physician in terms of fully paid services":

1. The service plan does not involve medical men "in direct competition with the commercial insurance companies."

2. It is "the one type of prepayment plan that enables every physician to participate, concretely and consciously, in solving a great social problem. It is the only plan that builds a tangible solidarity among physicians in demonstrating the ability of the profession to meet its basic responsibility to the public."

Young Doctors Learn Medical Economics

To help learn "what every young doctor should know" about medical economics, internes and residents at three Grand Rapids, Mich., hospitals have a full-dress course expressly designed for them—thanks to the enterprise of a local layman.

Now in its third year, the "Grand Rapids Plan" offers an annual series of seventeen formal lectures. Each lecture is followed by a question-and-answer period. These one-hour sessions are presented twice a month at each hospital from October to

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June. The classes are free and the hospital staff attends them voluntarily. Yet despite the press of hospital duties, attendance has averaged 70 per cent of all internes and residents available at class time.

Instruction begins with a discussion of the initial problems that are likely to confront a young doctor: choosing a location, financing his practice, and purchasing his equipment. Thereafter, the subjects cover the full range of medical economics—including fee setting, insurance, malpractice, ethics, and public relations.

To teach these subjects as part of the local hospitals' interne-resident educational programs was an idea that originated with a Grand Rapids insurance man, E. C. Woodburne. Mr. Woodburne, who specializes in life insurance and estate planning for doctors, had got the inspiration from his clients. Why, they asked him, can't young doctors be better prepared for the facts of practical medical life?

The question took hold, and eventually Woodburne hit upon his answer to it. He took his proposal to local medical society and hospital officials and got their full approval. The profession, however, does not actually sponsor the program. On Woodburne falls the responsibility of setting up the course, getting speakers, and conducting the classes.

For his instructors, Woodburne draws heavily on local talent, but he also enlists authorities from other parts of the state. Thus, prominent local physicians or state medical so-



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By stimulating the sale of the new and the resale of the old, our competitive system achieves widespread ownership of automobiles, as with almost everything else. In most foreign countries, out of necessity people make things last as long as possible. In the U. S. A., vigorous competition prompts continuous progress. Buyers of new cars get maximum value, because each manufacturer competes actively for the

new-car dollar. Lowest-income groups benefit by the lowered prices of used, yet essentially useful, products. Overall result: The world's highest standard of living. In most of the rest of the world, only the rich enjoy luxuries. In the U. S. A., the irresistible drive of competition places most of the miraculous products of modern living within reach of all.

Free competition—like freedom of speech, press and religion—is a dynamic part of Uncle Sam's character. Let's keep it free, so that the U. S. A. continues to be the greatest country in the world.

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ciety representatives handle such subjects as fees, referrals, hospital staff appointments, and professional relations. Grand Rapids lawyers discuss malpractice, taxes, and medico-legal testimony.

A representative of a professional management firm in Battle Creek, Mich., advises on types of practice and choice of location and teaches the ABC's of bookkeeping. A hospital purchasing agent and an equipment salesman give the young doctors pointers on how to save money on new equipment and how to judge its quality.

To avoid any hint of commercialism, the speakers are not permitted to endorse any particular product or service for doctors in their lectures. Moreover, none of them is paid; out-

of-towners even pay their own traveling expenses.

For a successful program of this kind, such a policy is vitally important, reports a physician closely connected with the Grand Rapids experiment. Lecturers, he points out, must be able, reputable individuals, who "can command attention and respect from skeptical young physicians. Otherwise, the feeling of being sold something undermines the good that can be accomplished."

In Grand Rapids, he adds, the program is a success. "These talks have been well attended and well thought of by the house staffs of the hospitals . . . National programs to bring physicians up to date in these matters are fine, but the place to begin is at home."

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MERLE E. YOUNG, PRESIDENT

Memo from the Publisher

● A local physician blew into our editorial offices some time ago under a fine head of steam. "What do you mean," he demanded of our awestruck receptionist, "by printing articles that favor things like socialized medicine and osteopathy? And how about these articles criticizing A.M.A. policies, sometimes even individual physicians? Whose side are you on, anyway?"

It's just possible that our receptionist, whom we didn't hire for her agility in public debate, was unable to cope with the situation. We have a hunch that our irate visitor, who wouldn't stay to talk with anyone else, got away with his safety valve still untripped. If so, we consider it one of the most-missed opportunities of the season; for there's no question—in our own minds, at least—about what our editorial policy is:

MEDICAL ECONOMICS is against state medicine. It is against unqualified practitioners. It is for organized medicine. It is for the individual physician.

So far, no surprises.

It does occasionally surprise some doctors, however, to learn that MED-

ICAL ECONOMICS is independently owned and published. Specifically that means its editorial policy is independent of both its advertisers and the A.M.A. No publication worth its salt would fail to take advantage of that position by (1) reporting both sides of controversial questions, and (2) seizing every chance for unbiased appraisal and evaluation.

This vantage point seems all the more worth protecting when one thinks about the other medical periodicals. The Journal A.M.A., for example, could scarcely print with the same freedom both the good and the bad about A.M.A. actions. Other official medical society publications are similarly limited in what they can say. Nor could a pharmaceutical-house publication be expected to talk bluntly about imperfections in the present system of medical care.

The way we look at it, MEDICAL ECONOMICS' job is to help doctors both individually and collectively. And helping them isn't usually accomplished by tossing bouquets. It's accomplished more often by presenting straight facts; by airing all shades of opinion about them; and by stating objective conclusions.

We've said these things before. But since they're basic to an understanding of MEDICAL ECONOMICS and its methods, it's perhaps a good thing to restate them from time to time.

—LANSING CHAPMAN

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